

Attitude

²² You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³ to be made new in the *attitude* of your minds; ²⁴ and to put on the new self, created to be like God in true righteousness and holiness.

Ephesians 4:22-24, NIV

“The problem isn’t the problem, the problem is your *attitude* about the problem.”

Captain Jack Sparrow

Captain Jack Sparrow is a fictional character and the main protagonist of the *Pirates of the Caribbean* film series. The character was created by screenwriters Ted Elliott and Terry Rossio, and is portrayed by Johnny Depp. Sparrow is one of the nine pirate lords in the Brethren Court, the Pirate Lords of the Seven Seas. He can be treacherous and survives mostly by using wit and negotiation, rather than by force, opting to flee most dangerous situations and to fight only when necessary.¹ Captain Sparrow got it right, and his wit exemplifies the importance of attitude.

Paul wrote the fledgling church in Ephesus and admonished them in verse seventeen: “So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.” In verses twenty-two to twenty-four, Paul makes an argument to reinforce his admonition. The emphasis is on the mind, or the outlook, of the believer, their attitude. Ephesians 4:22-24 is an explanation of the believers identity with Christ through Christ’s death, burial, and resurrection. As Christians, we have not just changed our names, rather we have been changed in body and mind. We belong to God’s “new creation” in Christ, and therefore, the ideas and desires of the old creation no longer controls our lives.

Through Christ, once and for all, we have been given a new attitude in the spirit of our mind. It has been said we are what we eat, physically; but spiritually, you are what you think; “As you think in your heart, so are you” (Proverbs 23:7). Winston Churchill stated, “attitude is a little thing that makes a big difference.” I believe that if we spend time daily reading and meditating on the Scriptures, praying, and fellowshiping with the Holy Spirit our attitudes would be in line with God’s will. Paul admonishes the Philippians, (4:8): “*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.*”

*Grace,
Pastor Cal*

The mission of
Court Street UMC

is to be a
welcoming,
nurturing,
serving

community of Christ.



¹ <https://en.wikipedia.org/>

The
Chinnes

The Chimes

Lay Leadership

**Lay Delegate
to Annual Conference**

Diane Risley
David Risley

**Alternate Lay Delegate
to Annual Conference**

Jeanine Wang

Administrative Council Chair

Joan Tunnell

Staff/Parish Relations Chair

Sue Cram

Finance Chair

Mike Davis

Stewardship Chair

Jeanine Wang

Treasurer

Gene Ferry

Endowment Chair

Mike Davis

Trustee Chair

DuWayne Stanis

Lay Leader

Georgalee George

Nurture & Outreach

Georgalee George

Worship Chair

Joan Tunnell

Local Missions Chair

Helen Gibbons

Christian Education Chair

Diane Lutmer

Arts Committee Chair

Richard Wang

United Methodist Women

Sue Cram

United Methodist Men

DuWayne Stanis

Jeremiah Ministry Rep

Joan Tunnell

JFON Liaison

Kay Galloway



**Celebrate
THE
FOURTH**



Kick off your 4th of July Celebration with a Red, White, and Blue worship experience. Weather permitting, the service will be held outside the church in the parking lot across the street. After the service, a box lunch will be served (reservations and prepayment of \$8.00 must be made in advance). There will also be children's activities, complimentary treats from the Nurture and Outreach Committee, and a Dixieland band.

Bring a friend and some lawnchairs!



Shine II

A Children's Fine Arts Experience

August 16 – August 20, 2021

Program will include dance, drama, musical and visual arts activities that will be showcased at the CSUMC church service the following Sunday. Plans are still tentative about time, place, and cost due to CDC guidelines.

Like us on

facebook

Follow us on

twitter

See pictures on

www.courtstreetumc.org

July 2021



Are you interested in leading or attending Sunday school this fall? We will kick off our Sunday school year the second Sunday in Sep-

tember! The Christian Education Department is looking for interested members of all ages. Please contact Ryanne Ludington at ludingtonryanne@gmail.com for more information.

UMW GUEST SPEAKER

October 2021

Jane Rubietta



United Methodist Women mark your calendars for Saturday, October 16th to hear Christian Award Winning Speaker, Jane Rubietta. She will deliver a 50-minute presentation entitled "Worry Less, So You Can Live More." We will meet in the sanctuary at 10:00 a.m. A free will offering will be taken.

Please join us and bring a friend.

CSUMC Book Club 2021

The book club will not meet in July or August.

Contact Dorothy Powell for more information at hiogolfer@comcast.net.



A great big shout out to all that helped make this year's Garden Bazaar a huge Success. With the volunteers, pre-orders and shoppers, we were able to raise

\$3,400 towards the HVAC system repairs. The 2021 Garden Bazaar was a HUGE success.

Thanks for all your help!

Karen Brown
Sue Cram



Thank you for all of the support you have given to us as we have mourned the passing of Lorelle's brother, Keith, and Rob's mother, Betty.

Even though we know they are both in a much better place, it is hard to be here without them. Because you have all experienced similar grief, you have been able to choose wise, comforting words and have given us courage to keep on facing tomorrow. Thank you for helping us on our journey.

Love,
Rob & Lorelle Wandell

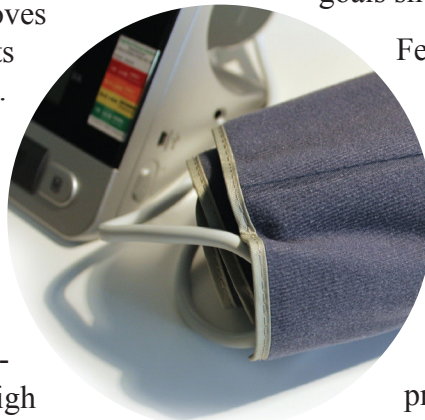
Health & Wellness: *From our Parish Nurse*

What is high blood pressure? High blood pressure (hypertension) is known as the “Silent Killer.” This is due to the fact that most of the time it doesn’t cause symptoms. Many people don’t know they have it until other problems develop. In most cases, high blood pressure often will require lifelong treatment.

The circulatory system is made up of the heart and blood vessels that carry blood through the body. Your heart is the pump for this system. With each heartbeat (contraction), the heart sends blood out through large blood vessels called arteries. Blood pressure is the means of how hard the moving blood pushes against the wall of the arteries.

In a healthy vessel, the blood moves smoothly through the vessels and puts normal pressure on the vessels walls. High blood pressure occurs when blood pushes too hard against artery walls. This will cause damage to the artery walls and then the formation of scar tissue as it heals. This will make the arteries stiff and weak. Plaque sticks to the scarred tissue narrowing and hardening the arteries. High blood pressure also causes your heart to work harder to get blood out to the body. High blood pressure raises your risk of heart attack, also known as acute myocardial infarction, or AMI, heart failure, and stroke. It can also lead to kidney disease and blindness. Generally speaking, if you have high blood pressure, keeping your blood pressure below 130/80 mmHg helps to prevent these problems. Your healthcare provider may prescribe medicine to help control blood pressure if lifestyle changes are not enough.

It’s important to know your blood pressure numbers. Blood pressure measurements are given as two numbers. Systolic blood pressure is the upper number. This is the pressure when the heart contracts. Diastolic blood pressure is the lower number. This is the pressure when the heart relaxes between heartbeats. Blood pressure is categorized as normal, elevated, or stage 1 or stage 2 high blood pressure.



NORMAL BLOOD PRESSURE: Is systolic less than 120 and diastolic of less than 80 (120/80)

ELEVATED BLOOD PRESSURE: Is systolic of 120 to 129 and diastolic less than 80

STAGE 1 HIGH BLOOD PRESSURE: Is when the systolic is 130 to 139 or diastolic 80 to 89

STAGE 2 HIGH BLOOD PRESSURE: Is when the systolic is 140 or higher or the diastolic is 90 or higher.

High blood pressure is diagnosed when multiple, separate readings show blood pressure above 130/80 mmHg. Talk with your healthcare provider if you have questions or concerns about what your blood pressure goals should be.

Feeling ok does not mean your blood pressure is under control. Likewise, feeling bad doesn’t mean it’s out of control. The only way to know for sure is to check your blood pressure. Medicine is only part of controlling high blood pressure. You also need to manage your weight, get regular exercise, and adjust your eating habits. High blood pressure is usually a lifelong problem. But it can be controlled with healthy lifestyle changes and medicine. Hypertension is not the same as stress. Although stress may be a factor in high blood pressure, it’s only one part of the puzzle. Blood pressure medicine needs to be taken every day. Stopping suddenly may cause a dangerous increase in pressure.

Other suggestions would be to stop smoking as smoking increases blood pressure and damages blood vessels. Limit alcohol: drinking too much alcohol can raise blood pressure. Men should have no more than two drinks a day. Women should have no more than one. A drink is equal to one beer, or small glass of wine, or a shot of liquor.

If you have questions, do not hesitate to reach out to me.

Teresa Field,
Parish Nurse



This column is from the organist, Andrew J. Mertzzenich. The column provides history, facts, and information on musical selections upcoming this month. For July, we are exploring the tunes and texts of the organ postludes. Enjoy!

July 11, 2021 | Paul Manz: God of Grace

Originally, the author of the hymn text, Harry Emerson Fosdick, intended for this hymn to be sung to tune of REGENT SQUARE (a.k.a. Angels from the Realms of Glory). However, the welsh tune CWN RHONDDA has taken hold as the most popular tune. Fosdick recalls “That was more than a hymn to me when we sang it that day—it was a very urgent personal prayer. For with all my hopeful enthusiasm ... there was inevitably much humble and sometimes fearful apprehension.” The text is often paired with the gospel of Mark, and is a prayer for divine power and encouragement in a time of challenge. While nearly a century old, the themes of the hymn are timeless and find new and compelling expression.

July 18, 2021 | Kingsfold “I Heard the Voice of Jesus Say”

The tune KINGSFOLD is an English or Scottish folk melody. The hymn text, however, is still surrounded in mystery. Loosely based on John 1:16, there are many scriptural allusions to the text. Each stanza begins with a statement, followed by the words and promises of Jesus, calling sinners to repentance and divine truth. The true message, through the solemn and joyful verses, is that all our nights give way to the eternal morning of Jesus, star and son.

July 25, 2021 | Jesu Meine Freude: Jesus Priceless Treasure

Johann Franck, a German poet and lawyer, wrote the text to this hymn. Toward the end of the thirty years’ war (1618-48), his hometown suffered at the hands of invading troops. In the face of this devastation, Franck chose to put his trust in Jesus, writing this text to remember that God’s unfailing love remains to a broken humanity. Traditionally and acceptedly Lutheran, this text and tune are found in many hymnals of many denominations. The text reminds us that, through strife and turmoil, it is Jesus advocating for souls that should bring pleasure over all worldly treasures.



The Grand Groove Hotel

\$15 in Advance | \$20 at the Door

Purchase at:
CourtStreetUMC.ecwid.com

SATURDAY

August 21
2 p.m.



Bill Stein

Director of Music Ministries
First Presbyterian Church
of Kirkwood

Free-will Donation

SUNDAY

September 19
2 p.m.

Recycling & Waste Disposal Tips From the Green Committee

The Green Committee would like to remind the congregation of the kinds of things that **Keep Northern Illinois Beautiful (KNIB)** can take for recycling. Their recycling centers are located at:

4665 Hydraulic Road | Rockford 61109

Open: Tuesdays, 2-5 p.m. and Saturdays, 9 a.m. to noon

8409 N. 2nd Street | Machesney Park 61115

Open: Wednesdays, 2-5 p.m. and Saturdays, 9 a.m. to noon

Electronics with Fees (TVs and Computer Monitors): TVs /monitors <19 in. (\$15), tube TVs or flat screens or monitors >19 in. (\$20), Projection TVs (\$25), Wood console TVs (\$25)

Electronics (No Fees): printers, cell phones, hard drives/CPU's/towers, laptops, keyboards, mice, cables, DVD/CD players, but NO DVDs or CDs

Clothing: clean, wearable or not, purses, shoes, boots, belts, hats, fabric, yarn

Paper goods (preferably in paper bags): books, junk mail, magazines, newspapers

Cardboard: chipboard, non-Styrofoam egg cartons, NO food containers that have any grease on them

Containers: clean glass bottles and jars, clean metal and aluminum cans, clean plastic bottles or containers

Household: gutters, downspouts, metal hangers, holiday string lights, hot water tanks, lawn mowers or snowblowers drained of gas and oil, metal or electrical tools, metal pipe conduit, brass, metal pots and pans, metal shelves, outdoor grills (no gas tanks), satellite dishes, stainless steel sinks, vacuum cleaners, toasters, dishwashers, microwaves with glass tray removed, stoves, washers and dryers

\$20 charge for refrigerant removal from air conditioners, dehumidifiers, freezers, refrigerators and water coolers.

Your household trash hauler may take some of the above categories of items. Check with them for a complete list.

Items NOT taken by KNIB: hazardous waste, plastic bags, window glass, propane tanks, fire extinguishers, paint, smoke detectors, CO detectors, gift wrap, Styrofoam, plastic lawn chairs, sharps, needles, syringes, food waste

Household hazardous waste materials may be taken to the site run by the City of Rockford at 3333 Kishwaukee Street. Contact them for more information at (779) 348-7175. Hours of operation are Saturdays, 8 a.m. to noon and Sundays, Noon to 4 p.m.



YOU CAN HELP



On July 24th, Court Street UMC will be hosting a food distribution with Jeremiah Development. The Saturday morning event will be held in the city parking lot across the street from our church. If you are interested in volunteering to help, please call or text Jeanine Wang at (815) 218-1700.



SOMETHING TO CROW ABOUT

It's not a simple task to explain the many feelings that I experienced during the CHILDREN'S DAY Worship Service held on June 13th. I was AMAZED at the emerging musical witness of Kaylee Bulliner and Natalie Urness; in AWE of the understanding of the scriptures read by Morgan and Rachel Whitmore and prayers led by Emmanuel and Jeriel Bragori; AS-TOUNDED by the maturity and insight of messages delivered by Carter Anderson, David Daye, and Hannah Whitmore and the worship leadership of Alex Ludington, Tegan Ludington, and Madysen Murray and AMUSED with Thomas Crow, Brayden Bulliner and Lili Breson giving me the offering instead of giving it to Pastor Cal.

A big thank you needs to be extended to Court Street parishioners Diane Risley, Diane Lutmer, Daniel Boon, Donna Dow, Helen Gibbons, Barb Adam, and the Nurture Committee for taking the time and using their talents to reward "The future of Court Street" with messages and remembrances of Children's Day.

Please make plans to attend our RED, WHITE, AND BLUE outdoor church service and box lunch social on July 4th.

Jim Crow



CHILDREN'S DAY WORSHIP SERVICE

Sunday, June 13, 2021

Photos Taken by Cindy Fisher





Court Street United Methodist Church
 The Chimes July 2021
 215 North Court Street
 Rockford, IL 61103-6897

Return Service Requested

Phone: (815) 962-6061 Fax: (815) 962-9754
 www.courtstreetumc.org



July 4, 2021

10:00 Ushers: The Sue Cram Team
 Sound Tech: Ryan Welk
 Video Tech: Steve Ripley
 Acolyte: Ella Anderson
 Liturgist: Volunteer welcome.

July 11, 2021

10:00 Ushers: The Sue Cram Team
 Sound Tech: Tim Welk
 Video Tech: Steve Ripley
 Acolyte: Natalie Urness
 Liturgist: Volunteer welcome.

July 18, 2021

10:00 Ushers: The Sue Cram Team
 Sound Tech: Stan Tunnell
 Video Tech: Steve Ripley
 Acolyte: Kaylee Bulliner
 Liturgist: Volunteer welcome.

July 25, 2021

10:00 Ushers: The Sue Cram Team
 Sound Tech: Ryan Welk
 Video Tech: Steve Ripley
 Acolyte: Natalie Urness
 Liturgist: Volunteer welcome.

If you wish to receive The Chimes electronically
 or to be removed from this mailing,
 please call the church office at (815) 962-6061
 or e-mail Communications@courtstreetumc.org.

Need a Ride to Church?

Riders, please call drivers for a ride by 6 p.m,
 on the Saturday before the Sunday you wish to attend.

Riders must be fully vaccinated and should have their vaccine card available to show the driver if requested.
Masks will be required while riders are in the van.

07/04/21	Tim Gorman	815-636-0514
07/11/21	Jeff Mann	815-742-5444
07/18/21	Bruce Shindel	815-397-1479
07/25/21	Dan Boon	815-713-0411
08/01/21	Jeff Mann	815-742-5444

Please thank these men for making this ministry work!

Court Street United Methodist Church Staff

Rev. Calvin Culpepper	Pastor	ext. 220	cculpepper@courtstreetumc.org
Ryanne Ludington	Director of Christian Education		ludingtonryanne@gmail.com
James L. Crow	Director of Arts Ministries	ext. 209	jlcrow@live.com
Krysta Tilges	Director of Video Ministries		ktilges@gmail.com
Jack Armstrong	Director of Music	ext. 221	gogo234@att.net
Andrew Mertenich	Organist		andrew.mertenich@gmail.com
Teresa Field	Parish Nurse		Teresabsf5@yahoo.com
Verlette Gorman	Church Administrator	ext. 202	ChurchAdmin1@courtstreetumc.org
Tiffany Wilken	Publications Secretary	ext. 200	Communications@courtstreetumc.org
Bert Cromwell	Nursery		
Mike Smith	Maintenance Engineer	ext. 295	Maintenance@courtstreetumc.org



Congratulations to...

Eric Andersen (Judy Schmitt's Grandson) | Doctorate of Economics | Harvard University | 2021

Wills Andersen (Judy Schmitt's Grandson) | Bachelor Degree in Biology (Pre-med) | Brown University | Class of 2021

Jacob Armstrong (Jan Mace's Grandson) | Bachelor Degree in Business Administration | University of Wisconsin—Milwaukee | May 16, 2021

Tashiana Deleon | Hononegah High School | Class of 2021 | Attending University of Wisconsin—Milwaukee in the Fall to Study Criminal Justice



Julia DeRango (Barb Adam's Granddaughter) | Bachelor Degree with Double Concentration in Business Analytics and Cyber Security — Completed in 3 Years | Summa Cum Laude | Bradley University | May 16, 2021

Katelyn Feinblatt



Katelyn Feinblatt (Jeanine and Rev. Richard Wang's Granddaughter) | Winnebago High School | Class of 2021

Allison Guio (Jan Mace's Granddaughter) | Bachelor Degree in Elementary Education | University of Illinois | May 15, 2021





Congratulations to...

Connor Hicks (Jeanine and Rev. Richard Wang's Grandson) | Christian Middle School (O'Fallon, MO) | 8th Grade in 2021

Connor Hicks



Leah Hoffman (Jeanine and Rev. Richard Wang's Granddaughter) | Bachelor of Arts in Government & International Politics | George Mason University | Class of 2021

Leah Hoffman



Alex Schmitt (Judy Schmitt's Grandson) | Eu Claire High School | Class of 2020

Gabby Schmitt (Judy Schmitt's Granddaughter) | Bachelor Degree in Fine Arts | Carthage College | Class of 2020

Ryan Schmitt (Judy Schmitt's Grandson) | Eu Claire, WI | 5th Grade in 2020

Charlie Thies

Charlie Thies (Julia Schade's Son) | Oak Park River Forest High School (Oak Park, IL) | Class of 2021 | Attending Triton College in the Fall



July 2021

Our prayers and sympathy go to the family of:

Phillip Earl Bush who died June 5, 2021

Michelle M. Zyvert who died June 9, 2021

Marjorie Ann Ostic (Sister-in-law of Verlette Gorman & Lorelle Wandell) who died June 13, 2021

Birthdays




<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>	<u>Name</u>	<u>Date</u>
Tilges, Krysta	3	Makeever, Matthew	9	Olderbak, Peggy	13	Druce Jones, Christian Jordan	23
Risley, Michelle	5	Willis, Daisy	10	Arp, Gabriel	14	Gunderson, Clement	23
Walters, Rae Ann	5	Zantow, Steven	10	Justice, Sharon	14	Davis, Joyce	24
Grigoletti-Kurokawa, Luke	6	Wong, Tso Ying	11	Doran, Betty	16	Froeber, Brittany	26
Lundberg, Dominic	6	Condon, Aiden	12	Risley, David	19	Froeber, Kirstie	26
Neville, Joyce	6	Condon, Thomas	12	Dull-Monroe, Charlene	21	Olderbak, Addison	26
Bragori, Jeriel	7	Henbest, Melinda	12	Risley, Peter	21	Lindmark, Craig	28
Briggs, Austin	7	Martin, Bruce	12	Sisney, Amanda	21	Ludington, Erin	29
Miller, Jereve	7	Toalson, Noah Ewald	12	Voigt, Jacob	21	Gunderson, Barbara	31
Rodriguez, Misael	7	Whelpley, Kenneth	12	Fisher, Mabelann	22		
Van Alstyne, Gerald	7	Crawford, Delaney	13	Shindel, Bruce	22		



Anniversaries

<u>Name</u>	<u>Date</u>	<u>Year</u>	<u>Married</u>
Doran, William and Betty	2	1955	66
Crawford, Douglas and Marcie	7	2001	20
Krause, Nancy and Gerald	9	1955	66
Risley, David and Diane	10	1971	50
Dienhart, Darlene and Gary	27	2013	8

July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 AM Painting Class 10:00 AM Stewardship Team 1:00 PM The Journeymen	2  CHURCH CLOSED	3 8:00 AM Rockford Rhythm/Phantom Regiment
4  9:00 AM Outdoor Worship Service 10:15 AM Outdoor Luncheon	5	6 9:00 AM History & Archives 9:00 AM Quilters	7 10:30 AM UMW Leadership Team	8 10:00 AM Painting Class 1:00 PM The Journeymen 6:00 PM Chatterbox Supper Group	9	10 8:00 AM Rockford Rhythm/Phantom Regiment 8:30 AM United Methodist Men Breakfast at Stockholm Inn
11 10:00 AM Worship Service	12 5:30 PM Worship Committee	13 9:00 AM History & Archives 9:00 AM Quilters 5:30 PM Trustees	14	15 CHIMES DEADLINE  CHURCH CLOSED – STAFF PLANNING	16	17 8:00 AM Rockford Rhythm/Phantom Regiment
18 10:00 AM Worship Service	19 4:00 PM Finance Committee 5:00 PM Administrative Council	20 9:00 AM History & Archives 9:00 AM Quilters	21 5:30 PM No IL Wood Turners	22 10:00 AM Painting Class 12:00 PM Jeremiah Exec. Board 1:00 PM Chimes stuffing 1:00 PM The Journeymen	23	24 8:00 AM Rockford Rhythm/Phantom Regiment 10:00 AM Jeremiah Development Food Distribution
25 10:00 AM Worship Service	26	27 9:00 AM History & Archives 9:00 AM Quilters 2:00 PM Staff Meeting 6:15 PM Knitting Group	28	29 10:00 AM Painting Class 1:00 PM The Journeymen	30	31 8:00 AM Rockford Rhythm/Phantom Regiment