



Name	Latin Name	Origin
Oregano	Origanum Vulgare	Spain
Material Type	Benchmark price per 15ml	Botanical Family
Essential Oils	\$16	
Part of plant	Safety note	Conservation Status

Leaves	<ul style="list-style-type: none"> <li>• Known to be a moderate skin irritant and a strong mucous membrane irritant.</li> <li>• Oregano has a high phenol content and should never be used on the skin undiluted and we recommend using skin nourishing oils with oregano to decrease skin irritation.</li> <li>• Do not Use on children under 2 years old. do not use on hypersensitive, diseased, or damaged skin.</li> <li>• Oregano is to be used cautiously.</li> <li>• Do not use it during pregnancy.</li> </ul>	<p>No status of concern</p> <p>Not listed with a conservation status.</p>
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Profile	Therapeutic Properties
<ul style="list-style-type: none"> <li>• Phenol rich</li> </ul>	<ul style="list-style-type: none"> <li>• Analgesic</li> <li>• Anti-inflammatory</li> <li>• Antimicrobial</li> <li>• Antioxidant</li> <li>• Antiviral</li> <li>• Expectorant</li> <li>• Antiseptic</li> <li>• Supports a healthy appetite.</li> <li>• Promotes healthy lungs especially when dealing with a cold or flu.</li> <li>• Supports healthy digestion.</li> <li>• Emotionally warming and calming. This essential oil is can be pleasantly stimulating to the nervous system and often provides a general feeling of well-being.</li> </ul>

Synergy	Energetics
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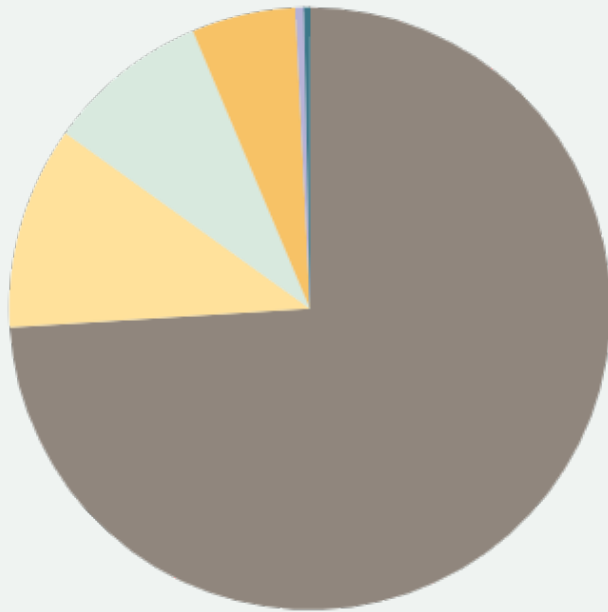
Scent Notes	Psychological rankings	Physical rankings
Base	Sensual	1 Circulatory/Lymphatic 1
	Energising	3 Digestive 1

Immune/Infection 3

Muscular/Skeletal 1

## Ingredient notes

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**Chemical families**

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phenols	69.07%
monoterpenes	10.17%
ketones	8.15%
sesquiterpenes	5.21%
esters	0.42%
oxides	0.31%

**Complete chemical breakdown**

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**phenols**

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carvacrol	63.26%
thymol	5.81%

**ketones**

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unidentified ketones	4%
carvenone	2.23%
piperitone	0.94%
carvone	0.73%
cryptone	0.25%

**esters**

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**monoterpenes**

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p-cymene	8.88%
$\alpha$ -pinene	0.73%
d-limonene	0.35%
$\alpha$ -thuyene	0.21%

**sesquiterpenes**

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b-caryophyllene	4.75%
$\alpha$ -humulene	0.46%

**oxides**

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unidentified acetate

0.42%

1,8 cineole

0.31%