	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 7	PSHE Core Theme: Living in the Wider world.	PSHE Core Theme: Relationships Keeping safe and	PSHE Core Theme: Health and Wellbeing (Lifestyle)	PSHE Core Theme: Living in the Wider world.	PSHE Core Theme: Living in the Wider world.	PSHE Core Theme: Living in the Wider world/Relationships.
	What are our Identities?	relationships positive Keeping Good Friendships	What do we mean by a healthy	How can we be aspirational	What is Citizenship? Personal identity	Mental Health Intro – Depression
	What does identity mean?	positive Family Relationships. positive	lifestyle? Consequences of not eating Healthily	students? Being resilient students	What is Citizenship? What is an active	Social Media: safe and Private (Yr7)
	How do identities change?	Falling in Love positive	How Can I keep healthy? (Y7)	Part time jobs and child labour laws.	citizen Why do we need	Cyberbullying Internet Safety –
	What are communities like? How are communities	Puberty and Periods Combined: What happens and why.	Energy Drinks- what's the big deal?	What are wants and needs?	rules? What does fairness mean?	Online grooming Are you getting your right to reliable
	changing? How are we all	How do we protect the right to health?	Healthy Living Exercise	How can we budget our money	What is a democratic	information? Prejudice and
	connected? UK	Faith Abuse N.C	The dangers of smoking and second hand smoke	Creating a personal budget plan	Community? How can we get involved in our	Discrimination.
					school community?	

Year 7 PSHE days

Day 1	Day 2	Day 3	Day 4	Day 5
Wednesday 8 th September	Monday 15 th November	Thursday January 6 th	30 th March	Monday 11 th July
PSHE Core Theme: Living in the Wider world.				

What rights are we entitled to?	Oaks:	What is a community?	Savings Loans and interest rates	What is news?
	How does local democracy			
What does a right to education	work	What role does our school play		What responsibilities does
really mean?		in our local community?	What are different financial	the media have?
	How is local government		products for?	
What Can I do as a citizen to	different to national	What do charities, NGO's and		What is the role of the media
protect the rights of others?	Government	groups do in our local	What are different Financial	in a democracy?
		community?	Transactions?	
What are radicalisation and	What do local Councils do?			How does the media hold
extremism		How can citizens get involved in		those in power to account?
	What is the role of the local	community change?	Finance Tax and NI	
	Councillor?			Should we believe
Peer on Peer Abuse		What can we do as active	How can we shop ethically	everything we read?
	How do local elections work?	citizens to improve our		everything we read:
		community? *Two Part Lesson*		Does the media do more
	Why is registering to vote so			
	important?			harm than good?

	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 8	PSHE Core Theme:	PSHE Core Theme:	PSHE Core Theme: Living	PSHE Core Theme:	PSHE Core Theme:	PSHE Core Theme:
	Relationships/Health and Wellbeing	Relationships/Health and Wellbeing	in the Wider world.	Living in the Wider world.	Living in the Wider world.	Living in the Wider world.
			What is the Economy?			
	How can we manage	Safe Sex- Sexting and		Financial Institutions	What is the Equality	Discrimination: Teens
	our anger?	Sharing Images.	Finance budgeting and		Act 2010?	and Media.
			saving	How Can I avoid		
	Domestic Conflict	Safe Sex- Consent.		debt?	British Values:	Prejudice and
			Finance Income and		Tolerance and anti-	Stereotypes
	Teen Pregnancy and	FGM	expense	Our rights as	racism	
	Parenting			consumers		
		Homophobia				Why do we need
						laws on equality in
						the UK?

Year 8 PSHE Days

Day 1	Day 2		Day 3	Day 4	Day 5	
Wednesday 8 th September	Monday Nove	ember 15 th	Thursday January 6 th	30 th March	Monda	y 11 th July
PSHE Core Theme: Relationships/Health and Wellbeing	PSHE Core Th Wider world.		PSHE Core Theme: Living in the Wider world.	ne Citizenship Unit	tical rights	hip Unit
What is mindfulness How does Self-esteem help achieve?	How are law Criminal vs C Can citizens	What are Laws? How are laws made? Criminal vs Civil law. Can citizens change laws? Should the age of criminal	Why do people migrate? What is the relationship between climate change ar migration?	changed over time How did the Chart political rights we Which methods w	What d wists affect the do? have today? What a betwee	Vhat are the differences between local, regional and ational government? How does the UK Political ystem compare to other
Personal development and Target Setting	responsibilit How is the c	y be changed? riminal justice	Is the conflict in Syria a children's rights issue? What support is available for migrants?	successful in the fi female suffrage?	ght for How do system	
Self confidence and Goals (Yr8) people? Deliberative What are radicalisation and we review t		debate: should co e age of He	Should migration be controlled? How does migration affect	Why does voting r Should 16 and 17 allowed to vote in	How is Year olds be	the UK governed?
extremism? Peer on Peer Abuse	criminal resp	Jonsionity !	communities?	How can we exerc democratic rights vote?		
	umn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 9 PSH Rela	IE Core Theme: ationships/Health	PSHE Core Theme: Relationships/Heal and Wellbeing	KS3 National Body	KS3 National Body for PSHE strands	PSHE Core Theme: Health and Wellbeing	PSHE Core Theme: Health and Wellbeing

Peer pressure Faith Abuse N.C Contraception Domestic Violence STIs Sexual exploitation	Oaks How does the political system work in the UK? What is the difference between Government and Parliament? How do elections work? What do political parties do?	What do MPS do? How is the UK Government organized? How does Developed government work?	Coping with Cancer Vaccinations, Organs and Blood donations. Alcohol Awareness	Vaping and Nicotine and Addiction What are Drugs Class A B and C? Drugs and the Law
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Year 9 PSHE days

Day 1	Day 2	Day 3	Day 4	Day 5
Wednesday 8 th September	Monday 15 th November	Thursday 8 th January	30 th March	Monday 11 th July
PSHE Core Theme: Health and Wellbeing	PSHE Core Theme: Living in the Wider world.	PSHE Core Theme: Living in the Wider world	Citizenship	Citizenship
Self-Discipline	What is crime/Reasons behind	Human rights	How do citizens take action?	How can we engage in local democracy?
Showing casing Personal Strengths.	Criminal behaviour What is the Role of the Police/ Personal Safety	Human rights abuses What is the UK's role in	What is the role of pressure groups, protest groups and social movements?	Should the voting age be reformed?
Online Reputation	Is youth Crime really as serious	overcoming global humanitarian Problems?	How can we campaign and	How can we influence those in power using democratic processes?
The Sleep Factor	as the media suggests/Young offenders		influence change? Why do changemakers play	Should young people have

Peer on Peer Abuse	What can communities do to help prevent Crime and Successful Crime preventions Knife Crime & Acid Attacks	What is the UK's role in global conflict resolution? Is sending Aid the answer	an important role in democracy? Why and how should citizens take action?	the right to stand in local elections?

	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 10	PSHE Core Theme:		PSHE Core Theme:		PSHE Core Theme:	
	Living in the Wider		Relationships/Health		Living in the Wider	
	world		and Wellbeing		world	
	What is identity and		Who are the LGBTQ		Understanding the	
	how can we be		community?		economy: Is	
	defined.				Government action	
			Same sex		led by the UK	
	How diverse is UK		relationships.		Economy?	
	society?					
			Sexism and gender		Understanding	
	Is there mutual		prejudice		Taxation and	
	respect and				government	
	understanding of		Gender and Trans		spending: can taxes	
	diverse groups in the		Identity		be avoided?	
	UK?					
			Why do we need an		Understanding Local	
	Immigration.		international		authority spending:	
	Discrimination and		Woman's Day?		What are the	
	Equality Act.				financial challenges	
			Overt and Covert		facing local	
	Why do People		Racism.		authorities.	
	become Extremists?					
					Understanding the	
	Hate Crimes.				debate over	
					privatization: should	
					public services be	
					privatized?	

		Understanding Risk management: How well have the UK government managed risk? What role can citizens play in the future of UK economy?	

Year 10 PSHE days

Day 1	Day 2	Day 3	Day 4	Day 5
Wednesday 8 th September	Monday November 15 th	Thursday January 6 th	30 th March	Monday 11 th July
(possibly later due to staggered	Environmental focus.			
start)		Oaks Academy How well does	Careers focus. (Work	Oaks Academy: what are the
PSHE Core Theme:	How can we care for the	the media hold those to Power	experience)	strengths and weaknesses of
Relationships	environment?	to Account?		the legal system?
Relationships with Role Models		What is the role of the media in	The Right Career for me	How are laws made?
Harassment and Stalking	Plastic Pollution and our environment	a democracy?	Why purse a STEM career	Who enforces the law?
Revenge Porn	Animal Rights and Sustainability	What is responsible journalism?	What are employers looking for in CVs	What is the difference between
Forced and Arranged Marriage	Why do some people reject	How well does the media hold		criminal and civil law?
Peer on Peer Abuse	Climate Change?	those in power to account? What is misinformation and	Health and Safety at work	What is the purpose of
	How can we take action on Global Problems?	what can we do about it?	Work Experience	punishment?

	Should the media ever be censored?	Rights and Responsibilities in the workplace	Does law in the UK need updating?
	How well does the media hold those in power to account?		

Students will also complete two citizenship units: "How do Others Govern" and "Why do we need the right to protest in a democracy"

	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Year 11	PSHE Core Theme:	PSHE Core Theme:				Study Leave
	Living in the Wider	Healthy Lifestyle				
	World/Healthy					
	Lifestyle	Grief and				
		Bereavement				
	GCSE and Study Skills	Dereavement				
		Social Anxiety				
	Applying to College					
	and University	Social Media and Self				
	,	Esteem				
	Perseverance and					
	Procrastination	Selfie Obsessed.				
		Dedu Chemine and				
	Importance of sleep	Body Shaming and				
		Plastic Surgery				
	Time Management	Happiness and				
		positivity				
	Screen Time	, ,				
		Suicide: where to get				
		support.				

Year 11 PSHE days

Day 1	Day 2	Day 3	Day 4	Day 5
Wednesday 8 th September (possibly later due to staggered	Monday November 15 th	Thursday January 6 th	30 th March	Students on Study Leave.
start)	PSHE Core Theme: Relationships	PSHE Core Theme: Living in the Wider World	What are the strengths and weaknesses of the UK	
PSHE Core Theme: Living in the Wider World	What does consent look like in a relationship?	Workplace Skills	Democratic system? What is democracy?	
How to look after money: the Economy and Current	Types of	Employability Independent Living	Is direct democracy better? Are elections truly fair?	
Accounts How to look after money	break ups.		Why is media freedom necessary in a democracy?	
Savings and investments.	Fertility and Reproductive Health	How do Trade Unions Protect us at work? Job interviews	How can we improve democracy in the UK? Deliberative Debate: What are the strengths and weaknesses	
Debt	Extremism			
Financial Scams	Faith Abuse		of democracy?	
Peer on Peer Abuse				

Students will also complete one citizenship unit: "What is the nature of the British Constitution?"

These units may change according to OFSTED/Government recommendations.