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WELCOME

Greetings and salutations in the wonderful name of Our Lord Jesus Christ, we welcome you to The Remarkable God Magazine. We are so thankful and humbled that you have taken the time to read the stories about the power of this Amazing God. We hope that each story in this third edition of our magazine will inspire, encourage, and affirm to you that our God is great and good. This Awesome God is doing miraculous works in the lives of his people and we have been called and commissioned to make known his mighty deeds among his people. In this edition, we will present two stories from ordinary people who have had divine encounters with the Lord God Almighty.

We wish to share these divine encounters with the nation and the world for the sole purpose to draw souls to the saving grace of our Lord Jesus Christ. These true stories and heavenly experiences are from the very heart of the people who had experienced them. The testimonies will cause you to search the scriptures and seek after the presence of the living God for yourself. We are assured that The Lord Jesus Christ is still working miracles, signs, and wonders emphatically as he did over 2,000 years ago in the cities of the Jews. After reading these stories we hope that you will be motivated to share with others the power of this Remarkable God.

Our magazine is free to all and we are so blessed by God to write about him and share his mighty power with the world. Our team has been anointed to carry out this work of God through sharing divine encounters with our Lord Jesus Christ. It is our prayer that you will share this magazine with your church, your family, friends, and coworkers. We make our boast in the one and only true God and father of our Lord Jesus Christ. We present to you The Remarkable God and we hope that you will enjoy reading about him!



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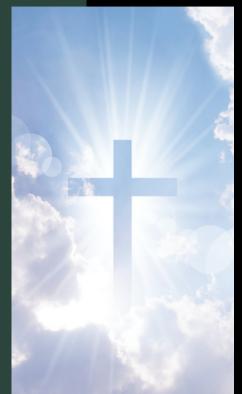




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The Life of a Prayer Warrior





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Life is constantly in motion. Because of the constant movement, financial decisions can sometime be overwhelming and worse, placed on the back burner. To help accomplish your financial goals, you need not only a clear vision of what you want to achieve but also the proper toolkit and an experienced guide. I can be of value in this regard.

As a Financial Planner with Prudential, I specialize in comprehensive financial planning services for a fee. Throughout the consultative financial planning process, I work with my clients and their advisors, as applicable, to formulate a detailed and robust financial plan that is tailored to their needs.

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God's Salvation Gasoline Station

I was driving down Heaven's road one bright and sunny day, when I saw a sign on the side of the road that read; "God's Salvation Gasoline Station is only fifteen minutes away." I thought to myself what kind of name is that to give to a gasoline station, for I haven't heard of a name like that anywhere in this nation. As I got a little closer, I could see a sign that read 'Free Gasoline All The Time.' As I drove to the gas pumps, the words on the pumps were really, really strange. They had on them: regular faith, unleaded understanding, and super strength all in Jesus' name.

An Angel approached my car and asked: "What kind of gas do you need? If you want to, you can serve yourself: but we do have full service, you may need some assistance from someone else." Well, I got out of my car and asked the angel: "What gas should I fill up with to stay faithful to the Lord and on one accord?" The Angel said: "Just fill up with ten thousand gallons of super strenth, measured off by twelve million gallons of regular faith, and let them equal up to twenty-two billion gallons of unleaded understanding and with this you can run a good Christian race".

Then I said: "But there's something else that I need. I really need a friend indeed. Do you have any gas to fill my empty heart?' And the Angel said: "My son, I will fill your empty heart, for I am the Lord thy God." He filled me up that very day and he changed my life in every way. He filled me up with faith, understanding, and strength. And he said; "Come back, I hope to see you again."

I got back into my car while the tears rolled down my face, and I said to myself; "Surely this is a wonderful place where all men can come to be revived and forgiven of their sin, and where sinners can be converted and reborn again." I was about to leave when the Angel handed me a road map and said; "This is the road map to God's salvation that will make you rich in wisdom and ever so free, but you have to study this map and you have to read." He said: "Well my son, you finish your course and run a good race, and if you ever get weak along the way, just remember you have a place where you can go to be revived inside your soul. Go and tell the young and tell the old to keep the faith and stand bold".

Written by: Mi'quel Adams



DO YOU BELIEVE IN MIRACLES?

Pastor Miguel Adams, M.A.

What is a miracle? I have come to understand the word miracle in my life means "something that only God can do." Although the Lord had worked many miracles in my life when I was a young man, I must confess that I was not strong in my faith concerning His miracles. I always believed that the Lord could perform miracles for His people, but I was spiritually immature to understand the power of God. I was introduced to the miracles of healing through my mother's ministry. The Lord had anointed her with the gift of healing, and her healing ministry spanned over 50 years. The Lord led her to lay hands and pray for many people and the Spirit of God would heal them of their sickness, illness, and disease. I am a living witness to these miracles. Although she was not known nationally, the Lord worked these miracles through her. After witnessing these miracles I was fascinated by the extraordinary power of God and I wanted to experience more of His mighty power.

Do I believe in miracles, yes I do. I have seen many miracles that the Lord has performed in the lives of His people. I am a recipient of a miracle of healing. In April 2020 due to Covid-19, I was very sick with double pneumonia and two blood clots in my lungs. I succumbed to my illness and died. Yes, I died in the ICU at the University of Maryland Medical Center in Baltimore, Maryland. My spirit left my body and I

was in an open valley, and the Lord Jesus Christ appeared in front of me and spoke His word into my spirit, and brought me back to life. That was a notable miracle!

In 2020–2021 my niece was dying from a lung condition at Washington Hospital Center in Washington, DC. She was in a coma for over a year on life support and her organs had stopped functioning. Our church prayer team prayed for her on a weekly bases and the power of God healed her. She has since recovered and has returned home. Both of these stories are considered miracles because they cannot be humanly comprehended, or explained. If they could be explained they are not miracles. Miracles cannot be explained they are divine in nature wrought only by faith in God.

The stories that we share are testimonies from ordinary people who have experienced the miracles of God. It is God's will that all souls will be touched by His awesome power and that we share with the world His unspeakable gift of miracles. So, my friends, it is my desire that you believe in the miracles of God, and look for them in everyday life, in all circumstances, and in each situation. God's miracles are everywhere. If you look through the lens of faith you too will see and experience this Miracle working God. "Let the redeemed of the Lord say so."

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AN EX-MUSLIM'S STORY OF A GREAT LOVE

By Barbara R. Galloway, M.Div







"And Jesus said unto the centurion, Go thy way; and as thou has believed, so be it done unto thee. And his servant was healed in the selfsame hour." - Matthew 8:13 (KJV)

This is the testimony of Pastor Moussa Toure, a former devout Muslim who miraculously came to know Jesus in the same hour, without any formal knowledge of Him or His Word.

Moussa was born into the Islamic faith and was part of a devout Islamic family. At age 6, he started going to school to learn the Koran. Over the next three decades, he became more and more indoctrinated and had his sights set on one day visiting Mecca. Moussa was entrenched in the Muslim ways of living, and he was intolerant and unloving toward non-Muslims, especially Christians. He looked at them as bad people, as unbelievers and he would reject, insult, and question them.

One day in 1989, when Moussa was 37 years old and working in Paris, France he learned that his mother was very ill and was told if he wanted to see her alive again, he needed to come home quickly. The next day, he flew from Paris to his hometown of Burkina Faso, Africa. When he arrived, his mother was bedridden, and she was not eating or responding. Seeing his mother in that condition was very painful for Moussa and he was determined to find a local specialist who could help her. His brother, a physician himself, had tried every resource, to no avail. Nevertheless, Moussa borrowed his father's car and set out in search of help.

At some point when Moussa was living in Paris, his sister had converted to Christianity, but she had never told him for fear of his reaction. When Muslims converted to Christianity it could be met with violence, ridicule, or banishment from the family.

As Moussa was getting ready to leave to find his mother's help, this very sister asked Moussa if he could drop her off somewhere. He agreed to give her a ride, which ended up being far out, in a very poor part of town, near the city border. She finally had him stop in front of a small house. Moussa wondered what the place was as he noticed many bicycles parked in front, people milling about, and noises coming from inside. His sister beckoned Moussa to come inside with her, which he did, not realizing a church service was underway.

Moussa thought to himself, "these people are poor, second-class citizens." There was a man standing at the front of the room and everyone was singing and lifting their hands. Moussa could see they had an inexplicable joy. And as he stood there

stiffly with his arms folded, he couldn't help thinking, "if they would take this same time and energy to go and start a small business or do something productive, they could change their situation. Instead, they are standing around singing, shouting, and lifting their arms as if something will come from the ceiling to help them."



A very bright light appeared...

The second after he had that thought, the room went completely silent. He could no longer hear the people singing or shouting. He felt his arms uncross and begin to slowly raise, as he wondered: "What is going on? How can my arms move by themselves?" And then his necked plopped downward and he couldn't prop it back up to look at his arms. He testified that it felt like someone was lifting his head and turning it until he came into the same position as the other people in the room. With his head lifted upward and his arms raised against his will, a very bright light appeared. Today Moussa describes it as the type of light that must have blinded Apostle Paul on the Road to Damascus. But at the time, he had no spiritual understanding of the bright light. It was so bright he closed his eyes to protect them, but even with his eyes closed he could still see the light. It was still there!



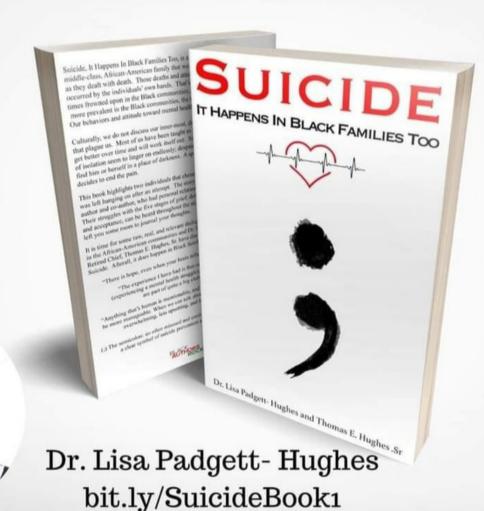
Suddenly inside the light, there appeared a face with a crown of thorns on its head. A light shone on the left side of the face, which was looking downward, as blood and water, dripped from it like sweat. Moussa could tell he was suffering deeply, and he wondered what could have caused such anguish. At that moment, Moussa knew it was for his sins. Then without opening his mouth, the person in the light said: "I love you and I died for you." The voice was full of peace, and His words were not just words, they were actions, declarations, and creations. His words were the substance of the thing of which He spoke. When He said "I love you" Moussa became full of love. Moussa knew if he had been given one more ounce of love, he would have exploded because he was so full of love, he could barely contain it.

Until this very day, that experience is the love that causes Moussa to love everyone. The substance and nature of God's great love were injected, imparted, and deposited in him. Moussa knew that this image in the light loved him and died for his sins. What makes this even more miraculous is that Moussa had no prior knowledge of these things. He had never read about the atoning blood of Jesus, the crucifixion, or redemption. Yet, at this moment, in this small church house, Moussa became painfully aware that he was a sinner, saved by grace. He was a new creature in Christ. Old things had passed away and all things had become new. When Moussa finally opened his eyes, he was weeping, and his arms were still raised. He then pushed his way to the front of the room to reach the man at the pulpit. He stood before him and cried out, "write my name somewhere that I the man of Jesus!"

Finally, Moussa and his sister had to leave. When they got outside, he told her "I have to find a Bible right here and now!" So, she took him to a place where he bought his first Bible. When they got back to their parent's home, he didn't want to talk to anyone or leave the room. He locked himself away and began reading the book of Matthew, which came alive to him the more he read it. That evening his father summoned him, so Moussa rejoined the family and sat close to his father. At that same moment, a miracle happened! Moussa's mother walked into the room shouting, "I'm healed!" "I'm healed!" and Moussa thought in his heart, "if I tell them that it is Him, Jesus who healed her, they will think that I am crazy." But Moussa knew then and he knows to this day that it was INDEED Jesus who healed his mother and who had saved a wretched sinner like himself, and had shown him a Great Love.

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MENTAL HEALTH TALK: MATTERS OF THE MIND SEASONAL AFFECTIVE DISORDER

PART 2-AN INTERVIEW WITH SHELBY

Literature and research suggest that there are more than 3 million cases of Seasonal Affective Disorder, also known as SAD, yearly. Although common, and rarely discussed, SAD affects many, from children as young as six years old to seniors, ages sixty and up. This type of mood disorder is primarily characterized by depression that happens at the same time each year. Usually, those affected by this down-played disorder begin to experience symptoms during early Fall that typically lasts through the Winter months. However, there are those that also experience these symptoms during Summer, a small percentage and rare. Symptoms for this type of mood disorder can range from fatigue to social withdrawal. An individual can also experience mood swings, sadness, anxiety, exhaustion, insomnia, excessive sleepiness, appetite changes, unable to remain focused on tasks, and/or generalized dissatisfaction.



As I looked deeper into this mood disorder, I chose to interview a woman that currently suffers from the disorder. This interview was done to shed light on an otherwise dark and taboo subject. She wants others to know that there is light after darkness, help is available, and that you do not have to suffer in silence. My prayer is that the reader takes away valuable nuggets and gets a more realistic look at this silent, least-discussed mood disorder. My hope is that someone suffering in silence will read this article and know that he or she IS NOT alone. My beliefs and understanding are that anyone suffering can live a better life with personal support, coping skills, diet, exercise, medication, and talk therapy, such as Cognitive Behavioral Therapy or Narrative Therapy.

Shelby is a forty-year-old, single, African American female. She works full-time and has always been outgoing, doing what she wants. Shelby says that she was a great daughter, sister, mother, aunt, and friend. However, in the year 2000, she noticed that her symptoms of depression were getting worse. She states that she had always suffered from depression as a child due to the molestation that had occurred during her young adolescent and teen years; however, it wasn't until later in life that her



world became consistently darker during the Winter months. It was after many days of sleeping, irritation, crying spells, and lack of energy that prompted her to seek medical attention for her symptoms. Shelby already knew that she suffered from depression, was clinically diagnosed in her teens, and was supposed to be on medication and talk therapy. Yet, taking the medication regularly and talking to this person and/or that person had become costly and appeared to agitate her more, something wasn't quite right. Shelby's emotions were getting darker, and her behavior became more manic. Sit back and envision this person being you, as Shelby discusses openly and honestly her plight with Seasonal Affective Disorder. Could you imagine being trapped in your own body?

Interviewer: When did you first notice that your mood disorder was getting worse?

Shelby: Noticeable signs of mood and/or behavior changes were evident as the seasons changed. I began to see that as the days got shorter, there were more clouds and rain than sun, I could not function. I was physically achy, slept more, had no appetite, was anxious, and irritable. Looking back on it, I became isolated, didn't want to socialize with friends or family. I also noticed that although I enjoyed my job and the people that I worked with; it became increasingly hard for me to go during the Winter months. It wasn't because of the weather either, it was primarily because I was scared that someone would find out that I had a mental health disorder. So, I would always be mindful of saving time in case I needed to take off two or three days, here or there: on that wheel for years, (sighs). Honestly, at times, I would self-medicate. Fall and Winter were the seasons where my drinking increased which oftentimes made my situation worse. Drinking helped me cope, get through. However, that euphoric happy feeling was only temporary. I had an up-and-down Spirit!

Interviewer: How difficult was it for you to maintain employment?

Shelby: I work in the healthcare industry. It was a breeding ground for people like myself; sick, but taking care of others. There were others in my unit that also suffered, so, I learned through the long-timers what to do and not to do. I became an expert at hiding my depression. However, a few of my co-workers knew that something wasn't right, it was more than a little depression. Eventually, as time went on. I was able to confide in my supervisor and one of the charge nurses on my floor. Now, life at work became easier. When I began to get unfocused, off task, anxious, moody, have multiple tardies, one of the two would pull me aside and ask if I had taken my medication, did I need a few days, etcetera; they became my co-conspirators in my quest to hide my disorder. Due to health

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SPECIAL REPORT

issues, I had to transfer out of that unit, leave the position. I am forever grateful to have had them looking out for me all those years. Truthfully, if it hadn't been for their compassion and empathy, I wouldn't have made it.

Interviewer: Are there signs that your depression is becoming manic/spiraling out of control?

Shelby: Yes, for me, I have out-of-body experiences that become more frequent, like a warning before the storm (looks off in the distance). I become weepy at the drop of a dime; self-medication becomes a daily ritual, and my sleep is off, insomnia some days, medication-induced sleep for days. I am also easily aggravated and irritable, and have a lack of focus and concentration. Looking back, I was a mess, literally, just out of control. Manipulating the system and those around me was now my full-time job. Frankly, I did not like whom I had become. The lies, pain, and anguish that I was causing myself and others had to stop. One night, I went to sleep drunk and crying out to God screaming that I needed help, that I did not want to be out of control, all over the place. Literally, just like that, I awakened the next morning and called a number that a colleague had given me months earlier. The lady on the other end of the phone said, are you ready for a new journey of living because we're going to change up some things? Sighing, my response was, change? Indeed, change starts with you, and all things are possible if you believe! The work began that day to live a mentally healthier lifestyle.

Interviewer: Now that you have started the process of healing, how do you manage during the Fall and Winter seasons?

Shelby: For the past couple of years, I have learned better-coping skills and ways to prepare for the Winter season. Simple things, such as, getting out with family and/or friends, finding more things to do that bring me joy, not spending so much time alone, lighting scented candles and incense like nutmeg, cinnamon, mulberry, talking with my therapists beforehand to make sure that my medications have been increased and available for refills. Most of all, prayer and meditation help me. Throughout my struggles, I have learned to worry less and pray more. God can do all things; I had to believe.

It was an awesome experience to sit and talk with Shelby. She is one of the many that suffer silently from Seasonal Affective Disorder. Her story is not unusual nor is her journey. It is normal daily living for "six percent of Americans, more women than men" (Good Therapy, 2015, p.1). Depression generally isn't a disorder that you can treat on your own. Seek help from your medical professional if your symptoms of depression persist. The subject is no longer taboo and there is no need to be ashamed. Until next time, Nurture Your Mental Health and Free Your Mind!

Dr. Lisa (LisaTonia) Padgett-Hughes (hon.), M.Ed. Counseling/Psychology, MSMFT (pending), CLC, Mental Health Wellness Coach (student), Author, Mental Health Contributing Writer, CEO/Founder of Go Forth and Sustain, Inc.

Founder of Matters of The Mind Life Coaching Services, LLC

If you are feeling vulnerable or suicidal or are worried about someone, call 988 or your local police department-988 is the national number for all mental health, substance use, and suicide crises!

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Disclaimer: I am not a medical professional, psychiatrist, or psychologist. This piece of work and all others for this magazine are for informational purposes only. If you feel any of the symptoms pertaining to the above-mentioned disorder, please seek your primary care physician for further evaluation.

THE POTTER'S HAND

Arise and go down to the Potter's house today,

And the Potter will show you the vessels that his hands has made from

water and clay.

These vessels are fragile and weak in the palm of the Potter's hand,

Yet he forms and shapes the vessels from the dust of earth's dry land.

The imperfections are quite noticeable to the human sight,

And the Potter proclaimed through His word that he made all things

glorious and right.

He stretches the vessel as he wills without any limitation,

Because he knows the grace and power that he has given to all his creation.

One vessel he designed unto perfection and another had cracks, leaks and was marred,

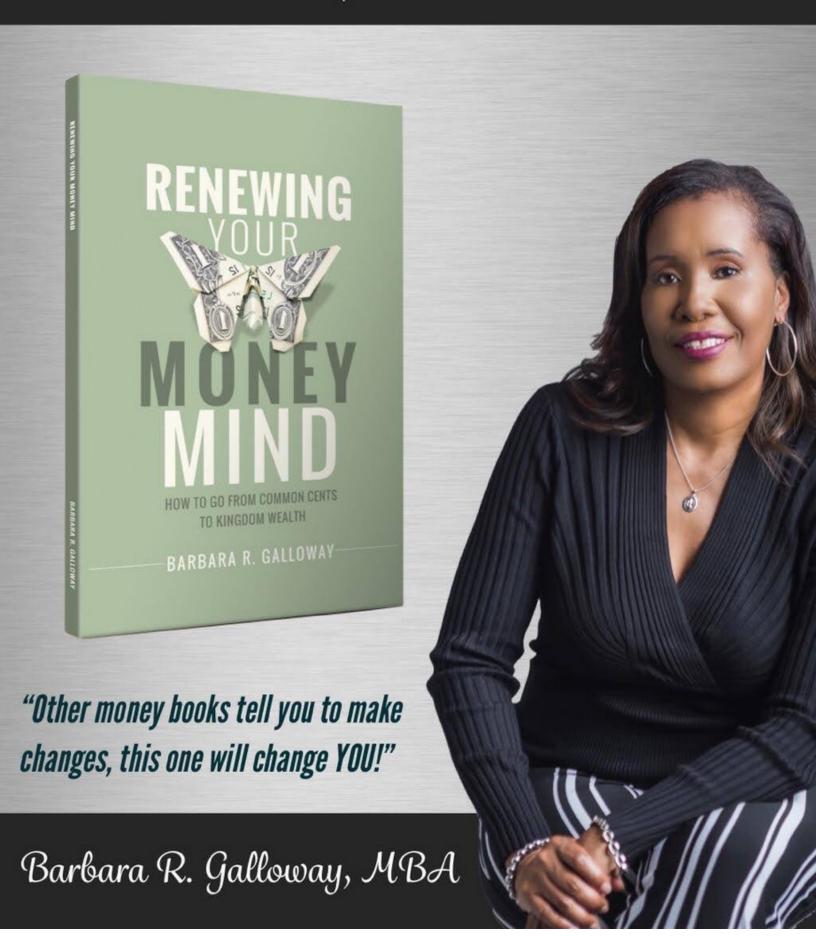
But this vessel had great use for the Potter even though it was broken, rigid, and scarred.



Written by: Mi'guel Adams

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NEW YEAR, NEW MONEY HABITS!

BY BARBARA R. GALLOWAY, M.DIV, MBA AUTHOR OF THE AMAZON BESTSELLER: RENEWING YOUR MONEY MIND



The new year is ideal for setting goals, particularly financial ones. Think about the beginning of the last year; is your financial condition better, worse, or about the same today? If you said "worse" or "about the same," then you have work to do. There are only two possible outcomes for your money: gaining it or losing it. And without a plan, you're likely losing it. As the old saying goes, "those who fail to plan, plan to fail." So, how can you ensure when the next new year rolls around, your coins are stacked higher? It's simple, set financial goals and make a plan to achieve them.

Money goals can be anything such as paying off credit cards, creating an emergency fund, starting investing, improving your credit score, starting/increasing your retirement account, and much more. To keep this simple and attainable, I want to focus on just one goal – start investing.

Investing is a more aggressive form of saving. Saving typically means putting your money aside, somewhere safe, with no risk, and no or very little growth. Investing, on the other hand, is buying assets such as stocks, bonds, mutual funds, real estate, real estate investment trusts (REITs), commodities, cryptocurrency, or anything that has the potential to yield a return (is worth more upon sale than what you paid for it.) Keeping 3 - 6 months' worth of living expenses in a regular savings account is recommended for an emergency. Beyond that, put as much of your money as you can to work for you by investing it wisely.

Investing is for the long term, typically five years or more. You can't have a "get-rich-quick" mindset and be a successful investor. Investing takes patience, strategy, and commitment. Here are seven pointers to help you start investing your money:

- 1. Pay yourself first. Don't wait to see what's left from your paycheck (after you've handled your expenses, entertainment, etc.) to decide how much to invest. Instead set up automatic deductions of at least 5% of every paycheck to go directly into an investment account.
- 2. Take advantage of online brokerage accounts, which typically have no minimum investment amount and no transaction fees. Buy as many shares as you can afford, and regularly add more using the recurring investment feature.

New Year, New Money Habits!

- 1.Pay yourself first. Don't wait to see what's left from your paycheck (after you've handled your expenses, entertainment, etc.) to decide how much to invest. Instead set up automatic deductions of at least 5% of every paycheck to go directly into an investment account.
- 2. Take advantage of online brokerage accounts, which typically have no minimum investment amount and no transaction fees. Buy as many shares as you can afford, and regularly add more using the recurring investment feature.
- 3.Don't use credit cards for everyday purchases unless you pay off the entire balance every month. The interest charges will eat into money that you could be investing. And using credit cards leads to overspending.
- 4. When deciding which companies' stock to buy, consider things you really like or use often. That way, every time you buy their product or service, you'll be investing in yourself.
- 5.If you decide to invest in cryptocurrency, make sure you understand the risks. It's a complicated and volatile investment vehicle. People have made and lost lots of money. Do your homework!
- 6. Diversify your investment portfolio by buying stocks across different sectors. In other words, don't put all your eggs in one basket.
- 7.Remember investing is for the long term so buy and hold stocks. Even the most knowledgeable investors can't time the market, as much as they try.

In summary: One of the best ways to improve your financial future is to put your money to work. Although investing comes with risks, you can manage risks with sound decisions, education, and patience. This article is just the tip of the iceberg. Read all you can about investing and money management. To start, I recommend my book - <u>Renewing Your Money Mind: How to Go from Common Sense to Kingdom Wealth</u>. This Amazon bestseller is a short but profound read that will transform your money habits.

Happy New Year! Happy New Money!





I Saw the Light

Hi everyone, my name is Miriam Ortiz, and this is my testimony of how the Lord Jesus healed me by His miraculous power. It all began in 2012. I was very ill, the pain was unbearable. I went to the hospital and was diagnosed with kidney stones and emergency surgery was necessary. After the surgery, the doctor informed me that I needed to return to the hospital in two weeks for further exams.

I had so many things going on in my life. My mind was not on the physical problems I was still facing and needless to say I did not return to the hospital. Weeks and months went by and finally, I was at the point where I couldn't take the sickness and the pain much longer. I returned to the hospital. The doctor asked me why I waited so long to return and I had no answer. They proceeded with the exams and once again found that they had not removed all of the stones from the previous surgery and by my waiting so long to return my condition was critical. Emergency surgery was scheduled for the next morning. The morning of the surgery the staff tried to comfort me and put my mind at ease by telling me it was to be a short and easy surgery and the recovery time was going to be short and there wasn't a need for me to stay in the hospital.

The operation went well. Afterward, I went to recovery. When I woke up I wasn't feeling very well, I had a fever and I was bleeding. The doctors said this should not be happening. More tests were needed. The results were not favorable. I was very sick. The tests showed just how sick I was. The doctors told me to let my family know that I was in a critical state and they needed to transfer me to another hospital where they would be better equipped to help me if things kept getting worse. Evidently, things got worse. Before leaving my room the doctor informed me that I had maybe 72 hours to live. My family came and I told them everything that was going on. They began to pray along with my pastor from Iglesia Cuadrangular El Calvario located in Silver Spring, MD.



That night was a terrible night. The nurse came to check on me and gave me my medication. Suddenly out of the corner of my eye, I saw a bright light, I wanted to stand up but I couldn't I was so weak, I had no energy but I kept seeing the bright light coming toward me. I knew it was the Holy Spirit I could feel it and I did my best with the little strength I had to put my hands up in the air and I said "holy, holy, holy, holy is my Lord" and I heard a voice say, "I'm the great I am "and after that, I was able to close my eyes and sleep.

The next morning, I was feeling better, and the nurse was even surprised, She said it was the medication and I said "no, the Lord was here with me" she didn't believe but I knew what I saw. I was going to be able to go home due to my condition getting better but another problem was in my way, the medication I needed was too expensive and my insurance wouldn't cover it with God, on my side, a miracle was in front of me and in a few days I had my medicine, everything was taken care of. They gave me 72 hours to live but I saw the light and I heard His voice. Whose report will you believe?





WHO WILL CRY WHEN YOU DIE?

Each year on my birthday, June 15, I take time to really reflect on my life. The work I do, the company I keep, the time I devote, the energy I expend, the interests I develop, the relationships I foster, and the thoughts I allow to permeate my mind.

Reviewing my life from the lens of how very short and fragile life is, this quote always comes to mind – "When you were born, you cried while the world rejoiced. Live your life in such a way that when you die the world cries while you rejoice." – Robin Sharma

We live in such a time when there is so much coming at us and yet we have never been more disconnected. We may have lost touch with our purpose. We may have lost sight of the things that matter most.

- So, here's the question.... Who will cry when you die?
- How many lives will you touch while you have the privilege to walk this planet?
- What IMPACT will your life have on the generations that follow you?
- And what legacy will you leave behind after you have taken your last breath?
- Many people ask these questions:
- How can I find greater meaning in my life?
- How can I make a lasting contribution through my work?
- How can I enjoy the journey of life before it's too late?

One answer is this...

"Find your calling. We all have special talents that are just waiting to be engaged in a worthy pursuit. We are all here for some unique purpose, some noble objective that will allow us to manifest our highest human potential while we, at the same time, add value to the lives around us." – Robin Sharma

The field of Hospice Care, in which I have spent over a decade of my professional career, is a worthy pursuit and noble objective. The incredible value that the Hospice Benefit provides is often misunderstood or associated with death and therefore many people fail to pursue its support as they face life-limiting illnesses. In fact, each year in the United States, 48% of people 65 and older are diagnosed with a Chronic Illness, and yet 52% of them are dying without electing their Hospice Benefit.

A few facts that you may find enlightening:

- Death is not medical, death is human and with that perspective, is it not of value to pursue a Benefit of care that aligns with the care needs of an individual?
- Hospice Benefit is 1 of 4, 100% covered benefits under your Medicare A provisions.
- Hospice Benefit exists to walk on a journey: Mind, Body, and Spirit for those living with Chronic Life-Limiting Illnesses and experiencing continued symptoms that need ongoing clinical, emotional, spiritual, and financial support.
- Hospice Benefit is initially 6 months of care and may be renewed as an individual continues on a declining pattern.
- Hospice Benefits under Medicare A, and most other insurance policies, cover the cost of medications
 related to the quality of life and comfort, as well as durable medical equipment, supplies, and
 incontinence supplies to support dignity.
- Hospice Benefits can be provided wherever a person calls home.
- ProMedica Hospice Benefit provides care to anyone 18 years or older.
- ProMedica Hospice seeks to pursue reconciliation through Diversity, Equity, and Inclusion.
- Hospice Benefit is provided through an interdisciplinary team of experts in their field, from our Physicians, Nurse Practitioners, Spiritual Care, Social Workers, Grief Counseling, Home Health Aides, Massage Therapy, Music Therapy, and Volunteers.
- Hospice Benefit provides support to families through education regarding disease progression, symptom management, a 24/7 helpline, and a team of experts ready to respond no matter the time of day.

For those of us who have found our calling at ProMedica Hospice, we are deeply grateful to create meaningful moments with our patients, their families, and all those who love them.

Wishing each of you a few quiet moments of reflection....

Steff Walker Divisional Director ProMedica Hospice



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THE LIFE OF A PRAYER WARRIOR

When you hear the phrase "A Prayer Warrior" who and what comes to mind? Do you know anyone in your life that you believe or consider to be a prayer warrior?

What is a prayer warrior? I believe it is someone who prays often fervently in the spirit of God and who makes intercession for others. According to Ephesians 6:10, a prayer warrior battles in spiritual warfare against spiritual wickedness in high places and the powers of darkness. It is imperative for us to understand the life of a prayer warrior that it is not only defined as the act of praying but a life of prayer. A prayer warrior is not gender or title based. The Lord can use anyone who is a willing vessel to become a prayer warrior for Him. The life of a prayer warrior must be in constant fellowship with God, must be faithful and obedient to His word, and committed to His will. They must maintain a life of holiness sanctification and be Holy Ghost-filled born-again believers.

The Holy Ghost/Holy Spirit of God must birth in a soul the spirit of prayer.

The scripture states that "Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered." The prayer warrior's life should be sacred and consecrated unto God for the sole purpose of entering into the holy presence of the Almighty God. This is one of the most important callings in the church of our Lord Jesus Christ because it sets the tone for ushering the presence of God into our lives.

Some people in churches believe that it is praise and worship at the beginning of our worship service that ushers in the presence



"The life of a prayer warrior is not one of honor from man, there are no accolades given from men"

of God but it must start with prayer. The power of prayer causes God to set on fire soul-saving revivals, miracles of healing, and deliverance from addictions, demon possession, and sin. Prayer is very vital to our faith walk with God so much so that the Prophet Daniel who was a prayer warrior prayed three times a day as well as our Blessed Lord who sought our heavenly father constantly in private prayer. The saints found in the book of Acts 12:5 called a prayer meeting and the prayer warriors prayed in faith and the Lord sent an angel to set the Apostle Peter free from prison. These are examples that are conducive to our learning about the power of prayer in the lives of God's people.

The life of a prayer warrior is not one of honor from man, there are no accolades given from men. There are no award banquets, nor any honor bestowed upon their name. A prayer warrior is not given a salary, bonus, or health care insurance, but the divine benefits are out of this world. Let's start a prayer revival that will move the power of God from heaven to earth. The Lord Jesus Christ is calling for prayer warriors who will pray in secret and God will reward them openly according to St. Matthew 6:6 "But thou when thou

prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy father which seeth in secret shall reward thee openly". Prayer is the greatest power on earth that the Lord God has given to His people to reach heaven.

Written by: The Servant of the Lord Pastor Miguel Adams, M.A.



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