



What If? Why Not? Why Not Now?

Robert D. Lightfoot, M.D., Executive / Medical Director

Those three questions were asked to over 1,000 guests who attended Victory's annual Hope for Healing event on Tuesday, May 2nd at the Mobile Convention Center. All three questions are simple, yet significant when asked in the context of the lasting impact, eternal opportunities and the comprehensive healing of the patients Victory is privileged to serve. But the need still remains...

We have seen them answered again and again throughout the last twenty years. Answered in the 40,000+ lives touched; answered in a community caring for our community; answered by over \$65 million in medicine provided in 2022; answered with thousands receiving free mental health counseling; answered through every patient and every encounter experiencing the love of God through the mission of Victory Health Partners. Whether it is receiving healthy food and nutrition, referrals to surgery, sight restored through our eye clinic, receiving their medications, etc., healing and hope is the answer, Jesus is the answer. Why not only ask "What if," but boldly dream and vision and ask and do—with God—the God of "Why not" and "How much more" for Victory and for our patients. The God of Luke 11:13—"if you know how to give good gifts to your children, how much more will your heavenly Father give." Why not step out in faith, just one step at a time, step out with the one who is Faithful?

After 21 years, Victory Health is ideally positioned in today's healthcare landscape, poised for such a time as this to offer even greater care. We stand ready to address more needs than ever. If not now, then when?

For our patients and Victory, let's answer why not now...to move into the opportunities God has prepared for the healing and hope for our patients.

- What if every uninsured adult in our community knew and utilized Victory?
- What if our patients didn't have to go without their medicine, healthy food, counseling?
- What if they didn't have to rely on the emergency room for their source of primary healthcare?
- What if more in our community knew that there was a community who cared for them that saw them as people and not numbers?
- What if they knew they were loved by God?



From Surgery to Healing and Hope

Meet Twantella Randolph

I have been to a lot of doctors. When Dr. Lightfoot found out what was going on that day, he blessed me and touched my heart. He literally held my face and prayed for me. For the doctor to pray for you...

Life was great. I was an outgoing small business owner and I owned a home daycare. I always had health insurance, but it was so expensive just for me as an individual. I made a decision to drop my coverage because, at that time, I just knew I was in good health. One of my best friends told me about Victory Health and how they help adults without insurance. I started

going to Victory. I made my appointments, paid my copay each time, and did my blood work just to make sure I stayed healthy. Things changed when I noticed my feet started hurting more often. My foot stopped contracting normally and would just get stuck in a ballerina position.

Victory was able to send me to get my MRIs. A cancerous mass was discovered hidden in my main arteries, and the recommendation was to amputate. At first, I didn't want to hear all of that. Then, I asked God for a miracle, and God gave me my miracle. He saved my life. I'm cancer-free, and He promised me I would walk again. I didn't have to worry about anything because Victory was right there every step of the way. If it weren't for Victory, I don't know where I would be. I really didn't have to do anything because Victory really set up everything for me. Two days after my surgery, I was able to visit Victory. It was just amazing for the staff to just love me. I didn't do anything to deserve it. I was so happy... I genuinely believe the best is yet to come. I have faith in God, and I know that He provided for me. I am living my best life in this wheelchair, but I trust God because He told me I'm going to walk, and I believe. With God and Victory, the impossible is possible. Why stay confined to this wheelchair is what I'm saying. Why don't I live my fullest and best life? Why not step out in faith? Just one step at a time. Step out with the One who is faithful. Why not walk?

*Scan & Watch
Twantella's Story*



Mental Health Crisis: Hope Through Therapy

Jason Byrum, Licensed Marriage and Family Therapist

This summer has been a busy and exciting time at Victory Health for our patients involved in counseling. We have a new intern, MacKenzie Barron, a graduate student at the University of South Alabama who is doing her practicum and internship at Victory. She is an incredible counselor and has been a blessing and a real asset to our counseling program.

We currently have 89 patients receiving mental health counseling. At Victory Health, we utilize a variety of therapies and clinical techniques to help our patients: Cognitive Behavioral Therapy, Mindfulness Skills, Dialectical

Behavior Therapy, Family Systems Therapy, Trauma-Focused Cognitive Behavioral Therapy, and Solution-Focused Therapy, along with prayer and Bible study as a mainstay. Complicated Grief Study has also been very popular, as many of our patients have lost loved ones over the past year. Some patients are also involved in Grief Share Support groups offered at various churches in the community. Other issues our patients commonly struggle with include Major Depression, Generalized Anxiety Disorder, Bipolar Disorders, ADD/ADHD Disorder, Schizophrenia, Schizoaffective Disorder, coping with everyday life problems, and reducing stress. We have seen God do excellent work and healing with many of our patients this summer. It's exciting to see Him work in the lives of our patients. Our goal is to nurture the entire individual—Mind, Body, and Spirit—rather than merely addressing symptoms.



Partners in Women's Health

Bailey D. Mosley, MSN, RN, WHNP-BC, Instructor, Maternal Child Nursing Department, University of South Alabama College of Nursing

Victory Health Partners is improving bone health for postmenopausal women by assessing their risk for a fracture. One in two women after age 50 will experience a fracture caused by osteoporosis, leading to disability, pain, decreased quality of life, and even death. These anticipated burdens of osteoporosis can be prevented through the use of appropriate assessments and treatment.

“We began the program in Summer of 2023 and within the first 2 months over 160 women have already been assessed with the FRAX tool,” shared Mosley. “Greater than 70 women have been identified as a high fracture risk and in need of a bone scan.”

Through a partnership with Bailey D. Mosley, MSN, RN, WHNP-BC Instructor, Maternal Child Nursing Department, University of South Alabama College of Nursing, we have begun offering The Fracture Risk Assessment Tool (FRAX). This assessment allows our providers to identify Victory patients with risk factors and calculate the probability of a significant fracture caused by osteoporosis. Women at the highest risk for a fracture can receive affordable osteoporosis screening at our partnering orthopedic clinics.

Increasing osteoporosis screening has helped diagnose osteopenia and osteoporosis while providing appropriate osteoporosis management to our patients. Treatment options include injectable and oral medications and lifestyle interventions related to exercise, diet, and vitamin supplements. Early identification and treatment are necessary to prevent fractures and improve patient outcomes for women at the highest risk.



“I have never received such care at a time I needed it the most. I felt like I really mattered. My health was what mattered, not my circumstances. The quality of the care is excellent. God is in every area of the practice, and it shows through all who work there.”

- Patient Testimony

Leadership

Victory Health Partners' Board of Directors steward, lead, and further the mission of Victory with unwavering commitment to excellence in the care provided to our patients. Their significant contributions of leadership, wisdom and influence provides lasting healing and hope to the patients we are privileged to serve.

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Collectively, we have made a profound difference, revitalizing and safeguarding the lives of our uninsured neighbors. Remarkably, every \$1 contributed results in \$70 of healthcare delivered. We extend our heartfelt gratitude to our community and business allies. Your sponsorships and in-kind contributions truly enrich the lives of our patients!

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SAVE THE DATE
=APRIL 30, 2024=
HOPE FOR HEALING
CELEBRATION



Snapshot of 2022 Impact Hope and Healing

Your empathy and support empowers Victory to uphold the mission we set forth over two decades ago. As we journey through our 21st year, we're reminded of the profound impact that partners like you have had on the 40,000+ patients to whom we've been privileged to offer transformative healing and renewed hope.

The statistics below offer a glimpse of the tangible healing our patients experienced through services like primary and specialty care, dentistry, surgeries, nutrition, diagnostic exams, and an astounding \$60 million in prescription medications dispensed in 2022 alone. But hope extends beyond the physical—it's manifested in free counseling, psychiatric services, and the heartfelt prayers offered by our dedicated staff and volunteers, catering to our patients' mental well-being. Through your collaboration, you're not just addressing their physical ailments; you're channeling the restorative love of God to rejuvenate their entire lives.



9,043

Patient Encounters
in 2022



40,000+

Patients Served Along the
Gulf Coast Since 2003



\$65.3+ Million

in Medication
Provided in 2022 at NO Cost



160+

Referring Physicians Who
Treat And Examine At
Their Own Offices



44

Counties Served in
MS, AL, and FL



1,300

Lab Tests Provided
at Minimal Cost



905+

Patients Received
Mental Health & Psychiatric
Counseling at NO Cost



40,000

Volunteer
Hours



25+ Patients Received Access to Life-
Saving Surgeries and Diagnostic Tests



1,000 lbs+ of Food Provided at NO COST
to Promote Wellness & Disease Prevention

SPECIALTY CLINICS

256

Pulmonary
Appointments

205

Neurology
Appointments

191

Dental
Appointments

EVERY ENCOUNTER

\$1 = \$70

\$1 donated gives \$70
worth of life-restoring healthcare.

Additional Clinics

Gynecology | Optometry | Minor Surgery

Partnerships, volunteers and financial gifts allows
Victory Health to offer affordable healthcare.



The Extension of Hope and Healing

Volunteers at Victory Health hail from diverse corners of our community. They range from aspiring to established medical professionals, from retirees to community leaders, and from everyday heroes. They generously contribute their skills both

to our patients and within the larger community. It's evident that the collaborations they foster not only benefit our patients but also weave a tapestry of hope and healing for all.



Through The Eyes Of Future Medical Providers

Meet David Hantouche

Summer Triage Volunteer and a raising senior Pre-Med Student at University of Alabama-Birmingham

During my time at Victory, I received extensive training in patient care. I learned how to triage established and new patients, perform urinary

analyses, check blood sugar and labs, administer FRAX exams, and more. This supportive environment allowed me to learn and ask for help, resulting in increased confidence and comfort in my role. My favorite aspect of volunteering was interacting with patients from diverse backgrounds. I've learned how to make them feel welcome and comfortable while balancing efficiency with treating them as individuals rather than projects. Patients have taught me more than staff ever could, and I strive to treat them with respect, patience, and kindness.

In addition to the valuable experience gained in healthcare, I've appreciated the connections made with like-minded volunteers from across the southeast. Volunteering at Victory has shaped my path towards working in healthcare, and I am grateful for the opportunity to serve and plan to continue doing so in the future.

Simple and Easy Ways to Help with Hope and Healing

- 1. Help us build partnerships.** Partnerships in the medical and business community are critical to our ability to offer a full spectrum of healing and hope.
- 2. Spread the word!** Talk about Victory Health and our resources. Like and share our social media posts. Pass on our brochures to family, friends, colleagues and church, etc.
- 3. Make a financial gift.** Set up a reoccurring donation or make a one time gift. For every \$1 donated, \$70 worth of care is provided.
- 4. Volunteer your time.** We need office aids, pre-med students, RNs, dental hygienists and medical providers.
- 5. Make an in-kind donation.** We are always in need of clinic supplies like paper towels, copy paper, hand soap, cleaning supplies, etc.
- 6. Use Amazon Smile and select Victory Health Partners** when making purchases via Amazon. A percentage of your purchases will be donated to Victory Health.

Resources You Can Use!



Make a Donation



In-kind Gifts List

Donations, Partnerships & Public Speaking

Kim Garrett, Director
kgarrett@victoryhealth.org

Volunteers & Marketing

Kerry Cohen, Director of Communications and Marketing
kcohen@victoryhealth.org



This is Victory

◀ *Scan the QR Code to view a short video showcasing the daily hope and healing shared with our patients at our medical facility.*



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victoryhealth.org



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Providing Our Partners With Tools! *Christ-Centered Healthcare for Uninsured Adults*

Who is Victory Health Partners and what do we do?

We are a faith-based, non-profit primary care medical practice that offers healthcare for adults 19 - 64 years old who are without health coverage. Through partnerships with the medical community, we also offer specialty care for our patients.

How does a person become a Victory patient?

- Have no form of private medical insurance
- Ineligible for full Medicaid, Medicare or VA benefits.
- Be a resident of Mobile or Gulf Coast area (MS & FL).
- Be between the ages of 19 to 64.
- Be a citizen or a legal resident of the United States.

What types of care does Victory offer?

Primary Care; Counseling; Dental; Diagnostic Testing; Hep C Treatment; Lab Work; Nutrition; Neurology; Medication Assistance; Minor Surgery; Pulmonary; Psychiatry; Smoking Cessation; Optometry; Women's Wellness; Diabetes Education

How much is the Victory co-pay?

- Primary & Dental: \$35 - \$55
- Specialty Visits: \$10 - \$55
- Counseling & Prescriptions: \$0
- Xrays Ultrasounds, & EKGs: \$0

How does a patient get started?

Call **251.445.0038** or email **nps@victoryhealth.org** and make an appointment with our New Patient Coordinator.



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