



Fall 2019

West Mont Times

Editor: Arlene Flynn

Farm & Gardens Completes Home Renovations

West Mont is excited to announce that after many years of planning and fundraising our **Farm & Gardens group home** remodel is finally finished. Renovations and updating were done throughout the facility. In fact, almost nothing was untouched. It looks and feels brand new. Our clients have moved back and are loving their 'new' home.



Renovations included adding on an 8th bedroom, extending the living room and family/exercise rooms, remodeling the kitchen, pantry, office, and break/craft room, relocating the laundry room and adding a med room. New items include: a roof, furnace, covered deck, carport, flooring, fire alarm, and insulation. All doors were widened to be ADA accessible and a new ADA ramp added. Mechanical, plumbing, and electrical updates

were done plus new paint inside and out. To personalize their own space, each client picked out paint color for an accent wall in their bedroom.

To celebrate the completion of the home, we held an Open House/ribbon cutting on October 22, (thank you Helena Chamber of Commerce!). This project has been years in the making. Because of the support of so many, it became a reality. More *Farm photos on page 5.*



Christmas Wish List From Our Clients

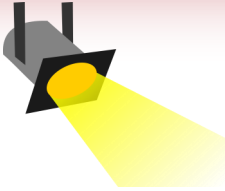
It's hard to believe that this is our last newsletter of the year. What happened to 2019? Before we know it, the holidays will soon be here. Once again, we have a **Christmas Wish List Tree** set up at our main office. The tree ornaments are items that our clients are wishing for. Stop by: **2708 Bozeman Ave. Helena, Monday - Friday, 8:00 AM - 4:30 PM** and pick one out. If you can't stop by, the following items are always popular and/or needed :

Coffee Shop Gift Cards
McDonald's Gift Cards
Burger King Gift Cards
Dairy Queen Gift Cards
Subway Gift Cards
Movie Theater passes

Puzzles – large piece
DVD Movies
Cetaphil Lotion
Cetaphil Body Wash
Haircut Gift Cards
Music CD's

Scrapbook Supplies
Great No. Carousel Passes
Arts & Crafts Supplies
Coloring Supplies
Washable Paint
Unscented Deodorant
Men's T-shirts white & colored: sizes medium - XL
Women's colored T-shirts: sizes medium - XL
Unscented and Scented Body Wash
Men's & women's sweat pants: sizes medium - XL
Men's & women's sweat shirts: sizes medium - XL
Wal-Mart Gift Cards
Warm Hats & Gloves
Blank Cards
Paint Brushes
Denture Cleaner
Shaving Cream

Our residents have little disposable income. Any gift you can provide will be greatly appreciated. Please contact our main office 406-447-3100 if you have any questions. **Thank you for your support!**



West Mont In The Spotlight



Troy McClymont & Ed Hastings

In September, West Mont hosted an **Employee Appreciation Barbecue**. Why? Because we *really appreciate* our employees! Our cooks, Human Resources Director, **Troy McClymont** and Operations Director, **Ed Hastings** kept the delicious hotdogs and hamburgers coming. Our main office personnel made a variety of delicious side dishes that rounded out the meal.

In addition to food, employees could Spin-a-Wheel for a prize which included West Mont travel mugs, t-shirts and phone wallets. **Brittany Calkins** one of our employees from our Humbolt Apartments was the first spinner. A drawing was also held for a donated smoker and **Kendra Palmer**, assistant program manager at our Tara group home was the winner. We hear she and her husband are getting a lot of good use out of it. Congratulations Kendra!



Kendra Palmer



Brittany Calkins

Thank you again to all of our incredible employees. Your compassion, dedication, and enthusiasm make a positive difference everyday in the lives of the amazing people we serve.



WESTMONT Flower Happenings FLOWER & TRADING CO.

The flower shop is heading into a busy and fun season for the staff and clients. We just wrapped up the wedding season which once again was filled with beautiful brides and bouquets. Next summer's wedding schedule is already starting to fill up so if you know anyone looking for wedding flowers please have them get a hold of us soon.



Robin Farrell

Our **8th annual Winterfest event is planned for December 7th**, and will be a fun filled day for all. We hope to see you there. As we turn the corner on the Holidays we head straight in to Valentine's Day and Mother's Day. Then it all begins again with the beautiful blooms of spring...ah that sound so good with winter upon us!

We recently started working with our newest Capital High School special education students (**Liberty** and **Stephanie**). They are in our mentorship program and we are delighted to have them for a few hours a week. We are so proud of this partnership with our friends at **Capital High School**.

We are always looking for and extremely grateful for donations of vases, buckets (for cooler flower storage) and wool sweaters (for making mittens). Be sure to check our Facebook page for information on our design classes we will be holding in the upcoming months.



West Mont Special Olympics Athletes...GO DRAGONS!!!

The West Mont Dragons recently attended the Special Olympics State Basketball Games in Butte and brought home medals and ribbons to show for their efforts. Our clients would not be able to participate in these types of activities without the support of many people. We are grateful to the **Carroll College Women's Basketball Team** and **Coach Rachelle Sayers** who once again shared their time and expertise to help train our athletes. **Carroll College** also generously donated the use of their gym for our practices.



Troy Shockley

Coaches are an integral part of any sport and being a *volunteer* coach takes a special person. Once again, **Troy Shockley** volunteered his time to help coach our basketball team. His sister has been a Special Olympics athlete for many years. While growing up in Billings he would help out at some of the events. Troy says that Special Olympics gives athletes a chance to be in the spotlight. He likes to see the genuine joy they experience participating in sports. He also thinks it's "really neat to see the them rise to the occasion."

Troy enjoys coaching, and says, "I don't know who wouldn't *want* to be involved" with Special Olympics. Troy works at **Montana Radio Co.** He says that they really care about the community and that it's a special place to work. Montana Radio generously gave him the time off to attend the state games so he didn't have to use his vacation time.



Kathleen Callahan

Kathleen Callahan has been an assistant basketball coach for 4-years. She says that she likes being part of the team and helping athletes get better. She began assistant coaching at Helena High School under Coaches Lockett and Kearney and they became her mentors. Kathleen enjoyed helping it so much that she decided to carry that passion over to Special Olympics.

Troy and Kathleen are two of the many folks that helped out this year. We also want to thank **Janelle Popp, Gail Blair, Arlene Flynn, Stormy Streets, Courtney Gates, Brad Popp, and Brian Williams**, for their help with coaching. We also couldn't do it without our awesome staff who always find a way to get our athletes to practice and events on time.



Become a Dragons Supporter



Did you know? In order for our athletes to participate in Special Olympics, purchase new uniform, or equipment, etc. we must raise the money? The West Mont Dragons are currently raising funds to purchase new uniforms. We are selling "I Support the West Mont Dragons" t-shirts for \$15.00. For each one sold, we raise \$7.50. We are also selling Special Olympics Raffle Tickets for \$5.00 each. Not only do you have the chance to win a great prize, the Dragons receive \$4.00 back from each ticket sold. These funds can be used for entry fees, equipment, etc. If you would like to purchase a shirt or raffle ticket to support our team, please contact **Janelle at 406-447-3111 or Arlene at 406-447-3109.**



A Message from the President West Mont is Called to Love and Serve

We are called to love and serve.

That short phrase gives the reason West Mont exists; it is our purpose statement.



Ashleigh Heimbach

I have served at West Mont for more than 7.5 years. In that time, I've watched the organization become better and better at providing personalized services for people. We offer programs that support people who want to live independently, people who live in apartment home settings, people who prefer group settings, or even wish to stay in their family home. We offer support services to adults and aging seniors, all of whom have diverse needs.

The thread that connects them all is our call to serve others. That's what we're good at. What has kept me here for 7.5 years is not just our mission to serve, but our mission to serve others with love.

To love means we value and respect the people we serve. It means we're willing to put their needs first. Examples of this are abundant at West Mont. Direct Support Staff are at the heart of our mission. When you watch a DSS in action, you see them asking, not telling. You see them walking with, not directing. You see them hide in the background so the person they support can be front and center and shine.

That's love in action.

Both actions are important to West Mont. When we look back on our lives, we will no doubt remember events and experiences. But more than that, we'll remember the people who loved us, respected, encouraged and affirmed us, and helped make our lives better.

That is the core of why West Mont exists. As 2019 comes to an end, consider West Mont in your year-end giving and help us to continue to serve our clients with love.

Farm's Sugar Pumpkins Used In New Ale

West Mont Farm & Gardens had a fun collaboration this year partnering with **Lewis and Clark Brewery**. Our Farm grew sugar pumpkins which are being used to make a limited edition pumpkin ale... *just in time for the holidays!* Stop by the Brewery to enjoy this new addition.

At right: Farm clients & staff deliver sugar pumpkins to the brewery.



Thank You **ADA Van Donated**

A huge thank you to **Evan Smalley** for his recent donation of an ADA van. It was a much needed addition to our fleet and is already being put to good use at our Lewis & Clark location.

THANK YOU EVAN!

Farm photos continued from page 1



We had a great turnout for our Farm Open House/Ribbon Cutting



Everyone can now sit comfortably in the expanded living room



Greg Pace & Debbie Spranget



Ann McCauley, Becky Lawson & Robie Culver



All 4-bathrooms have been completely renovated & are now fully ADA accessible



David Peretto, Adam Senechal, Kevin McCutcheon & Colleen Sullivan



Dining room & kitchen remodeled



New covered deck is larger and provides better accessibility



Brian Williams, Jodi Colby, Troy McClymont, & Buck Hart



New ADA doors throughout including 2 automatic doors



Connie is loving her new home



New ADA ramp at north Entrance of home

Halloween Contest Winners

Clients and staff got into the **spirit** of Halloween which made it difficult to pick the winners for our annual holiday contest. Congratulations to all of our winners and thanks to everyone that participated.



**Our Best Site Winner:
Hillside & their Wizard of Oz
theme and cast of characters**

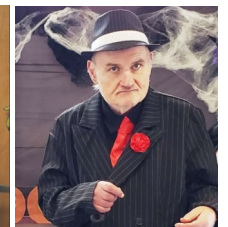


L-R: Best Costumes Clients: 1st Place-Mary Jon as “Chuckie,” 2nd Place-John as the Pope, 3rd-Place-Dan as a Hot Dog, 4th Place-Steven a Clown, & 5th-Place- Bob a magician



L-R: Best Employee Costumes: 1st Place (tie) Kimmy & Marcus/Fred & Wilma & saloon girl Taj, 2nd Place -Tabby as Spiderwoman, 3rd Place-Robin as a cavewoman, & 4th Place- Lisa & Brittany as paperboys

**L-R: Honorable Mentions:
Kim/Batgirl; Brad/the man in
black; Vickie/50’s bopper;
Dan/gangster:**



MCDD's Grant Creating Awareness



Taco Bell employee Adriana & Andrew Langemeier, general manager

In June, West Mont was awarded a **\$10,594.00** grant from the **Montana Council on Developmental Disabilities (MCDD)**. This grant enabled us put together a complete marketing plan that touched on all types of media to promote jobs for people with Intellectual/Developmental Disabilities.

Over the last several months you may have seen some of the commercials appear on TV, radio, social media, in print, etc. The spots feature businesses that employ individuals with disabilities. They talk about their positive experiences and encourage other businesses to hire those with disabilities as well. This campaign runs through the end of the year. The response from the community has been incredibly positive.



L-R: Jeremy Otteson, Geneva Woods Pharmacy general manager & employee Stephanie



L-R: West Mont Flower & Trading Co. employees Cheryce & Shani Henry

The photos throughout this article are of some of the businesses that were featured in the campaign. We want to thank them and our

clients for their cooperation with this project. We also want to thank MCDD once again for awarding us this generous grant.



L-R: Capital City Health Club employees Rudy & Alex Walden



L-R: 1889 Coffee House employee Kayla & co-owner Brett Wiensch on Montana Radio Co. KCAP Coffee Break with host Troy Shockley

Thank You Board Of Directors & Committee Members for your continued support of West Mont and your dedication. We appreciate all that you do for us.

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& West Mont personnel: Ashleigh Heimbach, Ginny Heinert, Jean Morgan, Arlene Flynn

West Mont Locations

Blaine Work Services:
406-447-3120
Caldwell House
Cedar Apartments
Farm Group Home
Farm Vocational:
406-227-7565
Flower & Trading Co.
406-447-3123

www.westmontflowers.org
Hillside Group Home
Humbolt Apartments
Lewis & Clark Duplex
Melodee House
Ron's Place

Supported Employment:
406-447-3111

Tara Group Home
Tara Apartments
Townsend Group Home
VASTT: 406-443-1554

For more information,
contact our Main Office:
406-447-3100 or email:
wmoffice@westmont.org

Follow us on 



*Creating Opportunities That Promote Respect
and Quality of Life for People with Disabilities*

West Mont
dignity • ability • choice

Main Office
2708 Bozeman Ave.
Helena, MT 59601

Non-Profit Org.
U.S. Postage PAID
Helena, MT 59601
Permit No. 226

8th Annual Winterfest
WESTMONT
FLOWER & TRADING CO.

Join us at **West Mont Flower & Trading Co.** for our **8th annual Winterfest Saturday, December 7.** We are at located at **3150 Mitchell Ave. Helena** and will be open **10:00 AM - 3:00 PM.**

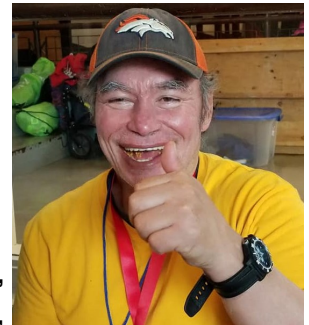
Shop for your holiday wreaths, floral arrangements, poinsettias, and check out our unique gifts for those special people on your list.



There will be light refreshments and....oh yes a very special visit from Santa who will be on hand from **11:00 AM - 2:00 PM.**

Ho! Ho! Hope to see you there.

**Help Us
Make
Difference**



Whether you give your time, your voice, goods, or money, your support of West Mont has a huge impact on what we can accomplish.

Although we are mostly government funded, in order for us to build new or renovate existing facilities, expand programs, offer extracurricular activities, etc. we must raise the funds.

As 2019 winds down, we hope that you will consider a **tax deductible donation** to West Mont. Your charitable gift helps us make a difference in the lives of so many in our community. **Thank you.**