



Water's Touch: Bath Babies

Bath Babies combines the powerful elements of nurturing touch and water. This unique class in little baby baths, provides Baby Swim and Baby Massage teachers with a new and a very special concept.

Making Early Water Experiences Special

you are here because...

You want to make a difference to your local community, nurturing and supporting your families. Making a difference to serve and support health and wellbeing and make early water experiences for both babies and parents special.

The world is changing so fast, it is hard to sometimes keep up. Parents NEED Bath Babies. Babies NEED Bath Babies.

Feel the transformation of calm and close connections.



Let's take you through how you can benefit from this brand new modality for the water.

Feel the difference

Babies love the way they can simply BE. Bath Babies is a safe space, to feel loved and held. Babies can come into their little baby baths when they are ready.

There is no rush.

We start with our warm welcome routine; each week has an intention and theme. We guide our parents with our Bath Babies mindful moves.

Parents feel the difference and see the difference, it's a time to connect, a time to feel in sensory harmony and flow.

Water's Touch

Water amplifies the senses and provides so many benefits to babies. Why Bath Babies is so unique, is unlike baby swimming, parents are dry, they 100% attention to learn together how to handle their baby in and out of the water.



What parents say:

"Bath Babies for me was, enjoying, calming and eye-opening. I learnt so much in class, like slowing down, it made an impact for bath times at home too."

Nina and Baby Dara



10 Elements of Bath Babies Classes

1. Connection
2. Parent Support
3. Mindfulness
4. Sharing Circles
5. Breath and Flow
6. Nurturing Touch
7. Community
8. Water
9. Sensory discovery play
10. Space to unfold

The Bath Babies online course guides you through these elements. But as this course is totally unique, just like you, you can create your own classes and flow.

At Aqua Sensory, we fully support you through your Bath Babies study journey, to become an approved Bath Babies practitioner. We are here not to tell you what to do, we are here to guide. Bath Babies course program is not a franchise or licence. Create the classes around your needs and your local community needs too.

This online course has everything you need to set you up for commercial success.

What teachers say:

"I really enjoyed the online learning experience. I have already seen a return on my investment already."

Kayleigh McDine



What is covered in the course?

Bath Babies has everything you need.

Introduction:

- **How to study Bath Babies**
- **Welcome video**
- **75 full colour study guide**

Module one

The theory

- The benefits & science of nurturing touch
- Historical case studies: when touch is missing
- The language of touch Permission, consent, respect
- Important Considerations
- Wonderful Water: benefits
- 2 masterclasses: The theory and science and Bath Babies communication and cues
- Resource bank of downloads

Module two

Successful Set Ups

- Successful Set Ups
- The class flow
- The little special details
- Holding safe spaces
- Bath Babies Ripple Effect
- 2 masterclasses and 2 interviews with experts in their fields
- Resource links



Module three

Holds and Moves

- Holds and Moves
- Lesson Planning
- The what ifs
- Masterclass of every practice
- 3 supporting class videos – Before the Bath, During the Bath and Post Bath
- Scheme of work
- Lesson plans
- What if's top tips
- Resource bank of downloads

Module four

Commercial success

- Successful Case Studies
- How to plan your business success
- A step-by-step guide and masterclasses
- Video testimonials and top tips from: Parents and other Practitioners
- Resource bank:
- Marketing & business support
- Logos and socials
- Parent resource guides
- Legal guide: insurance, risk assessments, check lists
- Case study forms/resource bank



Together we make a difference

We know you are already an amazing baby massage or baby swim teacher. Our world is changing, and you would like to support your families by building more value into your programs. Bath Babies is here to share.

Each week we provide updates on what we are up to in our lessons, we provide support if you are having any individual challenges. We help guide your programs, provide access to top up resources. Each month there are free additional master classes on our favourite topics. All designed to become a safe and supporting space, a group of like-minded professionals.

Along with all the materials you will enjoy parent marketing guides and images, so you can promote your classes using the principles of Bath Babies.

This is not simply another online course, but a whole NEW BUSINESS for you and a whole NEW CLASS format.

Included:

- ✓ Program theory, we combine two powerful elements: nurturing touch and water
- ✓ Ongoing mentoring and support.
- ✓ Connection and community through Aqua Sensory Professionals.
- ✓ Lesson plans, parent fact sheets, masterclasses, interviews with experts in their fields.
- ✓ Bonus bundle resources and marketing support.

As we create new resources or find new links, our 'bonus bundle' grows and grows.





Jo Wilson
FOUNDER OF AQUA SENSORY

Bath Babies is totally unique and transformational course, written by Jo Wilson, the Founder of Aqua Sensory. Jo is a proud to be an International tutor of the Swimming Teachers Association, a Developmental Play Practitioner and expert in baby sensory swimming.

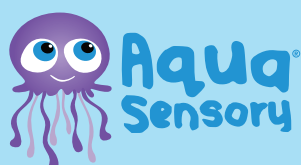
To bring sprinkles of science behind the how and why behind Bath Babies, Jo works with many experts in the field of touch and holistic therapies.

Aqua Sensory has now become a leading international sensory swim program, training over 1000 swim professionals world-wide. We are partners of the STA (Swimming Teachers Association) and ASSA (Australian Swim Schools Association).

Bath Babies is a fully insured course and approved by the IICT, International Institute of Complimentary Therapists.

The demand and need for Bath Babies is growing, join us on our revolution to make early water experiences special. You must be qualified in baby swimming or baby massage to become an approved Bath Babies Practitioner.

For more information and to set up a free discovery call send a social message to Jo through Aqua Sensory or email: info@aquasensory.com



Come and join us.
The Bath Babies Program is waiting for you.

Enrol now at
www.aquasensory.com

