



DESIGN FOR DEMENTIA



INCORPORATE NATURE

Changing lightbulbs to daylight and open up window coverings to allow the natural sunlight. Decorate with live plants to enhance mood, oxygenation and stimulate the senses. Create accessible outdoor spaces and for those that are bed-bound, position in front of a window.



LINE OF SIGHT

People living with dementia tend to look downward. Place signs and visual cues low to enhance independence. On the other hand, if there are items you prefer out of reach, place higher outside of visual field.



OPEN FLOOR PLANS

L-shaped spaces and open floor plans help keep eyes on. If the structure can not be changed, consider keeping doors closed to support better pathfinding. Installing rails within hallways can help navigate room to room. Simple labels can help identify personal belongings and rooms



SIMPLISTIC COLOR SCHEME

Avoid textures and patterns. Stick to simple colors that promote contrast. Patterned floors may cause fear of falling in a hole, whereas textured or patterned walls may contribute to paranoia. Consider mood stabilizing colors for living room and bedroom areas and stimulating colors for kitchen and dining.



SAFETY IN MIND

Camouflage exits with painted door knobs or murals. Place familiar warning signs to deter unwanted entry to certain areas within the home. Incorporate technology to minimize caregiver burden.

FUNCTIONAL, INTUITIVE & TIMELESS

Info@purposefullyhome.com