



## Introduction

Our speaker today was only 24 when he found himself lying in a hospital bed clinging to life, praying for a life-saving heart and double-lung transplant.

Three short years later, he became the only man in history to complete a marathon with someone else's heart and lungs. Then he did it three more times.

He has spoken to more than 175,000 people in more than 700 presentations. He is the author of two books. His latest book, titled "The Resilience Roadmap" will be available after the program today.

Mark doesn't just run marathons. He also runs errands for his wife.

He sometimes runs late.

He occasionally runs wild.

Mostly, he runs after his three young kids, Emma, Matteo and Caleb.

Please join me in welcoming Speaker, Author, and Coffee Addict....  
Mark Black!