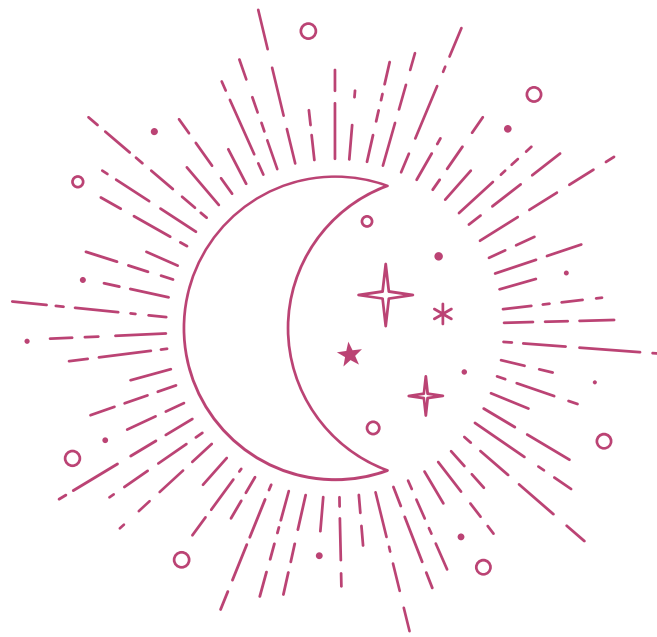


THE MYSTICAL MOVEMENT'S 2022

# MOON CYCLE

MANIFESTATION GUIDE



CREATED BY

*Natalie Tischler*

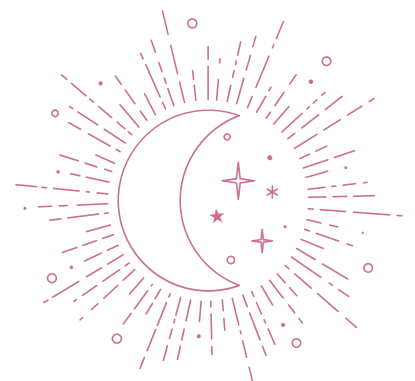
A SEASON BY SEASON GUIDE TO  
DANCING WITH THE MOON CYCLES



MEDITATE ON THE SELF AS BEING  
VAST AS THE SKY,  
A BODY OF ENERGY  
EXTENDING FOREVER IN ALL DIRECTIONS -  
ABOVE, BELOW, ALL AROUND.

IN THE EMBRACE OF INFINITE SPACE,  
AWAKEN TO YOUR TRUE FORM -  
DIVINE CREATIVE ENERGY  
REVEALING HERSELF AS YOU.

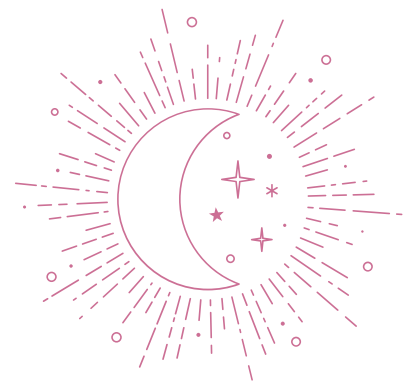
- THE RADIANCE SUTRAS





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- WELCOME LETTER
- INSTRUCTIONS
- THE DANCE OF SUN & MOON
- ON GOAL SETTING & MANIFESTATION
- SUGGESTIONS FOR MOON RITUALS
- DATES OF ALL THE 2022 MOON PHASES
- 2022 SUN & MOON TRANSITS FOR EACH SIGN:  
CAPRICORN THROUGH SAGITTARIUS





# *Welcome, Radiant One.*

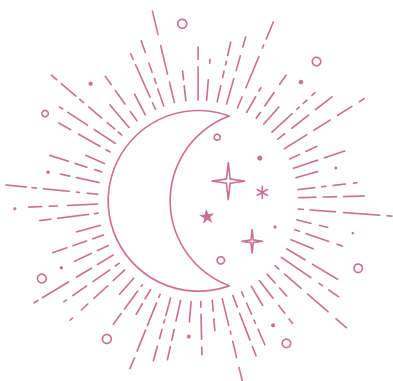
I've always felt so connected and in love with the moon, long before I knew anything about mysticism or astrology. Over the past few years I've created a system for using the moon cycles to create with flow, freedom, and alignment. I'm so excited to share this information with you.

Allow me to help you create a simple, rhythmic habit of introspection and alignment that empowers you to consciously take charge of creating your reality and bringing your ideas to life with joy and ease.

Manifestation happens because of the actions you take based on the stories you tell yourself and what you believe. Using this guide, be intentional about the stories you're telling yourself and honest with yourself about the actions and reactions you have - and you'll do GREAT.

Enjoy, you magical beauty.

*Natalie*





# *How to use this guide*

This guide consists of:

- A look into the astronomy of moon cycles and how the energetics at play affect you & can be used by you
- Insights into goal setting, manifestation, and making moon rituals
- The dates of the 2022 Moon Phases: A reference with all the dates of the new and full moons in 2022 & season by season look at the energetic themes and key dates with intention and reflection journaling prompts



This guide is a simplification of the moon phases and working with the energies of the cosmos. There are an infinite number of ways to join into the dance of sun and moon. The easiest use of this guide is as a way to reference and utilize the moon phases. But ultimately, this is a tool for *intentionally* using life's cycles to align with your own creative flow. Each season comes with information about the energy, the dates of the moon phases, and self-inquiry questions. There are limitless ways to use the information here, make it your own - play! You do not need to know your sign or anything about astrology to make use of this guide.



## INSTRUCTIONS

I believe rules are meant to be broken. That being said, here are rules for making great use of this guide. Repeat these to yourself as often as you like this year.

### Rule 1:

***BE GENTLE WITH YOURSELF &  
FOLLOW YOUR OWN FLOW***

### Rule 2:

***LET YOUR BODY BE YOUR GURU &  
ASK YOURSELF***

# THE DANCE OF SUN AND MOON

---

Take a moment and feel into your body, into the space you're in here and now. Once you're there, imagine a point down about 2,000 miles at the earth's core. From there, imagine a point out about 240,000 miles out in space that's on the moon. Once you've hit that, imagine a point out about **93 million** miles further that's on the sun.

Great. I hope this puts into perspective for you the scale of what we are talking about here with the earth, the moon, and the sun. Before we go into the metaphysical and astrological information, we are going to look at the physical and astronomical aspects of the moon phases.

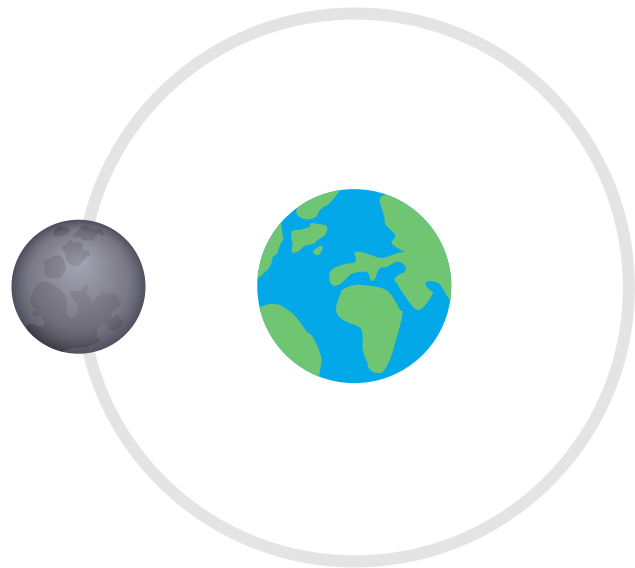
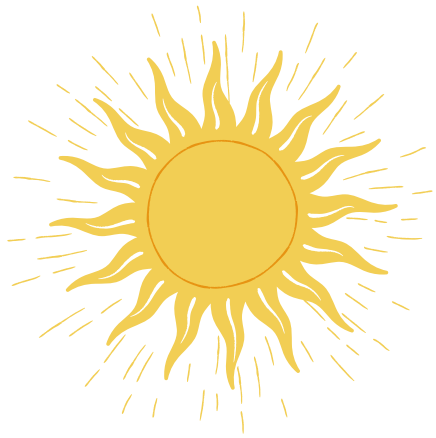
NASA defines the sun as: "The sun is a star, a hot ball of glowing gases at the heart of our solar system. Without the sun's intense energy and heat, there would be no life on Earth."

One cool thing about the sun is that it's a ball of plasma heated by the nuclear fusion reactions happening at it's core. That's how it shines. It radiates because nuclear fusion is matter turning into energy in the form of light that travels as waves.

The Moon is the only natural satellite of the Earth. Because the moon's surface reflects this energy (light) from the sun, it shines. But since the moon revolves around Earth, the illumination undergoes changes. The combination of us moving around the sun and the moon moving around us is how we get the cycles of the moon phases.

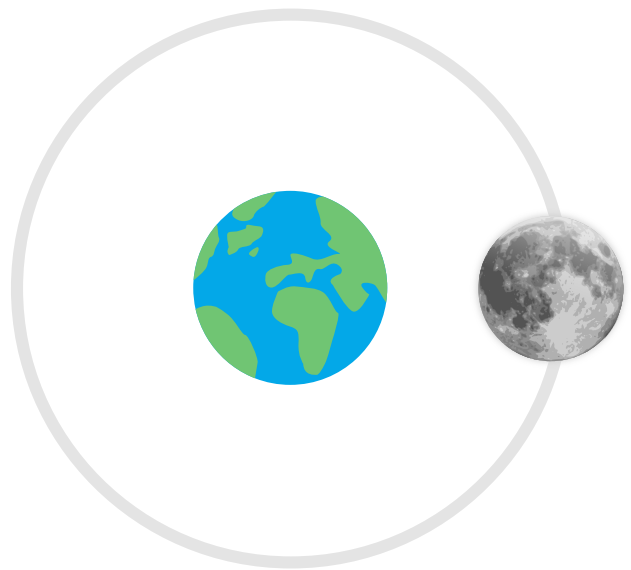
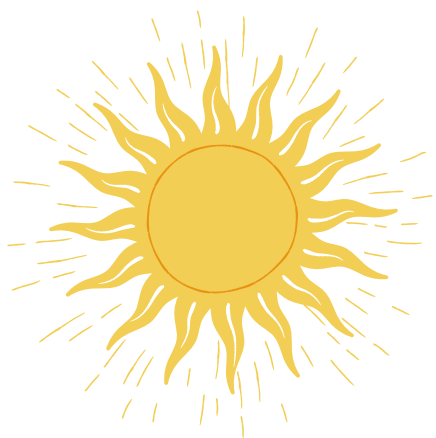
Ok. I'm *\*lit\** about showing you the diagrams I made on the next page that will help you visualize this further.

\*this is not even kind of to scale\*



## NEW MOONS

The new moon is when the moon is between us and the sun. The face of the moon that is receiving the sun's radiance is pointing *away from* us. That's why we can't see it, the moon's reflection is facing away from us.



## FULL MOONS

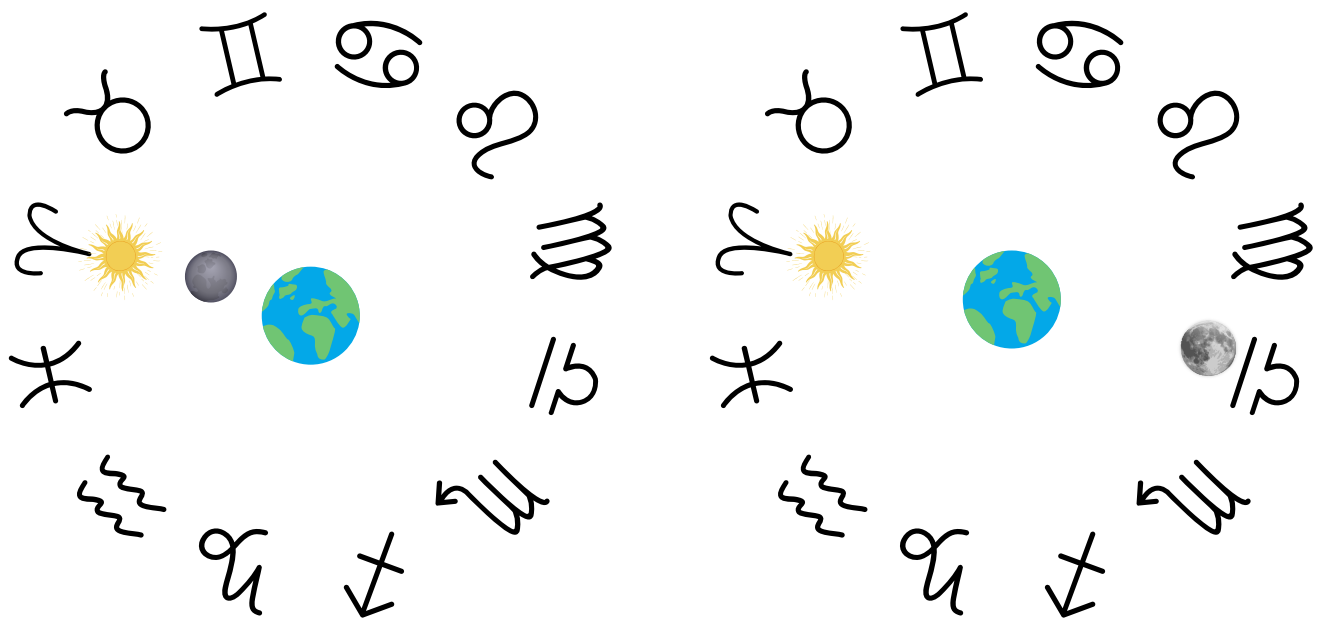
The full moon is when we are between the moon and the sun. The face of the moon that is receiving the sun's radiance is pointing *toward* us. That's why we can see it, the moon's reflection is facing us.

Thank you for enduring this science lesson. It was seriously so worth it because form equals function. We have to understand what these massive energy forms are physically doing to understand how they function metaphysically. Now let's get into some juicy mythical, metaphorical, and esoteric perspectives of these massive energy forms.

The basis of this study is in polarity: light & dark, push & pull, radiating & receiving, expansion & contraction, masculine & feminine. The sun represents the masculine, conscious, and radiating energies; the moon represents the feminine, unconscious and receiving energies.

This is why I talked about the radiation of the sun through nuclear fusion. When we think of aligning with the cycles of the moon, we are thinking of aligning with the radiating and receiving energies at play as the sun and moon dance through the wheel of life that is laid out in astrology.

In Western astrology, the NEW moon is always in the *same* zodiac sign as the sun, while the FULL moon is always in the *opposite* sign. Recognize in the left diagram below how the new moon setup (moon between us and sun) has both the sun and moon in the sign of Aries. In the right diagram of the full moon setup (us between moon and sun) the moon is in the opposite sign of Libra.



The planets generate the energy, and the sign they're in is the theme of the energy - it's how the energy is being expressed.

Every 29-30 days the moon goes through a cycle of death and rebirth. When the moon is not visible, it is completely 'dead', a new moon, and earth is only getting light energy from the sun. Then the moon is reborn and "creates" or forms as a crescent, which grows to a quarter moon before achieving it's fullest illumination.

The full moon is this full reflection of the energy that is coming from the sun, revealing to us what was unconscious within our conscious intention. This is where the conscious mind and subconscious meet. Then slowly the moon sheds it's light and lets go of the illusion to be reborn again.

You can think about it like a game of telephone: if the energy is only hitting us from the sun then it's like having only one person to send the message to; but if you are also getting the moon's reflection of the energy, then you're having to play with these mixed messages. That's why the moon is associated with dreams, illusion, and fantasy.

Here's the thing: everything you perceive is determined by the conscious and unconscious stories you're telling yourself about it. Understanding where the lifeforce generating energies are in the solar system helps you create the kind of stories you want to tell yourself. These stories will determine the actions you take which will determine what you manifest.

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***"I've manifested things through action. It's through having a belief that this is gonna happen. And by having that belief, I take the steps towards it happening."***

***- Tinashe***

# ON GOAL SETTING & MANIFESTATION

---

If you were looking for something that teaches you how to snap your fingers and have a Ferrari, you've come to the wrong place. If you're looking for a simply magical way to be intentional as you bring your dreams to reality, you've come to the right place.

Manifestation is not just about making a vision board. It's also about making the process for you who you become along the way to embodying that great version of yourself that's on the vision board - it's the vision and how you align with the vision.

Many people know manifestation and the law of attraction as: "Thoughts become things." However, our thoughts are not only the thoughts we are conscious of but also the thoughts we are unconscious of. Thoughts must be broken down into conscious thoughts and the unconscious stories looping behind the scenes. These stories become the actions you take. What you think about yourself, your self-worth and self-respect, has a huge influence on the actions you then take.

It's the visualization, the plan of action, and the follow through that matter. That's how the thoughts become things. Your stories instruct the actions you take and the plan you make for reaching your goal.

Often we make plans that have nothing to do with the reality of what the goal needs because we haven't done it yet, we have no way of knowing. Plans and systems are good when something is predictable. But life isn't predictable...however the moon cycles are.



*"Beware of looking for goals: look for a way of life.  
Decide how you want to live and then see what you can do to make a  
living within that way of life."  
- Hunter S. Thompson*

This section could be a whole book on it's own, but for the purposes of this guide, here's how to use the tools on the following pages throughout the year.

- **Pick your rhythm:** decide if you want to check in with the moon cycles each month on either the full moon or new moon or twice a month on both the full moon and new moon - you can also do every week because the quarter moons are the point of greatest imbalance, light and dark together at once, deeply creative spaces between intention and reflection
- **Write it out:** you can print the following pages or use a journal alongside the PDF
- **Work with mind, body, and soul:** incorporate meditation and movement when you are planning out your ritual
- **Set aside time in advance:** get these dates notated on whatever calendar you use - your ritual doesn't have to be the exact day of the full or new moon, but try for within a few days before or after
- **Sacred space:** be intentional and make the space sacred in whatever way resonates with you (ex: privacy, candles, incense, crystals, tarot cards)
- **Extras:** I personally love to clean my house and bathe as part of my rituals - I also put the dates on a whiteboard calendar each cycle as part of my new moon ritual and I put all the dates for the upcoming months in a paper calendar I have on my desk

A decorative header featuring a series of moon phases (new moon, waxing crescent, first quarter, waxing gibbous, full moon, waning gibbous, last quarter, waning crescent) arranged in a semi-circle at the top. Below the phases, the title "THE DATES OF THE 2022 MOON PHASES" is written in a large, bold, white serif font. The background is a dark, deep purple.

# THE DATES OF THE 2022 MOON PHASES

DATES BASED ON CENTRAL STANDARD TIME

## CAPRICORN SEASON THROUGH GEMINI SEASON

---

NEW MOON CAPRICORN	1/2
FULL MOON CANCER	1/17
NEW MOON AQUARIUS	2/1
FULL MOON LEO	2/16
NEW MOON PISCES	3/2
FULL MOON VIRGO	3/18
NEW MOON ARIES	4/1
FULL MOON LIBRA	4/16
NEW MOON TAURUS*	4/30
FULL MOON SCORPIO*	5/15
NEW MOON GEMINI	5/30
FULL MOON SAGITTARIUS	6/14

## CANCER SEASON THROUGH SAGITTARIUS SEASON

---

NEW MOON CANCER	6/28
FULL MOON CAPRICORN	7/13
NEW MOON LEO	7/28
FULL MOON AQUARIUS	8/11
NEW MOON VIRGO	8/27
FULL MOON PISCES	9/10
NEW MOON LIBRA	9/25
FULL MOON ARIES	10/9
NEW MOON SCORPIO*	10/25
FULL MOON TAURUS*	11/8
NEW MOON SAGITTARIUS	11/23
FULL MOON GEMINI	12/7
NEW MOON CAPRICORN	12/23

\*ECLIPSES



# CAPRICORN SEASON

---



Capricorn is an earth sign and an archetype of material success and attainment through hard work, discipline, and systems. Capricorn season is about order and structure and allowing for a solid foundation to be built to bring spirit to matter.

The symbolism of the goat is associated with Capricorn. Have you ever seen a goat climb? A goat can easily scale up a nearly vertical wall. That climb is what Capricorn season is associated with: achievement, structures (physical and metaphysical), discipline, responsibility, thoroughness, craft, practicality, ambition, and hard work.

The sun transits Capricorn:

**December 21st to January 20th**

The moon transits Capricorn:

**New Moon in Capricorn - 1/2/22**

The moon is opposite Capricorn:

**Full Moon in Cancer - 1/17/22**

New Moon Capricorn

1/2/22

Full Moon Cancer

1/17/22



**NEW MOON INTENTIONS**

CAPRICORN THEMES:  
Achievement - Craft - Structures

ELEMENT:  
Earth

*1. I have been...*

*2. I am...*

*3. I will...*

**FULL MOON REFLECTIONS**

CANCER THEMES:  
Emotionality - Healing - Nurturing

ELEMENT:  
Water

*1. I am resisting...*

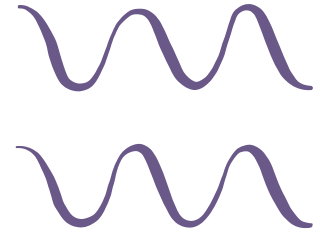
*2. I am welcoming...*

*3. I let go of...*



# AQUARIUS SEASON

---



Aquarius is an air sign and an archetype of progressive thought, the future of ideas, and humanitarian vision. Aquarius season is about radical thinking and beginning to implement that into actionable plans for a brighter tomorrow.

The symbolism of the water-bearer is associated with Aquarius. Have you ever noticed the way water flows when it's poured from a container? The water pours effortlessly from one vessel into another. That's what Aquarius season is associated with: ease, flow, merging, connection, social skills, networking abilities and humanitarianism.

The sun transits Aquarius:

**January 20th to February 18th**

The moon transits Aquarius:

**New Moon in Aquarius - 2/1/22**

The moon is opposite Aquarius:

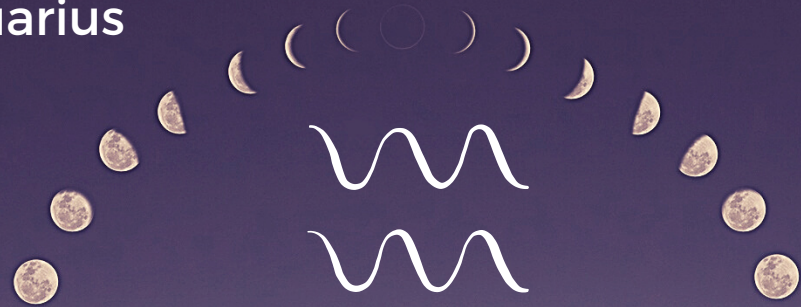
**Full Moon in Leo - 2/16/22**

New Moon Aquarius

2/1/22

Full Moon Leo

2/16/22



**NEW MOON INTENTIONS**

AQUARIUS THEMES:  
Futuristic Ideas - Invention - Genius

ELEMENT:  
Air

*1. I have been...*

*2. I am...*

*3. I will...*

**FULL MOON REFLECTIONS**

LEO THEMES:  
Self-Expression - Leadership - Courage

ELEMENT:  
Fire

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*

# PISCES SEASON

---



Pisces is a water sign and an archetype of fantasy, connection to the collective unconscious, and imagination. Pisces season is about merging the boundaries of the spiritual and physical, being with what is, compassion, love, and higher states of consciousness.

The symbolism of two fish swimming in opposite directions is associated with Pisces. Have you ever seen fish swim in a sea-based environment? The fish swim in synchronized movement flowing back and forth. That's what Pisces season is associated with: the flow of creativity, artistry and imagination, refinement of tastes, the collective unconscious, and the fluidity of the dream world.

The sun transits Pisces:

**February 18th to March 20th**

The moon transits Pisces:

**New Moon in Pisces - 3/2/22**

The moon is opposite Pisces:

**Full Moon in Virgo - 3/18/22**

New Moon Pisces

3/2/22



Full Moon Virgo

3/18/22

### NEW MOON INTENTIONS

PISCES THEMES:  
Fantasy - Divine Mysteries - Art

ELEMENT:  
Water

*1. I have been...*

*2. I am...*

*3. I will...*

### FULL MOON REFLECTIONS

VIRGO THEMES:  
Discernment - Expertise - Methodology

ELEMENT:  
Earth

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*

# ARIES SEASON

---



Aries is a fire sign and an archetype of excitement, passion, drive, and faith. Aries season is about being who you are and stepping into your power from a place of vision and faith.

The symbolism of the ram is associated with Aries. Consider the ram with its huge horns that they use as weapons to protect themselves and their territory against predators, to charge ahead fearlessly. That's what Aries season is associated with: getting in touch with your power, activating your potency, enthusiasm, courage and faith.

The sun transits Aries:

**March 20th to April 19th**

The moon transits Aries:

**New Moon in Aries - 4/1/22**

The moon is opposite Aries:

**Full Moon in Libra - 4/16/22**



New Moon Aries

4/1/22

Full Moon Libra

4/16/22



**NEW MOON INTENTIONS**

ARIES THEMES:

Passion - Willpower - Self-Determination

ELEMENT:

Fire

*1. I have been...*

*2. I am...*

*3. I will...*

**FULL MOON REFLECTIONS**

LIBRA THEMES:

Balance - Equality - Beauty

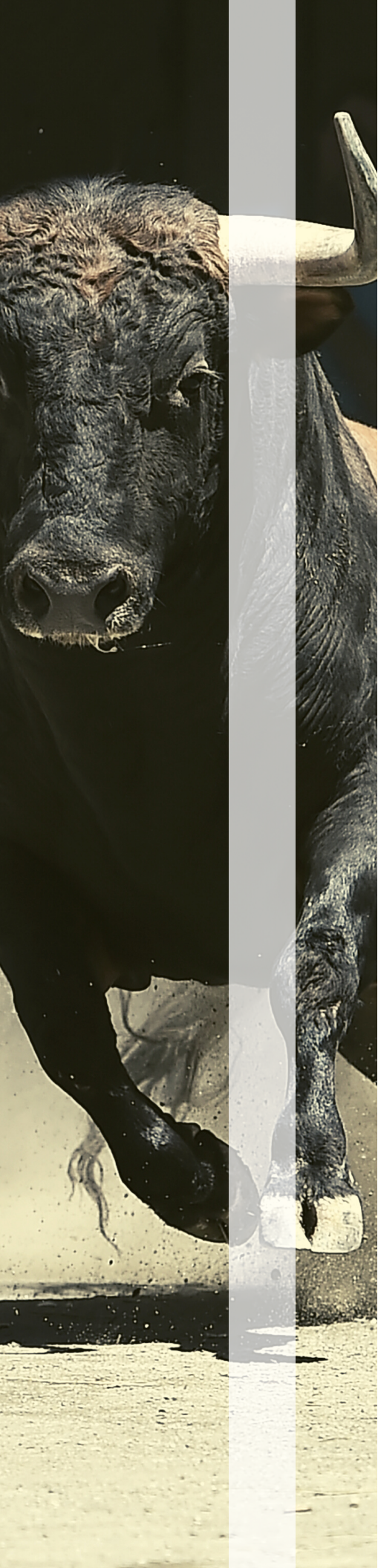
ELEMENT:

Air

*1. I am resisting...*

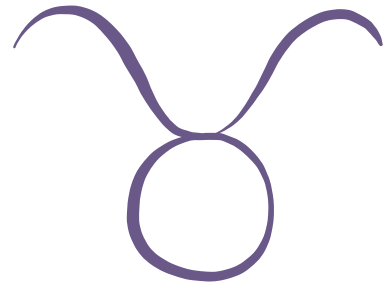
*2. I am welcoming...*

*3. I let go of...*



# TAURUS SEASON

---



Taurus is an earth sign and an archetype of embodiment, the material world around you, and sensuality. Taurus season is about feeling grounded in your body and the physical world around you, and having fun with it.

The symbolism of the bull is associated with Taurus. Think of how massive and solid a bull is, like no one can lift it off the ground. Consider the manner in which a bull charges ahead mightily and aggressively in its natural habitat. That's what Taurus season is associated with: grounding into your body and becoming more conscious of it's sensations and needs, the sensuality, and ability to bring things into material form.

The sun transits Taurus:

**April 19th to May 20th**

The moon transits Taurus: (SOLAR ECLIPSE)

**New Moon in Taurus - 4/30/22**

The moon is opposite Taurus: (LUNAR ECLIPSE)

**Full Moon in Scorpio - 5/15/22**

New Moon Taurus

4/30/22



Full Moon Scorpio

5/15/22

### NEW MOON INTENTIONS

TAURUS THEMES:  
Embodiment - Sensuality - Stability

ELEMENT:  
Earth

*1. I have been...*

*2. I am...*

*3. I will...*

### FULL MOON REFLECTIONS

SCORPIO THEMES:  
Transformation - Depths - Cycles

ELEMENT:  
Water

*1. I am resisting...*

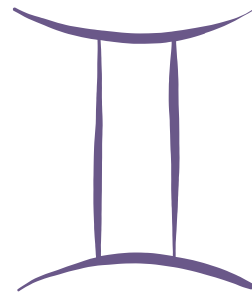
*2. I am welcoming...*

*3. I let go of...*



# GEMINI SEASON

---



Gemini is an air sign and an archetype of information, communication, messages, and the mental plane. Gemini season is about thinking more clearly, speaking your mind within healthy conversations, and making decisions from a place of logic and reason blended with emotion.

The symbolism of twins is associated with Gemini. Think of how linked twins are, or you when you look at yourself in the mirror. That's what Gemini season is associated with: engaging in healthy discourse and exchange of ideas, stimulation of new thoughts and mental acuity, mental connection, cleverness and wit, and the ability to communicate with ease and skillfulness via all media forms (i.e., telephone calls, social media, emailing, texting).

The sun transits Gemini:

**May 20th to June 20th**

The moon transits Gemini:

**New Moon in Gemini - 5/30/22**

The moon is opposite Gemini:

**Full Moon in Sagittarius - 6/14/22**

New Moon Gemini

5/30/22



Full Moon Sagittarius

6/14/22

**NEW MOON INTENTIONS**

GEMINI THEMES:  
Messages - Mindset - Wit

ELEMENT:  
Air

*1. I have been...*

*2. I am...*

*3. I will...*

**FULL MOON REFLECTIONS**

SAGITTARIUS THEMES:  
Expansion - Wisdom - Adventure

ELEMENT:  
Fire

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*

# CANCER SEASON



---

Cancer is a water sign and an archetype of mothering, nurturing, intuition, caring for the home, and emotional connection. Cancer season is about reflecting on the emotional quality of your relationships with others, whether it's your relationship with yourself or your relationship with another person - allowing yourself to be open to receiving love while still having protective boundaries in place.

The symbolism of the crab is associated with Cancer. Consider how the crab has this hard shell in order to protect the vulnerable contents inside. Crabs also move to their own natural rhythms: side to side as oppose to forward or backward. That's what Cancer season is associated with: softening and opening up your heart while also having strong boundaries, cultivating more receptivity and intuition, natural flow of emotions, nurturing yourself and others.

The sun transits Cancer:

**June 20th to July 22nd**

The moon transits Cancer:

**New Moon in Cancer - 6/28/22**

The moon is opposite Cancer:

**Full Moon in Capricorn- 7/13/22**



New Moon Cancer

6/28/22



Full Moon Capricorn

7/13/22

### NEW MOON INTENTIONS

CANCER THEMES:  
Emotionality - Healing - Nurturing

ELEMENT:  
Water

*1. I have been...*

*2. I am...*

*3. I will...*

### FULL MOON REFLECTIONS

CAPRICORN THEMES:  
Achievement - Craft - Structures

ELEMENT:  
Earth

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*

# LEO SEASON

---



Leo is a fire sign and an archetype of creative self-expression, leadership, courage, and uplifting others by shining your own unique light. Leo season is about embodying leadership qualities by bringing out the best in others while focusing on creating something new for yourself that serves you well.

The symbolism of lions are associated with Leo season. Consider how the lion's roar emits light - it elevates their entire environment because they consciously choose to use their voice. Their roar can be heard miles away. That's what Leo season is associated with: living boldly, being a fearless leader of your own life and also a cheerleader for others while patiently developing your unique talents into highly valuable skills.

The sun transits Leo:

**July 22nd to August 22nd**

The moon transits Leo:

**New Moon in Leo - 7/28/22**

The moon is opposite Leo:

**Full Moon in Aquarius - 8/11/22**



New Moon Leo

7/28/22



Full Moon Aquarius

8/11/22

### NEW MOON INTENTIONS

LEO THEMES:

Self-Expression - Leadership - Courage

ELEMENT:

Fire

*1. I have been...*

*2. I am...*

*3. I will...*

### FULL MOON REFLECTIONS

AQUARIUS THEMES:

Futuristic Ideas - Invention - Genius

ELEMENT:

Air

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*



# VIRGO SEASON

---



Virgo is an earth sign and archetype of work, service, mastery of a skill set through diligent practice over time, critical evaluation of the self and others in order to improve on things. Virgo season is about honing in on what's important to you by knowing yourself better so that you can live from your center with more ease and grace.

The symbolism of virgin priestesses are associated with Virgo season. Virgos see the world with critical and discerning eyes, and hold themselves and others to high standards. Virgos are incredibly hard workers who tend to always be moving forward toward their goals. They seek mastery of life skills so they can be most helpful to others. That's what Virgo season is associated with: deep self-love while becoming even more efficient at getting things done in order to help others.

The sun transits Virgo:

**August 22nd to September 22nd**

The moon transits Virgo:

**New Moon in Virgo - 8/27/22**

The moon is opposite Virgo:

**Full Moon in Pisces - 9/10/22**

New Moon Virgo

8/27/22



Full Moon Pisces

9/10/22

## NEW MOON INTENTIONS

VIRGO THEMES:

Discernment - Expertise - Methodology

ELEMENT:

Earth

*1. I have been...*

*2. I am...*

*3. I will...*

## FULL MOON REFLECTIONS

PISCES THEMES:

Fantasy - Divine Mysteries - Art

ELEMENT:

Water

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*



# LIBRA SEASON

---



Libra is an air sign and an archetype of balance, fairness, diplomacy, equality, and pleasing aesthetics. Libra season is about cultivating beauty and balance by seeking fairness in all things, developing greater cooperation with others, and striving to create harmony rather than discord.

The symbolism of scales are associated with Libra season. The scales symbolize the importance of balance, equilibrium, and justice, while remembering that balance is a dance and it constantly evolves. That's what Libra season is associated with: cultivating beauty by balancing hard work with play while also creating greater harmony between you and others.

The sun transits Libra:

**September 22nd to October 22nd**

The moon transits Libra:

**New Moon in Libra - 9/25/22**

The moon is opposite Libra:

**Full Moon in Aries - 10/9/22**

New Moon Libra

9/25/22



Full Moon Aries

10/9/22

### NEW MOON INTENTIONS

LIBRA THEMES:  
Balance - Equality - Beauty

ELEMENT:  
Air

*1. I have been...*

*2. I am...*

*3. I will...*

### FULL MOON REFLECTIONS

ARIES THEMES:  
Passion - Willpower - Self-Determination

ELEMENT:  
Fire

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*



# SCORPIO SEASON

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Scorpio is a water sign and an archetype of emotional depth, connection to otherworldly realms, transformation, and the cycles of death and rebirth in life. Scorpio season is about taking a deep dive into your subconscious mind to gain greater awareness of who you are and how you can change by clearing out what no longer serves you.

The symbolism of scorpions are associated with Scorpio season: like a scorpion, you might sting yourself when you're in your own way, but scorpions are immune to their own venom. You can work with this season to transform deep emotions into fuel for creative expression. That's what Scorpio season is associated with: greatly transforming your shadow self (the part of our psyche that contains repressed thoughts and feelings) by boldly exploring the unknown during the dark nights of the soul.

The sun transits Scorpio:

**October 22nd to November 21st**

The moon transits Scorpio: (SOLAR ECLIPSE)

**New Moon in Scorpio - 10/25/22**

The moon is opposite Scorpio: (LUNAR ECLIPSE)

**Full Moon in Taurus - 11/8/22**

New Moon Scorpio

10/25/22

Full Moon Taurus

11/8/22



**NEW MOON INTENTIONS**

SCORPIO THEMES:  
Transformation - Depths - Cycles

ELEMENT:  
Water

*1. I have been...*

*2. I am...*

*3. I will...*

**FULL MOON REFLECTIONS**

TAURUS THEMES:  
Embodiment - Sensuality - Stability

ELEMENT:  
Earth

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*



# SAGITTARIUS SEASON

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Sagittarius is a fire sign and an archetype of freedom, expansion, exploration, higher learning and wisdom. Sagittarius season is about taking a great leap forward in life by expanding your mind to new possibilities and seeking greater freedom from limiting ways of being.

The symbolism of centaurs are associated with Sagittarius season. Centaurs, these half horse and half man creatures, are wild and free, yet astute judges of character. They are known for their sharp intellects, archery skills, and reckless abandon on the battlefield. That's what Sagittarius season is associated with: expanding your mind to new possibilities, freedom from self-limiting beliefs and dogma, and being brave enough to explore the unknown.

The sun transits Sagittarius:

**November 21st to December 21st**

The moon transits Sagittarius:

**New Moon in Sagittarius - 11/23/22**

The moon is opposite Sagittarius:

**Full Moon in Gemini - 12/7/22**

New Moon Sagittarius

11/23/22

Full Moon Gemini

12/7/22



**NEW MOON INTENTIONS**

SAGITTARIUS THEMES:  
Expansion - Wisdom - Adventure

ELEMENT:  
Fire

*1. I have been...*

*2. I am...*

*3. I will...*

**FULL MOON REFLECTIONS**

GEMINI THEMES:  
Messages - Mindset - Wit

ELEMENT:  
Air

*1. I am resisting...*

*2. I am welcoming...*

*3. I let go of...*



# THANK YOU

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Learn more at  
[www.themysticalmovement.com](http://www.themysticalmovement.com)

Congratulations! You've completed a year of introspection and creative alignment. I hope you feel more connected to the magic of your intuition, the dance of the cosmos, and your manifestations.

My mission is to empower creativity and wellness through dance and storytelling. Thank you for joining me as we learn to dance to the rhythm of our souls.



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