

Resources on Grief

- [Praying Your Goodbyes](#) by Joyce Rupp
- [Good Grief: A Companion on Lost](#) by Granger E. Westberg
- [It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand](#) by Megan Divine
- [Gift of the Red Bird: The Story of a Divine Encounter](#) by Paula Darcy
- [Paula Darcy's Website](#)
- [To Hell and Back](#) by Maurice Rawlings
- [To Heaven and Back: A Doctor's Extraordinary Account of Her Death, Heaven, Angels, and Life Again: A True Story](#) by Mary C Neal, MD
- [Journeying Through Grief \(4-Book Set\) Paperback – January 1, 2004](#) by Kenneth C. Haugk
- [Beginning Experience, a Catholic Grief Support Group](#)
- [Center for Loss and Life Transition](#)—all the books are good here