

# Dare to Lead™ Workshop

"The world is desperate for brave leaders; leaders who are not silent about hard things, who ask the courageous questions, who are self-aware enough to lead from their hearts and not from fear." – Dr. Brené Brown –



## Who is this for?

### Do you aspire to embody daring leadership?

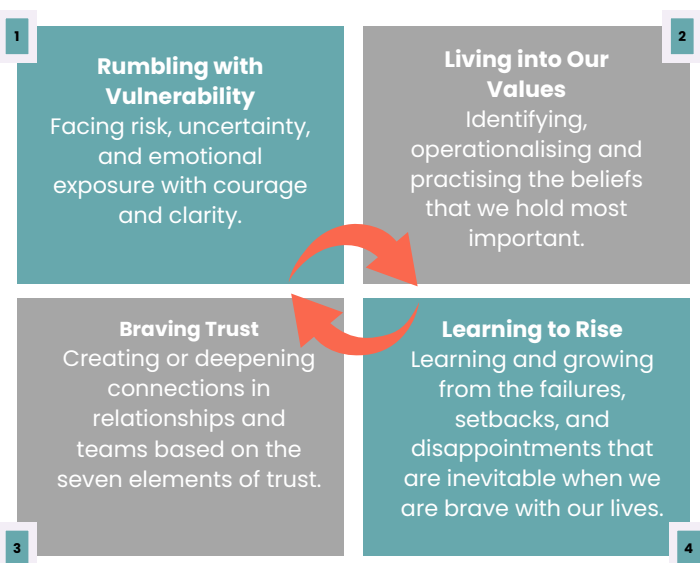
The **Dare to Lead™** training, grounded in Brené Brown's research, is your pathway to becoming a courageous leader. The Dare to Lead™ workshop is tailored for those keen to embrace daring leadership.

- New managers and supervisors who are crafting their leadership identity
- Seasoned executives who are willing to challenge themselves towards a different way of being
- Educators who want to create safer, unarmoured spaces to learn
- coaches, HR professionals; OD practitioners who support the critical work culture, leadership and team development; and, employees who lead their own lives.

### *There is something here for everyone.*

Join the more than 100,000 leaders from around the world and across all industries who have enhanced their leadership skills through the Dare to Lead™ program.

## Four main themes:



## What will we cover?

During this workshop you will learn the skills of **brave leadership**, allowing you to:

- Drive **high-functioning teams**
- Get comfortable with **discomfort**
- **Inspire** daring leadership and courageous conversations
- Build **trust** in teams and yourself to create high-engagement
- Create **self-awareness** and a common language to **re-humanise** workplace culture
- Cultivate a **feedback culture**

For your **personal growth** you will:

- Gain greater **self-confidence**, courage and tenacity
- Feel braver and more assertive
- Learn to **align decision making with core values** for longer term fulfilment
- Get greater **clarity on purpose** and what is truly meaningful
- Take bold, immediate steps towards **personal and professional goals**
- Have greater self-awareness of what **holds you back and moves you forward**
- Learn the tools to have **courageous conversations** and the motivation to have them
- Identify **which opinions really matter** and which are coming for the 'cheap seats'
- Practice being **kinder to others and yourself** without compromising standards
- Feel able to **ask for what you need or want**, with less fear around hearing 'no'
- Build greater **resilience when faced with challenges** and strategies to help overcome these
- Build an **authentic network and connect** with a supportive group of brave individuals

# dare to lead™

Based on the research of Brené Brown

## Delegate Feedback

"I am overdue in thanking you for the profound experience of taking part in your Dare to Lead™ programme. Brené is a force for good governance. She has been outstanding in her clarification of the essence of this – with all the complexities that need to be addressed. She is strong, pure and good. I am using the skills and reaping the rewards on a daily basis. Your facilitation of this learning was outstanding. Thanks a million times."

"I can't believe how much this workshop keeps recurring in my thoughts and actions and how often I have gone back to revisit the material".

"Thank you for an amazing journey. It was life changing. I feel so privileged to have been on this journey with such amazing people"

"Thank you to everyone on the course, this experience delivered far more than I was expecting"

## Lead Facilitator



### Caryn Conidaris

Bravehearted Catalyst | Certified Dare to Lead™ Facilitator Psychological Safety Specialist | Executive Coach | Leader at The Human Resource Practice

Caryn is the Leader at The Human Resource practice with a mission to rehumanise organisations and create courageous cultures at their chosen clients, through mind-set and behaviour change, Dare to Lead™ interventions based on the work of Brené Brown's research and books, coaching, people and leadership development, and consulting solutions.

She is both a Certified Dare to Lead™ facilitator based on the research and work of Dr Brené Brown, as well as a certified coach in the work of Dr Tim Clark's Four stages of Psychological Safety. She also coaches in the work of Shirzad Chamine's (a New York Times bestseller and Stanford lecturer) Positive Intelligence. She also has completed her certification as a Certified Reinvention Practitioner.

Caryn obtained her Master's in Business Executive Coaching (2016) and a Postgraduate diploma in Management (1992) from Wits Business school, and graduated initially from Wits with a BA in Psychology and Law (1994).

SELF-AWARENESS AND  
SELF-LOVE MATTER.

Who we  
are is  
how we  
lead.



## Programme Facilitation Options

- ▶ In-House: For groups of 10 or more per workshop
- ▶ Public Sessions: As per schedule
- ▶ In person: 3 days – consecutive
- ▶ Virtual: 6 half days – approximately 2 weeks apart per session

## Investment

### Public Courses:

Please refer to the attached Public Course Schedule.

### In-House Courses Investment:

A proposal and quotation will follow after assessing your specific needs

### Included in this workshop:

- ▶ Dare to Lead™ Workbook
- ▶ Certified Dare to Lead™ Facilitator
- ▶ Dare to Lead™ Trained Certificate
- ▶ Dare to Lead™ Trained LinkedIn Badge

## Contact Us | Follow Us

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## 2024 Public Course Dates:

**Cape  
Town**

In Person: 3 days consecutive  
22, 23, 24 May 2024 (09h00 - 17h00)

**Kwa-Zulu Natal**

In Person: 3 days consecutive  
30, 31 July & 01 August 2024 (08h00 - 17h00)

**Gauteng**

In Person: 3 days consecutive  
06,07,08 October 2024 (08h00 - 17h00)

**Gauteng  
(for Educators)**

In Person: 3 days consecutive  
15,16,17 July 2024 (08h00 - 17h00)

**Virtual  
(on-line)**

Virtual: 10 & 24 June, 01 & 08 July, and 19 & 26  
August 2024 (08h00 - 13h00)

## Investment

### Public Course Investment per person:

R 10,500 (plus VAT = total R 12,075).

### Incentive for Group Bookings:

Group discount (pay for 4 people and a 5th person is half price).

### Special rates:

Schools, NGO's or NPO's.

Individuals – part scholarships on merit.

➤ For special rates please apply at [support@boundlesswisdom.com](mailto:support@boundlesswisdom.com) for consideration

## Registration Process

➤ Please submit the Registration Forms to [support@boundlesswisdom.com](mailto:support@boundlesswisdom.com)



In Association with Caryn Conidar and The Human Resource Practice