

EYVA

EMBRACEYOURAMBITION

Marcus Black & Ashlee Fay Branstetter

THE KEY TO INTENTIONAL LIVING



1. Balance is a myth.

"There is no such things as work- life balance. Everything worth fight for unbalances your life."- Alain De Botton

2. Find your rhythms & flow state.

- Rhythm is defined as a strong, regular, repeated pattern of movement or sound.
- Flow is defined as: to move along or out steadily & continuously in a cureent or stream

3 WAYS TO CREATE RHYTHM & FLOW

1. Communication is KEY

2. Be 100% Present Where You Are!

3. Stay Focused & Connected to your what & why

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EMBRACE YOUR AMBITION

Denver Colorado

EXPERIENCE HOSTED BY

ASHLEE FAY & MARCUS BLACK

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It's time to Embrace Your God-Given Ambition...

Because You Can!