

# Therapeutic Massage

**Consultation - \$0** 30 Minute consultation to address needs in order to better schedule an appointment for massage, body waxing, or bodywork services.

- Our primary specialties include, but are not limited to:
- Deep Tissue Massage
- Relaxation Massage
- Swedish Massage
- Sports Massage
- Assisted Stretching
- Myofascial Release
- Cupping
- Hot Stones

Whether you are working through chronic pain, anxiety/depression, injuries, or just want to relax - we are happy to work with you and develop the right treatment plan.

*\*\*Please be advised, at this time we are unable to accommodate services for:*

- Prenatal Massage
- Geriatric Massage (80+ years old)
- Pediatric Massage (17 years and younger)
- Oncology Massage (Active in treatment)
- Manual Lymphatic Drainage Massage

**30 Minute Massage - \$50** If you are seeking massage for a targeted area, this is the massage for you! This service is designed for those that do not prefer a long session, or are looking for more frequent maintenance massages. This massage service allows for 30 minutes of hands on time. When booking, please keep in mind an additional 5-10 minutes may be needed for pre-service intake and post-massage instruction.

**60 Minute Massage - \$80** This massage service allows for 60 minutes of hands on time. When booking, please keep in mind an additional 5-10 minutes may be needed for pre-service intake and post-massage instruction.

**90 Minute Massage - \$120** This massage service allows for 90 minutes of hands on time. When booking, please keep in mind an additional 5-10 minutes may be needed for pre-service intake and post-massage instruction.

**120 Minute Massage - \$200** This massage service allows for 120 minutes of hands on time. When booking, please keep in mind an additional 5-10 minutes may be needed for pre-service intake and post-massage instruction.

Skintalk LLC

*\*\*\*Deep tissue clients: please be advised deep tissue work will not be able to be provided the entire session. There will be a combination of techniques and we will do our best to meet your needs.*

## Therapeutic Massage Enhancements:

All massages include use of essential oils of your choice, and hot towels, free of charge.

Additional enhancements include:

- Cupping - \$15
- Hot Stones - \$20