



Tina M. Gottlieb Chiropractic

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www.DrTinaChiropractic.com

WELCOME! Thank you for your interest in upper cervical chiropractic care.

INITIAL EVALUATION

During today's exam, Dr. Gottlieb may perform two diagnostic tests to examine your spine: state-of-the-art paraspinal digital infrared imaging (PDII) and laser-aligned radiography (x-rays).

- PDII is a non-invasive, painless, computerized, thermographic (heat-measuring) scan used to detect irritation to the central nervous system (brain and spinal cord). The test is performed by moving a sensitive scanning device along the sides of the spine.
- Precision, laser-aligned x-rays will be taken if the exam determines they are necessary.

An appointment will be scheduled to discuss a report of findings, which is Dr. Gottlieb's analysis of your x-rays, the results of the exam and your treatment plan. The initial adjustment is usually given during the same visit as the report of findings.

If your x-rays need further interpretation, they will be sent to a radiologist. **By initialing I give my authorization for my x-rays and any related health information to be released to a radiologist:**

CARE PLAN

After the initial adjustment has been performed, multiple check-up visits will be necessary to ensure your spine and health problems heal and stabilize as quickly as possible. These visits typically occur more frequently during the first month of care and taper off in subsequent months as healing occurs. However, the care plan is determined on a case by case basis and can vary due to several factors including the severity of the condition, the length of time the condition has been present, and the age of the patient. Please be advised that the care plan recommended by Dr. Gottlieb should be followed for best results.

FEES AND INSURANCE INFORMATION

Dr. Gottlieb will electronically send a bill to your insurance carrier. You can expect your insurance company to reimburse you within 2-3 weeks. Fees are payable when services are rendered, and can be in the form of cash, check, Visa or Master Card unless other arrangements have been made in advance. Please be advised that insurance coverage for chiropractic treatment varies and your company may or may not cover chiropractic services, and could have limitations on the number of paid visits, as well as a deductible amount or exclusions. Dr. Gottlieb is not a participating provider with any insurance company except Medicare. If your carrier does not accept electronic claims, you will be provided with a receipt to submit. (Ask Dr. Gottlieb about the money-saving benefits of pre-paying for ten visits. Any unused visits will be refunded.)

OTHER HEALTH CARE PROVIDERS:

Dr. Gottlieb's care is consistent with other forms of health care. You should not discontinue any other health care and/or medications without consulting your other providers. Dr. Gottlieb encourages you to continue to consult with any such providers to coordinate your health recovery and maintenance.

CONSENT FOR CARE:

Individual results may vary depending upon several factors including your age, the severity of the condition and the length of time it has been present.

I understand the above information and give consent for the chiropractic evaluation and care to be performed by Dr. Gottlieb. I also understand that to achieve the best results, I should follow Dr. Gottlieb's treatment plan recommendations. (If the patient is a minor, please list the child's name and your relationship to the child you are giving consent for Dr. Gottlieb to examine and treat.)

Patient's/Guardian's Signature

Date

Patient's name and guardian's name/relationship to the patient



CONFIDENTIAL HEALTH INFORMATION

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Please allow our staff to photocopy your driver's license and insurance details.
All information you supply is confidential. We comply with all federal privacy standards.

Please print clearly.

Today's Date (MM/DD/YYYY)

Have you consulted a chiropractor before?

No Yes When?

Whom may we thank for referring you?

If so, whom?

Gender

Male Female

Your Last Name

Your Social Security Number

Your First Name

Your Middle Name (or Initial)

Birth Date (MM/DD/YYYY)

Marital Status

Single Married Divorced

Widowed Separated

Address

City

State/Province

ZIP/Postal Code

Home Phone

Spouse's Name

Email Address

Cell Phone

Child's Name and Age

Emergency Contact

Phone

Child's Name and Age

Your Occupation

Child's Name and Age

Your Employer

May we contact you at work?

Yes No

Address

City

State/Province

ZIP/Postal Code

Work Phone

Insurance Carrier

Policy Number

Primary Care Provider's Name

Insured's Last Name

Birth Date (MM/DD/YYYY)

Who carries this policy?

Self Spouse Parent

First Name

Middle Name (or Initial)

Insured's Employer

Address

City

State/Province

ZIP/Postal Code

Employer's Phone

CONFIDENTIAL HEALTH INFORMATION

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1. The symptom(s) that have prompted me to seek care today include: _____

Patient name _____

2. And are the result of (darken circle): An accident or injury
 Work Auto Other _____
 A worsening long-term problem
 An interest in: Wellness Other _____

3. Onset (When did you first notice your current symptoms?) _____

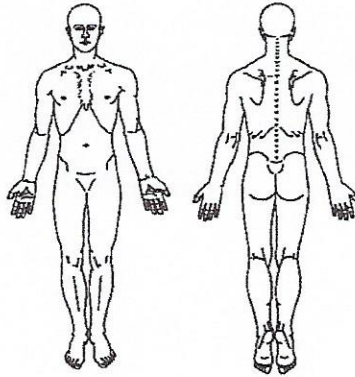
4. Intensity (How extreme are your current symptoms?)
0 10
Absent Uncomfortable Agonizing

5. Duration and Timing (When did it start and how often do you feel it?)
 Constant Comes and goes. How Often? _____

6. Quality of symptoms (What does it feel like?)

- Numbness
- Tingling
- Stiffness
- Dull
- Aching
- Cramps
- Nagging
- Sharp
- Burning
- Shooting
- Throbbing
- Stabbing
- Other _____

7. Location (Where does it hurt?)
Circle the area(s) on the illustration.
"0" for current condition
"X" for conditions experienced in the past



8. Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel.) _____

9. Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc.)

What tends to worsen the problem? _____

What tends to lessen the problem? _____

10. Prior interventions (What have you done to relieve the symptoms?)

- Prescription medication Surgery Ice
- Over-the-counter drugs Acupuncture Heat
- Homeopathic remedies Chiropractic Other _____
- Physical therapy Massage _____

11. What else should Dr. Gottlieb know about your current condition? _____

12. How does your current condition interfere with your:

Work or career: _____

Recreational activities: _____

Household responsibilities: _____

Personal relationships: _____

13. Review of Systems

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire body. Please darken the circle beside any condition that you've Had or currently Have and initial to the right.

a. Musculoskeletal

Had Have Osteoporosis Arthritis Scoliosis Neck pain Back problems Hip disorders NONE
 Knee injuries Foot/ankle pain Shoulder problems Elbow/wrist pain TMJ issues Poor posture Initials _____

b. Neurological

Had Have Anxiety Depression Headache Dizziness Pins and needles Numbness NONE
Initials _____

c. Cardiovascular

Had Have High blood pressure Low blood pressure High cholesterol Poor circulation Angina Excessive bruising NONE
Initials _____

d. Respiratory

Had Have Asthma Apnea Emphysema Hay fever Shortness of breath Pneumonia NONE
Initials _____

e. Digestive

Had Have Anorexia/bulimia Ulcer Food sensitivities Heartburn Constipation Diarrhea NONE
Initials _____

f. Sensory

Had Have Blurred vision Ringing in ears Hearing loss Chronic ear infection Loss of smell Loss of taste NONE
Initials _____

g. Integumentary

Had Have Skin cancer Psoriasis Eczema Acne Hair loss Rash NONE
Initials _____

Consultation Notes

Doctor's Initials _____

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(Continued from previous page)

h. Endocrine

- Had Have Thyroid issues Had Have Immune disorders Had Have Hypoglycemia Had Have Frequent infection Had Have Swollen glands Had Have Low energy NONE

i. Genitourinary

- Had Have Kidney stones Had Have Infertility Had Have Bedwetting Had Have Prostate issues Had Have Erectile dysfunction Had Have PMS symptoms NONE

j. Constitutional

- Had Have Fainting Had Have Low libido Had Have Poor appetite Had Have Fatigue Had Have Sudden weight gain/loss (circle one) Had Have Weakness NONE

Patient name _____

Initials _____

Initials _____

Initials _____

Initials _____

All other systems negative

Past Personal, Family and Social History

Please identify your past health history, including accidents, injuries, illnesses and treatments. Please complete each section fully.

PERSONAL	14. Illnesses Check the illnesses you have Had in the past or Have now.	15. Operations Surgical interventions, which may or may not have included hospitalization.	16. Treatments Check the ones you've received in the Past or are receiving Currently .
	Had <input type="radio"/> Have <input type="radio"/> AIDS Had <input type="radio"/> Have <input type="radio"/> Tuberculosis	<input type="radio"/> Appendix removal	Past Currently
	<input type="radio"/> <input type="radio"/> Alcoholism <input type="radio"/> <input type="radio"/> Typhoid fever	<input type="radio"/> Bypass surgery	<input type="radio"/> <input type="radio"/> Acupuncture
	<input type="radio"/> <input type="radio"/> Allergies <input type="radio"/> <input type="radio"/> Ulcer	<input type="radio"/> Cancer	<input type="radio"/> <input type="radio"/> Antibiotics
	<input type="radio"/> <input type="radio"/> Arteriosclerosis <input type="radio"/> <input type="radio"/> Other: _____	<input type="radio"/> Cosmetic surgery	<input type="radio"/> <input type="radio"/> Birth control pills
	<input type="radio"/> <input type="radio"/> Cancer	<input type="radio"/> Elective surgery: _____	<input type="radio"/> <input type="radio"/> Blood transfusions
	<input type="radio"/> <input type="radio"/> Chicken pox	<input type="radio"/> Eye surgery	<input type="radio"/> <input type="radio"/> Chemotherapy
	<input type="radio"/> <input type="radio"/> Diabetes	<input type="radio"/> Hysterectomy	<input type="radio"/> <input type="radio"/> Chiropractic care
	<input type="radio"/> <input type="radio"/> Epilepsy	<input type="radio"/> Pacemaker	<input type="radio"/> <input type="radio"/> Dialysis
	<input type="radio"/> <input type="radio"/> Glaucoma	<input type="radio"/> Spine _____	<input type="radio"/> <input type="radio"/> Herbs
	<input type="radio"/> <input type="radio"/> Goiter	<input type="radio"/> Tonsillectomy	<input type="radio"/> <input type="radio"/> Homeopathy
	<input type="radio"/> <input type="radio"/> Gout	<input type="radio"/> Vasectomy	<input type="radio"/> <input type="radio"/> Hormone replacement
	<input type="radio"/> <input type="radio"/> Heart disease	<input type="radio"/> Other: _____	<input type="radio"/> <input type="radio"/> Inhaler
	<input type="radio"/> <input type="radio"/> Hepatitis		<input type="radio"/> <input type="radio"/> Massage therapy
<input type="radio"/> <input type="radio"/> Malaria		<input type="radio"/> <input type="radio"/> Physical therapy	
<input type="radio"/> <input type="radio"/> Measles		<input type="radio"/> <input type="radio"/> Nutritional supplements:	
<input type="radio"/> <input type="radio"/> Multiple Sclerosis		List: _____	
<input type="radio"/> <input type="radio"/> Mumps		_____	
<input type="radio"/> <input type="radio"/> Polio		_____	
<input type="radio"/> <input type="radio"/> Rheumatic fever		_____	
<input type="radio"/> <input type="radio"/> Scarlet fever	17. Injuries Have you ever...	<input type="radio"/> <input type="radio"/> Medications (prescription and over-the-counter):	
<input type="radio"/> <input type="radio"/> Sexually transmitted disease	<input type="radio"/> Had a fractured or broken bone	_____	
<input type="radio"/> <input type="radio"/> Stroke	<input type="radio"/> Had a spine or nerve disorder	_____	
	<input type="radio"/> Been knocked unconscious	_____	
	<input type="radio"/> Been injured in an accident	_____	
	<input type="radio"/> Used a crutch or other support	_____	
	<input type="radio"/> Used neck or back bracing	_____	
	<input type="radio"/> Received a tattoo	_____	
	<input type="radio"/> Had a body piercing	_____	

Consultation Notes

18. Family History

Some health issues are hereditary. Tell Dr. Gottlieb about the health of your immediate family members.

	Relative	Age (If living)	State of health		Illnesses	Age at death	Cause of death	
			Good	Poor			Natural	Illness
FAMILY	Mother	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Father	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Sister 1	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Sister 2	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Brother 1	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
	Brother 2	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>

19. Are there any other hereditary health issues that you know about? _____

20. Social History

Tell Dr. Gottlieb about your health habits and stress levels.

SOCIAL	Alcohol use	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Prayer or meditation?	<input type="radio"/> Yes <input type="radio"/> No
	Coffee use	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Job pressure/stress?	<input type="radio"/> Yes <input type="radio"/> No
	Tobacco use	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Financial peace?	<input type="radio"/> Yes <input type="radio"/> No
	Exercising	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Vaccinated?	<input type="radio"/> Yes <input type="radio"/> No
	Pain relievers	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Mercury fillings?	<input type="radio"/> Yes <input type="radio"/> No
	Soft drinks	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____	Recreational drugs?	<input type="radio"/> Yes <input type="radio"/> No
	Water intake	<input type="radio"/> Daily <input type="radio"/> Weekly	How much? _____		
Hobbies:	_____				

Doctor's Initials _____

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Chiropractic

21. Activities of Daily Living

How does this condition currently interfere with your life and ability to function?

	No Effect	Mild Effect	Moderate Effect	Severe Effect
Sitting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rising out of chair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bending over	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climbing stairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting in/out of car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving a car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking over shoulder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	No Effect	Mild Effect	Moderate Effect	Severe Effect
Grocery shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Household chores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lifting objects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reaching overhead	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Showering or bathing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dressing myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Love life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting to sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Yard work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Patient name _____

Consultation Notes

22. What is the major stressor in your life? _____ 23. How much sleep do you average per night? _____ Hours

24. What is the type and approximate age of your mattress and pillow? _____ 25. What is your preferred sleeping position? _____

26. Describe your typical eating habits: Skip breakfast Two meals a day Three meals a day Snacking between meals

27. What would be the most significant thing that you could do to improve your health? _____

28. In addition to the main reason for your visit today, what additional health goals do you have? _____

Acknowledgements

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

Initials _____ I instruct the chiropractor to deliver the care that, in his or her professional judgement, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

Initials _____ I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

Initials _____ I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of last menstrual period (MM/DD/YYYY): _____

Initials _____ I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

Initials _____ I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

Initials _____ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.

If the patient is a minor child, print child's full name: _____

Doctor's Initials

Tina M. Gottlieb
Chiropractic

Signature _____

Date (MM/DD/YYYY) _____

Acknowledgement of Receipt of NPP

HIPAA

PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

You may refuse to sign this acknowledgement. In refusing we *may not be allowed* to process your insurance claims.

Date: _____

The undersigned acknowledges receipt of a copy of the currently effective Notice of Privacy Practices for this healthcare facility. A copy of this signed, dated document shall be as effective as the original.

Please **print** name of Patient

Please **sign** for Patient / Guardian of Patient

Legal Representative / Guardian

Relationship of Legal Representative / Guardian

Office Use Only

As Privacy Officer, I attempted to obtain the patient's (or representatives) signature on this Acknowledgement but did not because:

It was emergency treatment _____

I could not communicate with the patient _____

The patient refused to sign _____

The patient was unable to sign because _____

Other (please describe) _____

Signature of Privacy Officer
