



Rev. Michael Frady was ordained as a minister in the United Church of Christ in 2012 after a career in the foodservice industry. He has served as Associate Minister of the United Congregational Church of Little Compton (his home church); as Pastor of North Congregational Church in Fall River, and has spent the past eight years serving as the Senior Minister of First Congregational Church in Braintree, MA. As Associate Minister, Rev. Frady's major accomplishment was minimizing church conflict through facilitating communications, increasing the use of the church calendar (by adding it to the church website), and by encouraging open dialogue.

At North Congregational Church, he focused on reviving the Sunday School program and had children assist with communion, allowing "the least among us" the honor of helping serve at the Lord's Supper. At Braintree First Congregational Church, Rev. Frady guided the church through the process of right-sizing and adjusting the organizational structure. As pastor, he guided the church through the pandemic, emerging as one of the first churches in the Pilgrim Association to resume in-person worship. Rev. Frady directed the fundraising campaign for painting and repair of the church exterior, the sanctuary, and the narthex with a surplus balance. He also established a Welcoming Team, which is in the final stage of becoming an Open and Affirming Church.

Rev. Frady has served on the Committee of Ministry for Old Colony and Pilgrim Associations and currently serves on the Pilgrim Board of Directors. A graduate of Andover Newton Theological School, Pastor Michael (as he is known) holds a Master of Divinity Degree along with a certificate in Pastoral Care. He was particularly drawn to Mattapoisett Congregational Church because he senses the congregation to be a caring community of authentic, active disciples of Christ.

He is excited about meeting the members of the faith community and engaging in the Mattapoisett community. Hospitality and extravagant welcome come naturally to Pastor Michael, something he attributes to growing up in New Orleans as well as years working in the hospitality industry. While his mission experience is limited, he is looking forward to engaging in hands-on mission work with the congregation.

Pastor Michael's love for God and love for people are evident in his ministry. He has a passion for preaching and sharing ministry with the community he serves. Rev. Frady is intentional about honoring the past while courageously venturing into the future, in worship and in all aspects of church life. His favorite quote from scripture comes from 2 Timothy 1:7 – "For God did not give us a spirit of timidity, but of power, and love, and self-discipline." Rev. Frady is a deeply spiritual person who is committed to assisting others develop their own spirituality.

Pastor Michael and his wife, Joyce, met when he was stationed Newport, R.I. where he served as staff cook for the President of the Naval War College. They have been married 37 years and reside in Little Compton, R.I. where they raised their two daughters. Michael and Joyce enjoy gardening together and saltwater fishing out of Sakonnet Harbor in their boat *Dulcinea*. Michael also enjoys yoga, reading, walking, acrylic painting, and playing drums in a classic rock band.