

# Dream On Day Spa

Welcome to the Dream on Day Spa and. experience surrender to the blissful indulgence of our relaxing treatments.

We use the renowned Pure Fiji Products with their unique blend of Fijian plant extracts in all our spa treatments.\_

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## Body Rituals

### Tadra Massage - Full Body Massage

Tadra means dream in Fijian. Discover the time tested benefits of a relaxation massage with a combination of techniques from all over the world. Pure Fiji's unique blend of cold pressed coconut oil infused with tropical flowers, will rejuvenate, replenish, hydrate and nourish your skin

**1 hour- F\$155**

### Mana Massage - Full Body Massage

A therapeutic massage of deep issue and Hawaiian Lomi Lomi which is the one of the most profound forms of massage and is a unique healing massage derived from the ancient Polynesians stress and tension are relived, blood and lymph flow assisted and the elimination of wastes and toxins stimulated.

**1 hour- F\$195**

### Paradise for 2

Enjoy a dream treatment together. This sublime treatment begins with a relaxing 1 hour body massage, then you can create your own unique experience with a your choice of one of the following a body scrub, facial or foot reflexology, followed by your choice of deluxe manicure, deluxe pedicure or hair and scalp massage

**3 hours- F\$550**

### Dream on Journey

Pamper yourself completely. An entire beauty ritual for that special occasion or just because you are worth it. Massage plus full facial hydrating, exfoliating or firming

**2 hours- F\$385**

### Hot Stone Massage

A hot stone massage is a type of therapy that uses smooth, heated stones, usually made up of basalt to provide warmth and relax the muscles. During the treatment the therapist places the hot stone on specific points along your body, known as acupressure points to promote relaxation and relieves tension. Additionally, the therapist may also use the stones as on extensions of their hands, applying gentle pressure and gliding the stone along your muscles. This combination of heat and pressure helps to ease muscles stiffness, improve circulation and calm the mind.

**1 hour- F\$145**

### Reflexology Foot Massage

Reflexology massage is a deeply relaxing and therapeutic treatment for those suffering from plantar fasciitis, ankle injuries or even everyday work and play. Your massage therapist will apply traditional Swedish and sports massage techniques to the foot, calf and upper leg. This will also decrease stress and anxiety in the entire body

**30 mins – F\$55**

**1 hour- F\$145**

### Couples Massage

**1 hour – F\$325 for 2 people**

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## Loloma Package

**20 mins Back Massage**

**20 mins back of the Leg with Hot stones**

**20 mins Mini Facial**

**For 1 hr - F\$175**

### Scrubs

## Sugar Glow & Coconut

### Body Scrub

Restore your skin to a healthy flow with this unique exfoliating and hydrating treatment using coconut and natural sugar cane to give you one of the most luxurious and efficient ways to hydrate and moisturize and exfoliate your skin

**1 hour- F\$160**

## Coconut Crush Scrub

Cleanse, polish and protect your skin. Crushes coconut shells combined with pineapple enzymes gently buff away dull skin cells and unclog pores rejuvenating your skin followed by an application of hydrating body lotion

**1 hour- F\$145**

### Sun Soother

## Dilo after- Sun Soother

Rapidly hydrate and soothe sun damaged or dehydrated skin while naturally and gently introducing a bevy of nutrients to stimulate the healing process, Treatment also includes a hair therapy massage to restore damaged tresses.

**1 hour- F\$175**

## Detox Wrap

## Herbal Fusion Detox Wrap

Lighten the load of stress and environmental factors while boosting circulation, stimulating metabolism and ridding the body of harmful toxins. Your entire body will be gently massaged with a warm Fijian herbal balm to begin the detox process. Next, impurities and dead skin cells are lifted gently from the skin while stimulating circulation with an exfoliation rich in antioxidants and nurturing essential fatty acids and a ginger root masque which is then followed by an option of either a mini marma facial or Fijian scalp treatment

**90 mins- F\$180**

### Facials

## Vitamin C Brightening Facial

Brighten lacklustre complexions, even skin tone and smooth texture from the first cleanse to the final hydration with the potent. of Vitamin C. Treatment begins with a deep pore cleanse with our Vitamin C foaming cleanser.

A gentle exfoliating scrub is applied to remove dull, dead skin cells followed by complete rehydration and nourishment with a Luxury Face oil massage followed by an application of your potent Vitamin C masque.

While the masque is left to work its magic, you will have a relaxing hand and a arm massage. Masque is then removed, finishing products applied and you are left with re surfaced, smooth radiant and rejuvenated skin.

**1 hour- F\$195**

## Exfoliating Facial

Bring back the glow to tired, dull and life less complexions. A highly effective skin revitalizer that also works to even out skin tone. Fruit enzymes effortlessly remove the build-up of dead skin cells while powerful plant actives nourish and restore skin.

**1 hour - F\$165**

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**To make a spa treatment booking and for any CASH or CREDIT payment methods are to be made at the reception. Prices are quoted in Fiji Dollars – Inclusive of Govt Taxes**

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## Refresher Facial

A refreshing facial with power packed serum containing plant actives to restore radiant.

**30 mins- F\$85**

## Pedicures and Manicures

Hair & Scalp Massage 20 mins

**F\$45**

Leg & Foot Massage 20 mins

**F\$45**

Head & Neck, Shoulder 20

mins **F\$45**

Mini Manicure 40 mins

**F\$65**

Mini Pedicure 40 mins

**F\$75**

Deluxe Manicure 1 hour

**F\$95**

Deluxe Pedicure 1 hour

**F\$115**