



**DR. LINDA F. WILLIAMS**  
INSPIRATION | MOTIVATION | TRANSFORMATION

TRAUMA  
TRANSFORMATION  
CONSULTANT

Inspire, motivate, entertain, and engage with Dr. Williams' unique ability to draw your audience to the edge of their seats as she takes them on the ride of their lives. A transformative experience that goes far beyond closing comments.



## WHO AM I AND WHAT DO I KNOW ABOUT TRANSFORMATION?

Dr. Linda is a fellow survivor who is understanding, intuitive, and non-judgmental. That positions her to recognize when traumatic dissociation or dysregulation is the problem, as opposed to a lack of commitment to achieve your goals. Because she is trained in advanced clinical psychotherapy, she understands the psychology and cognitive dynamics that keep survivors from thriving after abuse and trauma.

### WHY HIRE DR. LINDA?

Motivational Speaker, Dr. Linda F. Williams, brings the "real" as she interacts with, rather than talking *at*, your audience. The power of her platform is authentic transparency. She embraces her own mistakes with engaging humor while providing real-world, actionable guidance that goes far beyond closing comments. Your audience will be transformed as they apply these tools to all areas of their lives. You do not want to miss this opportunity to take your team from inspiration to motivation to transformation.

### PERSONAL MESSAGE FROM DR. LINDA

Everything I ever accomplished occurred in the middle of chaos. Stuffing trauma from domestic violence, sexual assault, and divorce nearly destroyed my life and career. After decades of abusive and toxic relationships, stifled professional growth, and financial devastation, I was forced to face how I'd avoided addressing the dysfunction that ruled my life.

### MY MISSION

My mission is to take survivors of abuse and trauma from pain to purpose so that they take back their power, tap into the truth of who they are, and live their best lives now!

## TOPICS, SEMINARS PRESENTATIONS & WORKSHOPS

### THE SHOE FITS: CONQUER IMPOSTER SYNDROME AND LEAN INTO YOUR UNIQUE POWER

- Learn why some of our lives do not align with our dreams and wishes.
- Learn why some of us frustrated with the Law of Attraction or "Decree and Declare."
- Learn what to do to finally live the life, career, and relationship you deserve.

### DON'T BLAME THE JELLY: PUT AN END TO CYCLES OF TOXIC RELATIONSHIPS

- Learn why some of us wind up in repeated toxic relationships.
- Learn why wanting, wishing, praying, and waiting for better not enough.
- Learn how to avoid the *dark side* of SUBCONSCIOUS "expectations."
- Learn the Triple-A Method cutting off go-nowhere relationships and cut your losses before you put your heart into a relationship.

### FLIP THE SCRIPT ON A LESS THAN STELLAR CHILDHOOD

- Learn why some of our lives do not align with our dream and wishes.
- Learn how to turn frustrated into definitive action.
- Learn how to master your Secret Command Center to finally live the life, career, and relationship you deserve and desire?

### 5 STEPS FOR CONQUERING ROADBLOCKS TO YOUR EMOTIONAL POWER

- What are emotional roadblocks?
- Where and why do emotional roadblocks exist?
- 5-steps to blast through roadblocks
- How to avoid roadblocks before they stop progress
- How to develop an effective tribe to keep you on course



We are still talking about your session and Keynote. They were riveting. I am so excited about the transformation that will occur in the attendees' lives. It's certainly impacted my husband and me.

Dr. Leelo Bush, PhD | PCCA



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