

WORKSHEET LESSON # 22

Self-Commitment - Part 2

NAME

DATE

MODULE 2

THE POWER OF PURPOSE

What are some specific ways that you can cultivate an open mind and develop a sense of curiosity in your own life? How might these qualities help you achieve your goals and live a more fulfilled life?

Have you ever taken a risk to achieve a goal? How did it impact your life, and what did you learn from the experience?

Have you ever had a negative experience that you blamed on external circumstances? How could you approach a similar situation differently in the future?
