

# WORKSHEET LESSON # 31

*It's Do or Die*

NAME

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DATE

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**MODULE 4**

**LIVE YOUR DREAMS**

**What steps can you take to create a lifestyle based on self-commitment?**

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**What motivates you to pursue your dreams each day, and how can you cultivate and sustain this motivation?**

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**What obstacles are currently hindering your progress, and how can you overcome them?**

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