

# WORKSHEET LESSON #50

*How To Deal With An  
Embarrassing Moment*

NAME

\_\_\_\_\_

DATE

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**MODULE 8**

**SO YOU WANT TO SPEAK**

**What steps can you take to cultivate greater courage and resilience in the face of the challenges and obstacles that may arise in your speaking career?**

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**How do you practice gratitude and maintain a positive mindset on a daily basis?**

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**What specific techniques and practices can you employ to continuously improve and enhance your speaking skills?**

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