

WORKSHEET LESSON #6

It's you - Part 2

NAME

DATE

MODULE 1

CHOOSING YOUR FUTURE

What practical actions are you willing to take to get closer to your aspirations, and who or what resources can assist you on this journey to success?

What does holding yourself to the highest standard mean to you, and how can you start challenging yourself to aim higher?

How can you shift your mindset from focusing on the obstacles and challenges to focusing on the reasons why you can achieve your goals?
