

WORKSHEET LESSON #74

Empowering Ourselves

NAME

DATE

MODULE 11

THE COURAGE TO LIVE YOUR DREAMS

- What specific things do you want to have in your life, and how can you work towards acquiring them?

- Are there any goals that you feel you do not deserve, and how can you change that mindset?

- Do you tend to take things personally, or can you objectively evaluate situations and circumstances in your life?
