

# WORKSHEET LESSON #9

*It's worth it - Part 1*

NAME

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DATE

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**MODULE 1**

**CHOOSING YOUR FUTURE**

**What are the sources of inspiration and motivation that drive you to persist despite challenges and setbacks?**

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**How do you stay connected to the purpose that underlies your pursuits during difficult moments, and what strategies do you use to remain committed to achieving your goals?**

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**What steps can you take to reframe obstacles as opportunities for growth and development, rather than insurmountable barriers to success?**

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