

- **Competence**

- **Confidence**

- **Excellence**



Our Professional Team of Trainers consist of NCCDP/ICCDP Certified Dementia Practioners® and Certified Fit Minds™ Cognitive Coaches

Curriculum includes both Lecture & Practical Skills Labs

**Trainer to Student Ratios ensure competency:
1 Trainer: 12 Students**

Certificates of Competency

Attendees are required to achieve passing rate of 85% in both Theory & Skills Modules to earn Certificate of Competency.



2022

YA Partners Group presents:

DEMENTIA TRAINING for Caregivers & Staff

Offerings

- **Corporate Staff Trainings (1 or 2 Days)**
 - **Inservicing (2-4 hours)**
 - **Personalized In-Home Training for Caregivers**
 - **Virtual or In-Person**

For Pricing and Reservations:

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Email: info@ya-partners.com

Web: www.ya-partners.com



Sample Curriculum*

*Curriculum may be customized

Day 1:

- Carer Roles and Goals
- What is Dementia? NOT normal ageing
- Defining Types and Stages of Dementia
- Risk Factors and Warning Signs
- Behaviors and Challenges
- Engagement: Cognitive Stimulation Activities
- Assessment – Competency Quizzes

Day 2:

- Communication: Tone, Torso, Tempo and Time
- Activities & Environment
- Supporting Family Dynamics
- Sundowning, Wandering, Aggression
- Validation Technique - Enter Their World
- Accentuate the Positive – Maintain function
- Triggers and Techniques – Common Mistakes
- Conflict Prevention & Avoidance
- Activities of Daily Living: Bathing, Dressing, etc
- 1:1 Interactive Practical Skills & Assessments



fit minds
Life Changing Mental Stimulation
Certified Fit Minds Provider

www.fitminds.net