



HIGH SCHOOL & ACADEMY

Tel: (787)233-7733

www.probaseballhs.com

Residential Rules

Arrival times are on Sunday from 5:30PM to 8:40PM

1. All kids must be in bed by 9 pm
2. None of these items will be permitted: No candy, no cookies and nor artificial flavors on food at the academy. Anything brought on arrival must be approved by the person in charge. Fruits, protein bars and 100% juice with electrolytes okay.
3. 2 bags will be permitted, a baseball bag and bag with school clothing only. Both bags will be inspected.
4. Shores will be perform by the students call upon, once breakfast, lunch and super are finished.
5. Beds will be made every morning before departure to the field.
6. You will use the next day practice uniform to sleep on. Therefore other clothing will not be needed.
7. Sleeping beds will be assigned by a coach before or at arrival, changes need to be approval.
8. No card games, no dominoes games, no horse playing, no cursing, no other games allow. Baseball games at the field only.
9. No music
10. Students will respect what others say in conversations, captains and seniors will mold our young generation to be great competitors as well as completed humble and though people.
11. Respect others religion, culture and believes. Be kind to others that are part of our lives.
12. Complete every chore assigned to you.
13. Do not complain, you made the choice to be here in August or January, so get it done.
14. Do the best you can do right to everyone and yourself, treat each other the way you want people to the treat you.
15. The director or person placed in charge that day will apply these rules without hesitation; you will follow what they say immediately. If not expulsion from the dorm or academy will follow.

Students Category

Residential Type 1 student
 -7 days lodging – out of state tuition
 Type 2 student
 -5 days lodging student – some out state tuition
 Type 3 student
 -Commute student – instate tuition
 Type 1 and 2 student resides on the academy campus will receive 11 meals weekly.
 Type 3 students will receive 8 meals weekly.
 Bedtime: 9pm Monday through Wednesday’s
 Thursday’s, Friday’s and Saturday’s 10:30pm
 Wake up call 4:50 am Monday through Thursday
 5:05 am weights – kinesiology class
 5:50 am Breakfast
 6:30 am Depart to the baseball field
 7:00 am Set up field
 7:30 am Baseball practice – fundamentals of baseball
 10:45 am Depart to the Academy
 11:00 am Showers
 11:30 am Lunch
 12:30 pm Classes begin
 5:30 pm Classes Completed

Parents/Guardian Signature: _____

Date: _____

Student Signature: _____

Date: _____