

NIKQUAN LEWIS, LMFT, LPC, ST

SPEAKER | THERAPIST | CONSULTANT



## Strengthens Connections that Bind Individuals and Communities

Nikquan Lewis, a celebrated Licensed Relationship and Sex Therapist, Speaker, Consultant, excels in guiding clients through the complexities of intimacy, love, and professional wellness. With her distinctive blend of acceptance, compassion, and humor, she creates transformative spaces for individuals, couples, and corporate teams to deepen connections and foster emotional safety. Nikquan's expertise extends to sexual health education consulting, where she equips clinicians with the tools necessary for assessing clients' sexual health, ensuring comprehensive care.

A sought-after voice at conferences, summits, retreats, and private sessions, she's featured in Essence, Cosmopolitan, Glamour, and more, making significant strides in empowering relationships and enhancing professional environments through trust, intentional connection, and inclusive practices.

MEET NIKQUAN

## Signature Topics

### INTIMATE EXPLORATIONS: MASTERING THE ART OF SEXUAL & RELATIONSHIP WELLNESS FOR CLINICIANS

Join Nikquan Lewis for 'Intimate Explorations,' a transformative workshop designed to deepen clinicians' expertise in sexual and relationship wellness. Explore key aspects of intimacy, healthy relationships, and sexual health, equipped with practical tools for a pleasure-centric therapeutic approach. Ideal for all levels of practitioners, this workshop aims to revolutionize your practice, enhancing how you engage with clients on matters of intimacy and wellness

### FROM EXISTING TO THRIVING: THE BLUPRINT TO HEALTHY RELATIONSHIPS

This workshop doesn't just invite—it equips you with the tools to dismantle generational cycles and foster healthy, pleasure-centered relationships. Perfect for retreats and wellness conferences, it's your time to transform your approach to intimacy and connection. Build relationships that resonate with health, happiness, and profound fulfillment. Take action now and redefine what thriving means in your love life

### NURTURING TRUST: EMOTIONAL SAFETY IN THE WORKPLACE

Empower Teams: Cultivating Trust and Emotional Safety for Workplace Success. Learn to elevate your organization by fostering connections, boundaries, and communication through a foundation of emotional safety. Boost retention, morale, and satisfaction while proactively addressing concerns and building trust within diverse team



BOOK NIKQUAN

