

Ready Meals Delivery Service

Many people, especially the elderly or those with limited mobility, are not always able to make it to a supermarket to get shopping, or are able to prepare and cook good quality meals.

Dartmoor Community Kitchen Hub has been creating delicious, home-cooked meals in a *Ready Meal* format for years and we have a wide range of chilled and frozen main meals and puddings available to collect from our Bovey Tracey cafe daily.

For those who need a little extra hand we also provide a *Ready Meals Delivery Service.* Delivered within the local area as 4 or more chilled or frozen meals that are ready to heat in an oven or microwave, it's a convenient, affordable and nutritious option.

We know the relief that receiving our easy to cook, delicious meals can provide, especially to the relatives that want to ensure their loved ones are eating properly. Over the years we have been running our it has become obvious that our community prefer the traditional British favorites from their youth and our menu is packed with hearty classics that always put a smile on their faces.

Our meals are prepared and cooked by our wonderful kitchen team of local staff and volunteers using locally sourced, fresh seasonal produce.

We have always slow-cooked our recipes using only the best Dartmoor meat, poultry and Devon fish and we will continue to do so.

We use fruit and vegetables in season and our meat and fish have one of the lowest food miles in the catering service.

We use our electric vehicle for delivery whenever possible.A network of volunteers deliver the meals to the home.





Hot Meals **Delivery**

In addition to our chilled and frozen Ready Meals Delivery Service, we also provice a *Hot Meals Delivery Service* in the local area to those that need it.

Whilst we have limited number of people we can accept we are working to try to accommodate more. Registration for *Hot Meals* usually comes as a result of a GP referral, however you can contact us to refer yourself or a relative for the service. How To *Register* Call: 01626 836899 Online: communitykitchenhub.org.uk

The cost per delivered hot meal is £9.60 owing to the complexity of delivery and the time involved.



Ready Meals Menu

Main Meals £5.85	Delicious Desserts £2.95
Dartmoor Beef Cobbler	Fruit Crumble with Custard
Cottage Pie	Sherry Trifle
Lamb Hotpot	Fruit Clafoutis
Traditional Fish Pie	Chocolate Brownie with Chocolate Sauce
Fish in Parsley sauce	
Pork and apple Casserole	Heavenly <i>Cakes</i> £2.95
Hunters' Chicken	A slice of handmade cake:
Chicken and vegetable pie	Lemon DrizzleVictoria SpongeCoffee and WalnutOrange & Poppy Seed
Chicken Supreme	
Steak and Ale pie	Where To Buy All of our ready meals can be purchased and collected (chilled or frozen) from the Kitchen Hub Café at: 45 Fore Street, Bovey Tracey, Devon TQ13 9BP.
Traditional Lasagna	
Roast Pork Dinner	
Roast Chicken Dinner	
Vegetarian Lasagna	
Layered Lentil Bake with Cheese	Café Opening Hours
Nut Roast with Mushroom Sauce	Open Monday to Friday, 10am to 3.30pm. Lunch served from 12pm to 2:30pm.
	Home Delivery
All meals come complete with an array of seasonal vegetables.	We can also deliver our frozen ready meals within the Bovey area. A minimum of 4 meals required. £2 additional delivery charge.
The average weight of a meal, depending on recipe, is between 380g to 420g.	CALL: 01626 836899



Dartmoor Community Kitchen Hub is a local Social Enterprise funded by donations and run by volunteers.

Can you help? Donations & Volunteers needed. Visit www.communitykitchenhub.org.uk