



INVERSE

The Universe
Within You



by Daisy Papp

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The principle of INVERSE

Energy is never lost. Energy can be transformed and/or steered into a direction. Thus, energies can remain active over a period of time in our lives, even through generations.

Sometimes energy expresses itself through us although it is not ours.

With the simple principle to inverse the energy and deliver it in a cleansed form back to its origin, can bring great relief in all areas and to all aspects of our lives and well-being.

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Example:

Someone feels fear. That fear can be an impression (something that left a mark in/on us) passively, experienced through someone else, i.e. someone scares us.

The fear can also be experienced actively, i.e. we experience something scary, an accident for example.

Another option is, that the fear can be experienced through transduction, meaning that it is inherited.

The fear expresses itself in one way or the other and we feel it.

INVERSE uses the energy of fear with inversion and then we send it back in a cleansed form to its origin.



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How to proceed:

Notice within yourself, or outside of you, an unpleasant feeling or sensation, memory, etc.

We must call it by its name. It is essential to name it correctly, i.e. express what it means to you, how it feels to you, how you call it or name it.

When you sense fear, as in the above mentioned example, you use this word in the *INVERSE* app or web version in the top bar on the www.daisypapp.com website.

Simply type in the word and the app or web version will decode the word and also calculate the inversion that you will work with.

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Step 1

Once you see the number the app or web version has calculated, you then write this number on a piece of paper.

Using the above mentioned example you'd type in the word fear. The *INVERSE* app or web version will calculate the inverted number of the decoded values of each letter of the word fear.

The result will show:

0.033333333333333333

Now you write the following on a piece of paper:

0.033333333333333333 Hz

It is essential to put Hz for Hertz after the Inverse.



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Step 2

Cut the piece of paper with the number out. Best is to use paper that has no lines or other patterns on it. Blank paper is best.

Now you take the paper with your number, in this example: 0.033333333333333333 Hz

Look at it and place it with the number facing your heart directly on your skin.

You can say the word out loud, or say the word in your head.

Then feel and sense. What pictures, memories, thoughts, feelings, sensations, colors, symbols, words, voices come to your mind and/or body?

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Step 3

Whatever shows up or makes itself present in your awareness, welcome it.

Focus on what you feel, sense, see, hear, etc.

Then say out loud or say in your head the following:

.....,(insert your word) I deliver you, (i.e. this fear, this pain, this violence, this) through (the cause or name of human) in a cleansed form back to the origin, because that's where it comes from & that's where it returns to.

Example:

Fear, I deliver you, (through name of the human) in a cleansed form back to its origin, because that's where it comes from and that's where it returns to.



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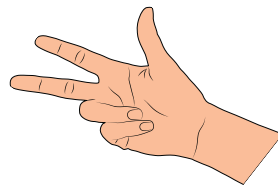
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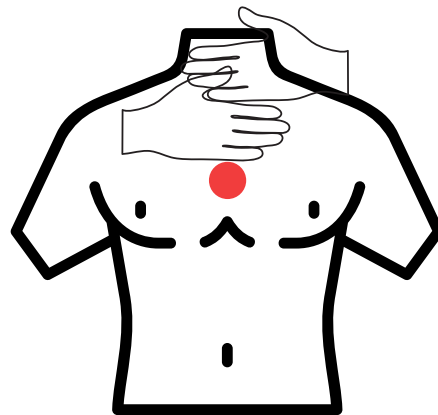
Step 4

Repeat Step 3 until you feel a sense of inner peace.

Once you feel a sense of inner peace, you then point these three fingers together. You can use the fingers of either hand.



Now start tapping two hand widths under your chin; on the red dot as shown in the image below.



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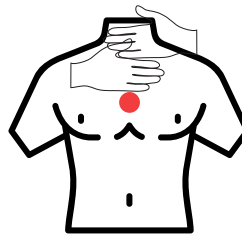


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Step 5

While you tap continuously on the spot marked with a red dot, say out loud or in your head the following:



I am connected to the divine source within me.

From this I draw my strength and energy, and I use this for my own good, for the good of my family, for the good of all who are with me, and therefore for the good of all.

I now anchor this knowledge in all atoms, in all subatomic structures, in all molecules, in all cells, in all tissues, in all organs, in the microcosm and macrocosm, through all spaces, through all times, through all worlds and all incarnations, now and here.



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Step 6

Now grab either of your wrists and slowly take a deep breath.

After you've exhaled, think of a peaceful memory. You may also say out loud or in your head *peace*.

The *INVERSE* method can be used as often as it feels good and right for you.

If you want to learn about how to use *INVERSE* more specifically and in advanced ways for a more balanced and harmonious life, you can sign up for the *INVERSE* course, or live workshop on the www.daisypapp.com website.

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Thank you

Wholeheartedly, dear friendly fellow human, I thank you for your interest and openness to experience *INVERSE*, which is my gift to our one human family. Together we make this place, our beloved home Earth, a better place. For all of us, including future generations.

Energy cannot get lost, but it can be steered and/or transformed. YOU can transform the energy within you and therefore around you. When you do this, old patterns stop expressing themselves through you. I think humbly, and also experience that benevolent changes are possible in my life and environment with the use of *INVERSE*. Once energetic obstacles, trauma, pain, memories, etc. are transformed, the natural effect is peace. Peace inside and out. When there is peace within you, you carry peace with you wherever you go. You inspire and generate change in your life and your environment.

I very much look forward to meeting with you in one of the courses or live workshops. in person or online. In the meantime you are invited to join listeners in 67 countries to listen to the [Bald and Blonde Mindset Evolution Podcast](#). When you wish to organize a workshop for your audience and/or clientele, feel inspired to contact me.

I wish you much love.

Love is the answer, no matter the question.

Sincerely,
Daisy



www.daisypapp.com

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