

Dirk Blom

Associate Professor Dirk Blom (MBChB, MMed, FCP (SA), PhD) is the Head of Division of Lipidology in the Department of Medicine at the University of Cape Town and heads the Lipid Clinic at Groote Schuur Hospital.

Dr Blom's personal research interests include genetic disorders of lipoprotein metabolism with a particular emphasis on dysbetalipoproteinaemia and familial hypercholesterolaemia which is particularly common in South Africa. His unit has participated or is participating in multiple trials of novel agents for the management of heterozygous and homozygous familial hypercholesterolaemia, familial chylomicronaemia and atherogenic dyslipidaemia. Other interests include familial chylomicronaemia syndrome, lipodystrophy, PPARgamma mutations and statin associated muscle symptoms.

Dr Blom is a member of multiple international societies and currently serves on the executive committee of the Lipid and Atherosclerosis Society of Southern Africa. He is the president-elect of the International Atherosclerosis Society. He has published in multiple peer-reviewed journals including The Lancet, the New England Journal of Medicine, Circulation, Journal of Clinical Lipidology, Current Opinion in Lipidology and the Journal of Lipid Research. He has also contributed to the development of the South African Dyslipidaemia and Diabetes guidelines.