



10:30 AM SUNDAY, AUGUST 1, 2021

# WELCOME!

## PLYMOUTH CONGREGATIONAL CHURCH, UNITED CHURCH OF CHRIST

*“Whether you are a seeker, skeptic, believer  
or somewhere in between on life’s journey, you are welcome here.  
We are grateful for your presence and invite you to participate  
in worship and service of Plymouth Church.*

### PLYMOUTH UCC PURPOSE

Growing people of faith who participate in God’s work in the world.

### PLYMOUTH UCC VISION

Plymouth Church UCC is a Christian Community open to the transforming Spirit of God.



Thank you for worshipping online with us today. Please like and send us a greeting on  
Facebook, Twitter and Instagram.



**The church office will be closed during concerns about the coronavirus.**

**The church building is closed for all activities until further notice.**

**Check [PlymouthChurchSeattle.org](http://PlymouthChurchSeattle.org) for updates.**

**All pastoral care will be via telephone or other electronic means.**

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team  
via e-mails below, or call the pastoral care line, **206.639.7739**, checked daily.

[KBrown@PlymouthChurchSeattle.org](mailto:KBrown@PlymouthChurchSeattle.org)

[KBechtold@PlymouthChurchSeattle.org](mailto:KBechtold@PlymouthChurchSeattle.org)

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**For administrative needs, or other non-pastoral care questions, please email:**

[WBlight@PlymouthChurchSeattle.org](mailto:WBlight@PlymouthChurchSeattle.org)

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10:30 AM SUNDAY, AUGUST 1 2021  
TENTH SUNDAY AFTER PENTECOST

*Worship with Plymouth Church UCC begins with meditation.  
The quiet is meant to encourage and deepen your own inner work.  
Thank you for entering this space, this hour, by honoring the spirit of worship.*

This Sunday we share together Holy Communion in our online interactive worship. Before the time of the service you will want to prepare some bread and juice of some sort. Remember this is a meal of grace, so whatever “bread” or “juice” you choose will more than suffice. Set these elements in the sacred place where you experience worship. Thank you for your preparation.

**WELCOME.** . . . . . Rev. Dr. Kelle Brown

**PRELUDE** . . . . . *Sheep May Safely Graze* . . . . . J.S. Bach  
Dr. Wanda Griffiths, Organist

**INVOCATION** . . . . . Rev. Kevin Bechtold and Min. Jennifer Castle

Come, let us be bread!

A silent, quiet dough

**Be still and know.**

O God, you move in our every pore

Lifting us beyond the rim of our horizon

**Be still and know.**

Let us rise simply.

A silent, quiet dough

**Be still and know.**

“Bread,” we say, looking at one another.

“Bread,” we say, looking at ourselves.

**Be still and know.**

**HYMN** . . . . . *Be Still*

## CELEBRATION OF HOLY COMMUNION

*Everyone is welcome at our table to share the bread and the cup, whether you are a believer, a seeker, a skeptic, doubter or somewhere in between.*

INVITATION. . . . .Rev. Donene Blair

COMMUNION PRAYER . . . . . Rev. Blair

*Carmen Ramsey Ellington (Friend of Karen Clark), Pat Forrester (Sister-in-Law of Kate Forrester), Phil Fredrickson, Floyd Gossett, Joyce Irving (Mother of Rev. Louis Mitchell), Michael Kaid, Bob Mitchell, Montecino Family, Pris Orr, Tommy Rivers Puzey (Friend of Karen Clark), Carol Reynolds Kenning, Jose Robles and Family, Jaime Rubio Sulficio, Cynthia Watson (Friend of Karen Clark), Stu Williamson (Father of Ruth Williamson)*

(Names will remain on the prayer list for six weeks, unless otherwise requested.)



A variety of faithful addresses for God (Creator, Mother, Holy One, Father) are welcome at Plymouth UCC, including in the Lord's Prayer.



## LORD'S PRAYER

**Ground of all being,  
Mother of life, Father of the universe,  
Your name is sacred, beyond speaking.  
May we know your presence,  
may your longings be our longings in heart and in action.  
Give us this day our daily bread  
and food for the whole earth community.  
Forgive us the falseness of what we have done  
as we forgive those who are untrue to us.  
Do not forsake us in our time of conflict  
but lead us into new beginnings.  
For the light of life, the vitality of life, and the glory of  
life are yours now and forever.  
Amen.**

*The Casa del Sol Prayer of Jesus by John Philip Newell (Adapted)*

## WORDS OF INSTITUTION

## SHARING OF THE BREAD AND CUP

## COMMUNION HYMN

*Eat This Bread* . . . . . Communauté de Taizé  
Sari Breznau

Eat this bread, drink this cup, come to me and never be hungry.

Eat this bread, drink this cup, trust in me and you will not thirst.

**PRAYER OF THANKSGIVING.** . . . . . Rev. Blair

**O Holy One, we thank you for nourishing us. May  
you move in our every pore. Rise in us, become in  
us, and free us to be the daily bread of life for each  
another. Amen.**

**SHARING PEACE** . . . . . **Peace be with you**

**CONTEMPORARY VOICE** . . . . . read by Rev. Laski

*Plenty* by Gunilla Norris



*Gunilla Norris is a poet  
and author whose special  
love has been teaching  
meditation and leading  
contemplative workshops of  
many kinds*

Having shared our bread  
we know that we are  
no longer hungry. It is enough  
that you see me for myself.  
That I see you for yourself.  
That we bless what we see  
and do not borrow, do not use  
one another. This is how we know  
we are no longer hungry... that  
the world is full of terror, full of beauty  
and yet we are not afraid to find solace here.  
To be bread for each other. To love.

**READING FROM THE GOSPEL OF JOHN** . . . . . John 6:24-35  
(The Voice translation) read by Rev. Laski and Min. Castle

*Though the crowd “finds” Jesus, they don’t comprehend. What they demand is what they  
already have in the presence of Jesus*

When this crowd could not find Jesus or his disciples, they boarded their small boats and crossed the sea to Capernaum looking for him. When they found Jesus across the sea, they questioned him.

**Crowd:** Teacher, when did you arrive at Capernaum?

**Jesus:** I tell you the truth — you came looking for me because I fed you by miracle, not because you believe in me. Don’t spend your life chasing food that spoils. Instead, seek the food of eternal life that comes from the Son of Man, the One whom God the Father destined me for this purpose.

**Crowd:** What should we do if we want to do God’s work?

**Jesus:** The work you can do starts with believing in the One God has sent.

**Crowd:** Can you show us a miraculous sign so that we will believe in you? Moses took care of our ancestors who were fed by the miracle of manna every day in the desert. The Hebrew Scriptures say, “He gave them bread from heaven to eat.” What sign will you do for us?

**Jesus:** Moses did not give you the bread from heaven. It is my Father who offers you true bread from heaven. The bread of God is the One who came out of heaven to breathe life into the cosmos.

**Crowd:** Then please, sir, give us this boundless supply of bread every day.

**Jesus:** I am the bread that gives life. If you come to my table and eat, you will never go hungry. Believe in me, and you will never go thirsty.

**ANTHEM** . . . . . *Jesus Christ is Waiting*  
Plymouth Section Leaders

**MESSAGE** . . . . . *Just Bread* . . . . . Rev. Laski

**CHARGE AND BENEDICTION** . . . . . Rev. Laski

**POSTLUDE.** . . . . . *Prelude für Orgel* . . . . . Fanny Mendelssohn  
Dr. Wanda Griffiths, Organ





## ANNOUNCEMENTS

***Online Bible Study Resumes*** Wednesday morning bible study resumes on Zoom this Wednesday, August 4 from 9-10:30 am after taking the month of July off. All are welcome! Biblical knowledge is not a prerequisite for joining this group. If you would like more information, or would like to be added to the email list, please contact Jennifer at JCastle@PlymouthChurchSeattle.org. You can also access Bible study directly through the website at (Under the “Worship” tab, click “Online Events.”) You will need to use the password generally associated with Plymouth Zoom meetings, so please contact Jennifer if you don’t have it. We hope to see you Wednesday morning!

***Hiroshima Day of Remembrance*** Friday, August 6, From Hiroshima to Hope will hold our annual commemoration of the 1945 bombings of Hiroshima and Nagasaki at Green Lake in Seattle. Free — donations are welcome. The event takes place just south of the Bathhouse, on Green Lake’s NW shore, West Green Lake Drive North and Stone Ave North. COVID safety protocols will be followed. Masks will be required in accordance with Seattle Parks regulations for events, and for the safety of all. More information at PlymouthChurchSeattle.org.

***Help Habitat for Humanity Interfaith Build*** In response to the tragedy of 9-11, the local Habitat for Humanity chapter began putting together an annual Interfaith Build. This year’s 20th anniversary effort goes on for several days, and if you are interested in participating Saturday, September 18, it would be great to have you. There are volunteer slots that day at the site (which is expected to be in North Bend), as well as opportunities to assist in providing lunch for volunteers and staff. If you would like to be involved, or want to learn more, please reach out to Caroline Becker (Becker144@comcast.net; 206.679.9782) or Mike Pierson (MikePierson2@gmail.com; 206.604.8673).

***Anti-Racist Giving Plan Thinking: A Social (Justice) Happy Hour*** Wednesday, August 4; 5:30-7 pm PST: If you’ve already participated in an Anti-Racist Giving Workshop, this event is for you! We’ll reflect on the successes and challenges of our current giving plans, spend time together updating or completing them, share resources and ideas, and discuss new opportunities for being involved in fundshifting work. Link to register at PlymouthChurchSeattle.org.

***Reconcile and Reform*** Are you eager to gather, learn, and worship again with other Christians from around the country and the world who are working to advance LGBTQ inclusion in the church? Convene in person this fall for our Reconcile and Reform conference in Phoenix, Arizona. Registration will open July 7, and the best rates will be available to those who sign up early. The conference will be held October 28-30 at Crowne Plaza Hotel & Resort in Phoenix. Read more and get tickets at ReformationProject.org/Conference.



Believing that God's love transcends all human distinctions,  
Plymouth welcomes people of all races and cultures,  
of varied social and economic conditions  
and regardless of sexual orientation.

We are open and affirming of all people,  
and we call all people to the cost and joy of Christian discipleship.