

Joe Williams,
Director of Music and Arts
Plymouth Church UCC



Joe Williams, M. M. (he/they) is a sound liberator, scholar and arts leader from Tacoma, WA. Their curatorial work has been recognized by the National Endowment for the Arts. In addition to the Tacoma Arts Commission, they support several advisory boards & committees across the country. They have proudly collaborated with the Rev. Dr. Kelle Brown since January, 2023.



Plymouth hosts year-round concerts, workshops and community events. We offer venues and support to honor and celebrate life's many transitions including weddings, baptisms and memorials. The Sanctuary holds over 400, and offers flexible seating and arrangement. The Chapel seats 50. Hildebrand Hall can accommodate up to 200. To inquire about availability, contact Info@PlymouthChurchSeattle.org.

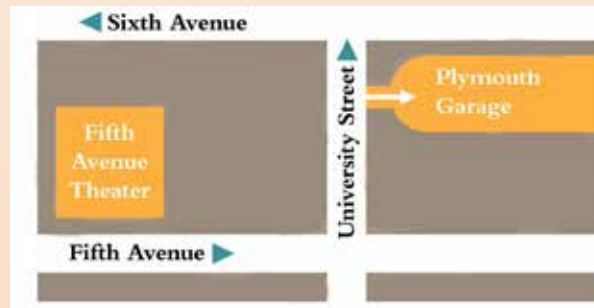


1217 Sixth Avenue,
Seattle, Washington 98101
PlymouthChurchSeattle.org
206.622.4865



Plymouth's Worship, Arts and Music Ministries offer a fertile environment where awe and transformation may flourish in each and every one of us.

Free parking in Plymouth Garage for most events, based upon availability



MUSIC & ARTS
SERIES
SPRING 2024



**February 4 at 12:30 pm
Sound Medicine Meditation
with Tory Trujillo**



Tory Trujillo offers a deeply healing Sound Medicine Meditation in Hildebrand Hall. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort. Some yoga mats and blankets will be available to borrow. Sessions last between 60 and 75 minutes.

**February 11 at 12 pm
“Celebrating African Pianism”
with Dr. William Chapman Nyaho**

Scholar and pianist Dr. William Chapman Nyaho presents a recital featuring piano works of the African diaspora. Don't miss an afternoon of special music with this acclaimed artist.



**February 18 at 12 pm
“How Do We Remember Japanese
American History? A Descendant’s
Perspective,” with Dr. Tamiko Nimura**



Dr. Tamiko Nimura will talk about her creative writing and public history work as a descendant of imprisoned Japanese Americans. After her presentation, Dr. Nimura will facilitate a conversation about family, memory, and history.

**March 10 & April 7 at 12:30 pm
Sound Medicine Meditation
with Tory Trujillo**

A Sound Medicine Meditation is sometimes also referred to as a sound bath. Tory will center the group with breath work and embodiment practices to relax and heal.



**April 21 at 12:30 pm
“Melodious Sounds for The Times”
with Josephine Howell & Friends,
Colette “CC Sunchild” Coward**



Josephine Howell is always exploring new avenues of expression. Her range of talent extends from singing, dancing and acting to the very production and direction of the arts.

Colette “CC Sunchild” Coward is known for electrifying performances and innovative approaches to composition and improvisation.

**May 26 & June 9 at 12:30 pm
Sound Medicine Meditation
with Tory Trujillo**

Tory will center the group with breath work and embodiment practices and will continue by playing Quartz Crystal Singing Bowls, a Mayan Ocean Drum, and improvising vocal toning. Be prepared to receive a profoundly transformational and healing experience.

**June 16 at 12 pm
Juneteenth Recital, with
Stephanie Ann Ball
Kiesha Garrison
Jessica Evotia Andrews-Hall**



Stephanie Ann Ball has secured her place in the world of classical music and frequently performs art songs and African American spirituals with passion and sensitivity.

Kiesha Garrison is a dynamic host who leads events & conversations that spark personal, professional, and cultural shifts. Kiesha's poise and thoughtfulness make her a sought-after talent.



Jessica Evotia Andrews-Hall is an award winning pianist who is in demand as a collaborative performer, teaching artist, curriculum developer and arts advocate.

**Admission for all events
is by donation.**

“The earth cannot move without music. The earth moves in a certain rhythm, a certain sound, a certain note. When the music stops the earth will stop and everything upon it will die.”

—Sun Ra