

SUNDAY AT PLYMOUTH

10:30 am Sunday, January 14, 2024
Worship In the Sanctuary or Online

First Sunday After Epiphany

Mark 2:1–12

Rev. Dr. Kelle Brown

11:30 am Coffee Hour, Lounge

IN CASE OF SNOW

If there is snow or snow forecasted for Sunday, we will decide by 6:30 am whether the church building will be open. We will leave an announcement on the church voice mail (206-622-4865) and on the homepage of the church website. Messages will also be sent out via social media.

Find links to video stream and worship bulletin and participate online at PlymouthChurchSeattle.org.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.



1217 Sixth Avenue
Seattle, Washington 98101-3199

Return Service Requested

OUR PRAYERS ARE WITH...

Afghan Family (Supported by Plymouth), Michelle J. Bennett (Sister of Dawn Bennett), Walter Bethel (Friend of Karen Clark), Susan Carter (Mother of Heather Banks & Kathleen Bernard), Bruce Chittick & family (Friend of Karen Clark), Mike Correy (Friend of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Mykesha Davis (Daughter of Michael & Elizabeth Gordon), Mark & JT Edwards, Diane Folkert (Mother-in-law of Ara Lawrence), Sally Galliher (Cousin of Doug Stultz), Marni Good (Friend of Ricky Powell), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Lucian Guthrie, El Harp (Friend of Bill & Marilyn Bumpas), Allie James (Friend of Dawn Bennett), **Janice Knight (Sister of Jerome Robinson)**, Joanna Lemly and Family (Sister of Hayden McManus), James McDowell (Cousin of Jerry Rice), Barbara Miller (Friend of Barb Laski), Dr. Maxine Mimms, Ian Nelson (Son of Diane Nelson), Paula Orrego, Mary Margaret Pruitt, Jose Robles and Family, **Kathy Rood**, Shirley K. Shelley (Aunt of Ricky Powell), **Jamie Shilling**, Jaime Rubio Sulficio, Beta Utu Malae (Sister of Robert Malae), Irene Wall (Friend of Ruth Williamson), Charon Washington (Sister of Michael & Elizabeth Gordon)

bold=newly added. Names will remain on list for six weeks unless requested.

The Plymouth *Herald* is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram! [f](#) [t](#) [i](#)

Volume 62
Number 18

PLYMOUTH CHURCH HERALD

January 10, 2024

RALLY AND MARCH JANUARY 15



Rev. Dr. Kelle Brown addresses participants at the 2023 MLK Day rally. (photo from South Seattle Emerald)

There has been over 400 years of oppression of Black, Indigenous, and People of Color; which includes human trafficking, enslavement, genocide, torture, disenfranchisement, segregation, imprisonment, dispossession of land, and so much more, and yet none of this has ever broken the spirit of our Peoples to achieve justice and equity.

Join Rev. Dr. Kelle Brown on the anniversary of Rev. Dr. Martin Luther King Jr.'s birthday, to honor the past and the countless champions who came before, stood alongside, and have continued after King was taken from us — fighting for both our present and our future because “an injustice anywhere is a threat to justice everywhere.”

2024 marks forty-one years that the residents of Seattle and King County have and continue to honor the legacy and the mission of Reverend Dr. Martin Luther King Jr. with a rally, march, internships, workshops, youth led programming and job fair. The first forty years were but the beginning. Seattle's annual MLK celebration aims to inspire this and future generations to live up to Dr. King's dream of achieving the Beloved Community.

- **Youth Event 2-4 pm January 14:** This event offers a platform for young leaders to exhibit their talents, connect with community leaders, and engage in meaningful discussions. Join us on January 14, 2024, at 2 pm at the McKinney Center for a cultivating experience with the community.
- **Workshops, January 9-15:** Workshops offered in-person and online. Come prepared to be engaged!
- **Rally and March, January 15:** Gather at Garfield High School (400 23rd Ave, Seattle 98122). Indoor Rally at 11 am, with Rev. Dr. Kelle Brown speaking. March at 12:30 pm. The march route will be shared publicly 1 week in advance.

Learn more and register at SeattleMLKCoalition.org. Questions? Contact MLKseattle@gmail.com. [f](#)

SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine Meditation. A Sound Medicine Meditation is sometimes also referred to as a sound bath. Participants are welcomed to sit or lie down comfortably. Tory will center the group with breath work and embodiment practices and will continue by playing Quartz Crystal Singing Bowls, A Mayan Ocean Drum, and improvising vocal toning for the purposes of relaxation, healing, and to help anchor and amplify each participant's intentions. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort. Some yoga mats and blankets will be available to borrow. Be prepared to receive a profoundly transformational and healing experience. Sessions last between 60 and 75 minutes.



Join Tory at 12:30 pm January 14

Next session is January 21 (note date chage), 12:30 pm in Hildebrand Hall. Suggested Donation \$20. [f](#)

PUT FAITH IN ACTION



Faith Action Network's Interfaith Advocacy Day, 9 am–3 pm February 8 in Olympia, brings the voices of compassion and justice to our elected leaders. Meeting with your legislators and their staff on this day is putting your faith into action. Visit FanWa.org to register. Registration deadline is January

29. We are limited to 200 participants due to regulations at The United Churches of Olympia. We encourage you to sign up early so that we can guarantee you a spot. Thanks to the generosity of our donors, there is no cost to participate. You are welcome to donate anytime to keep our advocacy moving forward in 2024.

After you register, you will receive information via e-mail as February 8 approaches, with details on the agenda, workshop topics, and times of your legislative appointments. We're excited to have you in the halls of power on this great day! [f](#)



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LEARN AND ACT



Visit DHS.gov/Blue-Campaign.

The crime of human trafficking hinges on the exploitation of another person. People often falsely believe “human trafficking” implies victims must be moved from one place to another to be a victim. Human trafficking does not require transportation to be considered a crime. It is a crime that can be committed against

an individual who has never left his or her hometown.

Human traffickers use various forms of force, fraud, and coercion to control and exploit victims including:

- Imposing of debt
- Fraudulent employment opportunities
- False promises of love or a better life
- Psychological coercion
- Violence or threats of violence

You can help play a role in ending human trafficking by learning key indicators of the crime, raising awareness of human trafficking within your community or industry, and reporting suspected trafficking incidents.

Blue Campaign is a national public awareness campaign designed to educate the public, law enforcement, and other industry partners to recognize the indicators of human trafficking, and how to appropriately respond to possible cases.

Visit DHS.gov/Blue-Campaign to access a multitude of resources to educate and take action.

To report suspected human trafficking, call **1-866-347-2423**. To get help from the National Human Trafficking Hotline call **1-888-373-7888** or text **HELP** or **INFO** to **BeFree (233733)**. 🌐

SHARE AND CARE

The former sign boards outside our building are now small pantries for the community, filled with food, hand warmers and other items. The pantries provide an outward display of compassion and solidarity with those experiencing homelessness or are under-resourced. You are invited to support this ministry! Feel free to add bottled water, protein bars, or even notes that remind the reader that they are beloved.

—Rev. Dr. Kelle Brown 🌐



A simple gesture can mean so much.

CELEBRATE LUNAR NEW YEAR

Lunar New Year celebrates the beginning of a new year on the traditional lunar calendar. Commonly referred to as the Spring Festival, cultures across Asia celebrate Lunar New Year with their own varied customs and traditions.

The first day of the festival begins on the first new moon of the lunar calendar, which varies year to year, depending on the cycles of the moon. This year, Lunar New Year lands on Saturday, February 10. Join Wing Luke Museum in the International District February 3 as we ring in the Year of the Dragon with a day full of festive art activities for the family, community booths, story time, and more! We will be joined by Mak Fai Kung Fu Dragon and Lion Dance Association for our special Lion Dance celebration beginning at 10 am. This event is free and open to the public!. More Details at WingLuke.org/LNY. 🌐



Join the festivities February 3.

ACCOMPANY IMMIGRANTS



Walk with our migrant siblings.

Accompaniment is the practice of walking with one another side-by-side through challenges, moments of uncertainty, and fear. In this way we seek to provide moments of relief that there is a community here to alleviate the burden of navigating fearsome and unknown systems alone by acting as a support system and serving as a community.

The Church Council of Greater Seattle’s Accompaniment Network connects community members with resources, community support, and knowledge of the US immigration and criminal justice systems, and equips volunteers with skills training and basic knowledge of applicable laws.

Together, we aim to bear witness to the injustice and dehumanization of migrant people by the U.S. immigration and criminal justice systems. Visit TheChurchCouncil.org to learn more and get involved. 🌐

JOIN 154TH ANNUAL MEETING

Plan to attend Plymouth’s 154th Annual Meeting Sunday, January 28, 2024. The Annual Report will be reviewed, and your vote is needed to install new lay leadership and approve the 2024 budget for our church family. Celebrate 2023 and look ahead to 2024. This meeting will take place in person and live online. 🌐

CONFERENCE MEN’S RETREAT

How do men (persons socialized/identifying as male) of varying generations view ‘manhood’? What are some of the things each generation can contribute to the whole of ‘mankind’? Can men of faith/spirituality make a unique contribution? Please join us as we hear insights and discuss our changing roles and experiences in a safe and welcoming environment.



Men’s Retreat at Pilgrim Firs February 1-4

Retreat leader Rev. Dan Stern will share recorded interviews with men of various generations to spark our conversations as we explore the theme “Evolving Masculinities: Inter-Generational Perspectives & Conversations.” We welcome ALL to join us and share your views, insights and experiences.

The retreat begins Friday evening, February 2, and runs through Sunday morning, February 4, with the optional one-day silent retreat beginning Thursday evening, February 1.

The committee explored adding a Zoom option for remote attendance but that’s not yet feasible. We understand the risk of illness is ever present. Please don’t attend if you are uncomfortable with the risk. Feel free to wear a mask to lessen your exposure. We hope for safe travels and look forward to a fun and meaningful retreat. Link to register in the news article at PlymouthChurchSeattle.org.

The Conference Men’s Retreat Planning Committee: Charlie Torres, Don Jenkins, Hans Dankers, Jim Gaudino, Larry Kiriluk, Paul Withington and Rick Russell 🌐

OUR FAITH, OUR VOTE



The United Church of Christ is calling on churches to get out the vote with its Our Faith Our Vote Campaign. There is so much at stake this national election year, even democracy itself, according to UCC leaders. Voting rights, access to polls and concerns about basic human rights are being highlighted.

Politics is often taken to be a dirty word, but political processes are simply the way communities organize their common life. For people of faith, public policy is never merely politics. It is a way of living out the commandment to love our neighbor as ourselves. It is fitting for local congregations and church structures across the country to develop nonpartisan programs to help the faith community reflect upon the political order.

Visit UCC.org for volunteer opportunities, information and resources, and advocacy and awareness campaigns. 🌐

FIVE EVILS: OUR DEMANDS AND PRIORITIES

Over the past several years, The Poor People’s Campaign: A National Call for Moral Revival has reached out to communities in more than 40 states across this nation. We have met with tens of thousands of people, witnessing the strength of their moral courage in trying times. We have gathered testimonies from hundreds of poor people and we have chronicled their demands for a better society. The following moral agenda expressed in these priorities is drawn from this deep engagement and commitment to these struggles of the poor and dispossessed.



The Five Evils: Our Demands and Priorities:
(Read detailed analysis at WashingtonPPC.org)

- **Systemic Racism** There are fewer voting rights today than there were 50 years ago when the Civil Rights Act and Voting Rights Act were passed.
- **Poverty** As the U.S. economy has grown, wealth inequality has expanded, the costs of living have increased, and social programs have been cut dramatically.
- **Ecological Devastation** 3.8 million U.S. households cannot afford clean water.
- **The War Economy** Currently 53 cents of every federal discretionary dollar goes to military spending and only 15 cents is spent on anti-poverty programs.
- **Our Distorted National Morality** Many people die every year from anti-poor policies, while religious and “Christian” agendas deliberately divert attention from key issues and challenges.

Visit WashingtonPPC.org to learn more about these priorities and strategies to address them. 🌐

HEAR DR. WILLIAM CHAPMAN NYAHO FEBRUARY 11



Dr. William Chapman Nyaho

On February 11 at noon, Plymouth Church invites internationally esteemed scholar and pianist Dr. William Chapman Nyaho to present a recital featuring piano works of the African diaspora. Suggested donation: \$20.

Please join us for an afternoon of special music in the Sanctuary with this acclaimed artist. 🌐