

SUNDAY AT PLYMOUTH

10:30 am Sunday, February 4, 2024
Worship in the Sanctuary or Online

Fourth Sunday After Epiphany
Sacrament of Communion

Romans 16:1–16; Mark 3:13–35
“A Love Supreme: Love and Risk”
Rev. Dr. Kelle Brown

11:30 am Coffee Hour, Lounge

12:30 pm Sound Meditation, Hildebrand Hall

Find links to video stream and worship bulletin and participate online at PlymouthChurchSeattle.org.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

The Plymouth *Herald* is published every week. Deadline is **Monday, 10 am**, for Wednesday publication. Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram!



1217 Sixth Avenue
Seattle, Washington 98101-3199

Return Service Requested

OUR PRAYERS ARE WITH...

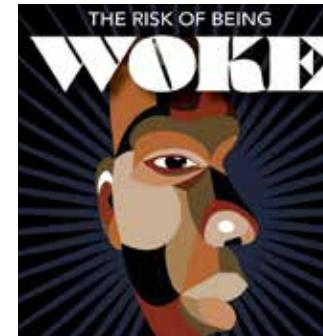
*Afghan Family (Supported by Plymouth), Michelle J. Bennett (Sister of Dawn Bennett), Walter Bethel (Friend of Karen Clark), **Wendy Carpenter** (Friend of Jocelyn Coit-Durland), Susan Carter (Mother of Heather Banks & Kathleen Bernard), Bruce Chittick & family (Friend of Karen Clark), Mike Correy (Friend of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Mark & JT Edwards, Diane Folkert (Mother-in-law of Ara Lawrence), Sally Galliher (Cousin of Doug Stultz), Marni Good (Friend of Ricky Powell), **Artrice Gordon** (Brother of Michael and Elizabeth Gordon), **Alvis Gordon** (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), El Harp (Friend of Bill & Marilyn Bumpas), Allie James (Friend of Dawn Bennett), Janice Knight (Sister of Jerome Robinson), Joanna Lemly and Family (Sister of Hayden McManus), James McDowell (Cousin of Jerry Rice), Barbara Miller (Friend of Barb Laski), Dr. Maxine Mimms, Ian Nelson (Son of Diane Nelson), Paula Orrego, **Jean and Richard Paul** (Parents of Beth Paul-Russell), Mary Margaret Pruitt, Jose Robles and Family, Kathy Rood, Shirley K. Shelley (Aunt of Ricky Powell), Jamie Shilling, Jaime Rubio Sulficio, Beta Utu Malae (Sister of Robert Malae), Irene Wall (Friend of Ruth Williamson), Charon Washington (Sister of Michael and Elizabeth Gordon)*

Our hearts are with Jim Weller and family on the passing of his wife, Donna Weller, January 23.

bold=newly added. Names will remain on list for six weeks unless requested.



JOIN THE MOVEMENT



Online Lenten series begins February 8.

If Jesus' time in the desert teaches us anything, perhaps it is that there are risks to the heart-opening, mind-expanding, gut-wrenching, new life-awakening path of liberation. And we need messengers and journey companions who will meet us along the way, bearing comfort and strength.

This Lent, Join the Movement is inviting us to turn toward one such journey companion: Curtiss Paul DeYoung's new book *The Risk of Being Woke: Sermonic Reflections for Activists*. Rooted in the activism that emerged following George Floyd's murder, this book offers biblical reflections to “nurture and nudge us as we encounter risks in the midst of the journey.”

Its three sections call us to action, to community and to root deeply in a relationship with God, offering each of us the opportunity to take stock, deepen our commitment, and find sustenance for the work of racial justice ahead. Come spend some time with the author, Curtiss Paul DeYoung, and learn more about his journey, the book and the ways you can participate in this Lent series.

Series begins February 8, 12:30 pm (PT).

Link to register in the news article at PlymouthChurchSeattle.org.

Read more about Join the Movement at JoinTheMovementUCC.org.

Rev. Dr. Curtiss Paul DeYoung, a noted racial justice academic, activist, and author, is the Co-CEO of the Minnesota Council of Churches. He also served as the Executive Director of Community Renewal Society in Chicago and Professor of Reconciliation Studies at Bethel University in St. Paul MN. DeYoung earned a Doctor of Education from the University of St. Thomas (MN) and a Master of Divinity from Howard University School of Theology (Washington, DC); is an ordained minister in the Church of God (Anderson); and has previously written and edited 12 books.



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SOUND MEDICINE MEDITATION

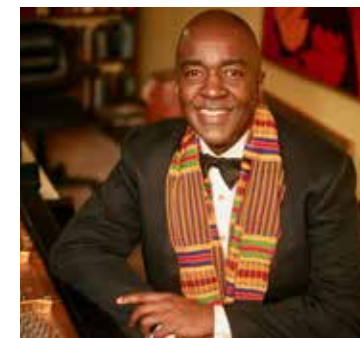
Tory Trujillo offers a deeply healing Sound Medicine Meditation. Tory will center the group with breath work and embodiment practices, helping anchor and amplify each participant's intentions. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort. Some yoga mats and blankets will be available to borrow. Sessions last between 60 and 75 minutes.

Next session is February 4, 12:30 pm in Hildebrand Hall.
Suggested Donation \$20.



Join Tory at 12:30 pm January 21

HEAR DR. WILLIAM CHAPMAN NYAHO FEBRUARY 11



Dr. William Chapman Nyaho

On February 11 at noon, Plymouth Church invites internationally esteemed scholar and pianist Dr. William Chapman Nyaho to present a recital featuring piano works of the African diaspora. Suggested donation: \$20. Please join us for an afternoon of special music in the Sanctuary with this acclaimed artist.

CELEBRATE LUNAR NEW YEAR

Join Wing Luke Museum in the **International District February 3** as we ring in the Year of the Dragon with a day full of festive art activities for the family, community booths, story time, and more! We will be joined by Mak Fai Kung Fu Dragon and Lion Dance Association for our special Lion Dance celebration beginning at 10 am. This event is free and open to the public! More details at WingLuke.org/LNY.



Join the festivities February 3.

A BRIEF HISTORY OF
BLACK HISTORY MONTH



Carter G. Woodson, Bettmann Archive

Every February, the US honors the contributions and sacrifices of African Americans who have helped shape the nation. Black History Month celebrates the rich cultural heritage, triumphs and adversities that are an indelible part of our country’s history. Critics have long argued that Black history should be taught and celebrated year-round, not just during one month each year. It was Carter G. Woodson, the “father of Black History,” who first set out in 1926 to designate a time to promote and educate people about Black history and culture. The idea wasn’t to place limitations but to focus and broaden the nation’s consciousness. Woodson was an American historian, author, journalist, and the founder of the Association for the Study of African American Life and History. One of the first scholars to study the history of the African diaspora, Woodson envisioned a week-long celebration to encourage the coordinated teaching of Black history in public schools.

“The idea wasn’t to place limitations but to focus and broaden the nation’s consciousness.”

He designated the second week of February as Negro History Week. February was chosen because the second week of the month coincides with the birthdays of both Abraham Lincoln and Frederick Douglass, so it was traditionally a time when African Americans would hold celebrations in honor of emancipation. President Gerald Ford officially recognized Black History Month during the country’s 1976 bicentennial. Ford called upon Americans to “seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history.” Forty years after Ford formally recognized Black History Month Barack Obama, the nation’s first Black president, delivered a message from the White House, a place built by slaves: “Black History Month shouldn’t be treated as though it is somehow separate from our collective American history or somehow just boiled down to a compilation of greatest hits from the March on Washington or from some of our sports heroes...It’s about the lived, shared experience of all African Americans, high and low, famous and obscure, and how those experiences have shaped and challenged and ultimately strengthened America.”

—Excerpted from an NPR.org essay by Jonathan Franklin, 2022

MARCH TO STAY ALIVE

The Washington State Poor People’s Campaign, in conjunction with our sibling campaigns across the nation, will gather in our state capital on Saturday, March 2 for a Mass Poor People’s & Low Wage Workers’ State House Assembly to shift the narrative and demand public policies that fully address the interlocking injustices of systemic poverty, systemic racism, militarism, and ecological devastation. More than 2.5 million Washingtonians experience poverty or low wealth here in one of the wealthiest states of the nation and we cannot and will not be silent Bring family, friends and neighbors and make ourselves heard! Details on the exact timing and location of the Assembly will be posted in the weeks to come, following coordinated organizing with our sibling state campaigns across the nation. Learn more and review our Covenant of Nonviolence prior to joining us on March 2 by visiting PoorPeoplesCampaign.org.



HELP AMERICA VOTE



The Our Faith Our Vote Campaign — an initiative of the UCC’s Office of Public Policy and Advocacy in Washington, DC — formed a partnership in 2022 with Power the Polls, a nonpartisan organization launched in 2020 to address a nationwide poll worker shortage. Power the Polls (PowerThePolls.org) began as a coalition of businesses and nonprofits with the goal of recruiting 250,000 new poll workers to fill the gaps; in less than 100 days, they recruited over 700,000. As the UCC’s nonpartisan election engagement campaign, Our Faith Our Vote offers resources for voter registration, issue education, voter mobilization and more. Since the partnership began, many UCC members have signed up to be poll workers through the UCC’s link with Power the Polls. Organizers are hoping to engage even more poll volunteers for 2024, due to the increased turnout for presidential elections. Becoming a poll worker is one of the most important ways to engage in the election process. You can sign up to be a poll worker at PowerThePolls.com/UCC.

REPRODUCTIVE JUSTICE WEBINAR

Access to, and discussion of, reproductive healthcare is not only a political concept, it is a religious one. This will be the focus of a special online event on Sunday, February 11 from 3 to 5 pm, featuring the Rev. Rebecca Todd Peters. Peters will explore the intersection of faith and issues of reproductive justice.



A feminist and Christian social ethicist who serves as a professor of religious studies at Elon University, Peters is the author of Trust Women: A Progressive Christian Argument for Reproductive Justice. Her work focuses on globalization, economic, environmental and reproductive justice. Although this event will focus largely on the Christian perspective, Peters is committed to shifting public thinking about abortion from justification to justice. Her work aims to disrupt assumptions about the abortion debate, expanding and nuancing the conversation while fiercely advocating for bodily autonomy and reproductive freedom as religious freedom. Link to register here for the webinar in the news article at PlymouthChurchSeattle.org. A recording will later be available on the Frontline Faith platform (Frontline-Faith.Teachable.com) as part of the Engendering Spirit education series.

ENGENDERING SPIRIT



Join the free online series.

Dr. Sherry Warren, UCC Minister for Women’s and Gender Justice, looked around and saw a need for more discussion around faith and gender: gender roles, reproductive justice and women’s role in the church. So she went to work putting together an educational video series addressing these issues. “Congregants can access this series alone or in groups,” said Warren. “I’m giving people an opportunity to learn about these contemporary concepts — as well as the timeless issues around these topics — and discuss them or just think about them on their own.” Warren, who is part of the Gender & Sexuality Justice Ministries Team, has launched “Engendering Spirit.” Anyone can join in and view the series for free by registering using the link in the news article at PlymouthChurchSeattle.org. Once registered you’ll be notified when a new episode drops.

POST-WORSHIP LECTURE FEB. 18

On February 18 at noon, Plymouth Church invites you to attend “How Do We Remember Japanese American History? A Descendant’s Perspective.” Dr. Tamiko Nimura will talk about her creative writing and public history work as a descendant of imprisoned Japanese Americans. After a short presentation, she hopes to have a conversation about the connections between family, memory, and history. Read more about Dr. Nimura at TamikoNimura.net.



Hear from Dr. Tamiko Nimura February 18.

February 19 is a significant date for the Japanese American community. On this day in 1942, President Franklin D. Roosevelt signed Executive Order 9066, which gave the U.S. Army the authority to remove civilians from the military zones established in Washington, Oregon, and California during WWII. This led to the forced removal and incarceration of some 120,000 Americans of Japanese ancestry living on the West Coast, who had to abandon their jobs, their homes, and their lives to be sent to one of ten concentration camps scattered in desolate, remote regions of the country. No Japanese Americans were ever charged, much less convicted, of espionage or sabotage against the United States. Yet they were targeted, rounded up, and imprisoned for years, simply for having the “face of the enemy.” Every February, the Japanese American community commemorates Executive Order 9066 as a reminder of the impact the incarceration experience has had on our families, our community, and our country. It is an opportunity to educate others on the fragility of civil liberties in times of crisis, and the importance of remaining vigilant in protecting the rights and freedoms of all. Read more, including resources available in the Plymouth Library, in the news article at PlymouthChurchSeattle.org.

KEEP THE SHELVES STOCKED



A simple gesture can mean so much.

The former sign boards outside our building are now small pantries for the community, filled with food, hand warmers and other items. You are invited to support this ministry! Add bottled water, protein bars, or even notes that remind the reader that they are beloved.