

## SUNDAY AT PLYMOUTH

10:30 am Sunday, February 18, 2024

Worship in the Sanctuary or Online

*First Sunday in Lent*

Romans 12:14–21

“Love, Dismantled”

Bishop Cedrick Bridgeforth

11:30 am Coffee Hour, Lounge

12 pm “How Do We Remember Japanese American History?” with Dr. Tamiko Nimura, Sanctuary

Find links to video stream and worship bulletin and participate online at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

*Whether you are a seeker, skeptic, believer  
or somewhere in between on life's journey,  
you are welcome here. We are grateful for your presence  
and invite you to participate in worship and service  
with Plymouth Church UCC.*

## OUR PRAYERS ARE WITH...



Afghan Family (Supported by Plymouth), Michelle J. Bennett (Sister of Dawn Bennett), Walter Bethel (Friend of Karen Clark), Wendy Carpenter (Friend of Jocelyn Coit-Durland), Susan Carter (Mother of Heather Banks & Kathleen Bernard), Bruce Chittick & family

(Friend of Karen Clark), Mike Correy (Friend of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Mark & JT Edwards, Diane Folkert (Mother-in-law of Ara Lawrence), Sally Galliher (Cousin of Doug Stultz), Marni Good (Friend of Ricky Powell), Artrice Gordon (Brother of Michael and Elizabeth Gordon), Alvis Gordon (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Allie James (Friend of Dawn Bennett), Janice Knight (Sister of Jerome Robinson), James McDowell (Cousin of Jerry Rice), Barbara Miller (Friend of Barb Laski), Dr. Maxine Mimms, Ian Nelson (Son of Diane Nelson), Paula Orrego, Jean and Richard Paul (Parents of Beth Paul-Russell), James Prater (Friend of Kathy Rood & Jerome Robinson), Mary Margaret Pruitt, Jose Robles and Family, Kathy Rood, Shirley K. Shelley (Aunt of Ricky Powell), Jaime Rubio Sulficio, Beta Utu Malae (Sister of Robert Malae), Irene Wall (Friend of Ruth Williamson), Charon Washington (Sister of Michael and Elizabeth Gordon)



1217 Sixth Avenue  
Seattle, Washington 98101-3199

Return Service Requested

We grieve with Kate Forrester on the passing of her mother, Susan Emerson, on February 4.

Our hearts are with the family and friends of Sara McKenzie, on the one-year anniversary of her passing.

**bold=newly added.** Names will remain on list for six weeks unless requested.

## MEMORIAL CONCERT FEB. 25

The Sandstrom family invites Plymouth friends to a chamber music concert at Horizon House Sunday, February 25, featuring works by Schubert and Mozart performed by a quintet led by Roberta Hansen Downey of the Seattle Symphony. A reception will follow. The concert is in honor of Ann (February 1927–August 2023) and Wayne Sandstrom (February 1927–June 2020).

Arrive by 6:45 pm if coming from outside Horizon House. Pre-registration for Horizon House entry can be arranged by emailing: [sandstrom\\_memorial\\_feb2024@yahoo.com](mailto:sandstrom_memorial_feb2024@yahoo.com).



*Celebrate the lives of Ann and Wayne Sandstrom*

# PLYMOUTH CHURCH HERALD

Volume 62  
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## THE WAY THROUGH TOGETHER



*Rev. Dr. Kelle Brown*

*“As the poet Robert Frost put it, ‘The only way out is through,’ and the only good way through is together. Even when circumstances separate us - in fact, especially when they do - the way through is together.”*  
—John Green

The church calendar is a gift to us each year. It helps to order our days as a collective as we strengthen our faith and renew our resolve to affect loving and positive change. Season by season, Advent spreads its longing and waiting into the joy of Christmas, birthing possibility and producing an Epiphany of hope that shapes us and sends us into Lent.

Lent commemorates the 40 days of Jesus’ fasting in the wilderness, and invites us to fast and pray. These days do not march or rush by quickly. They sit and stay with us. They are patient with us. They give loving advice, and hold us together when everything seems to be falling apart. If we are willing, we shall be welcomed into lamentation; reflection; repentance; surrender; forgiveness, and drawing unto ourselves the things for which our souls and spirits long.

This year, I pray you will find some personal practice that will bring you peace. From journaling, to meditation, this is a wonderful opportunity to create a new habit that can be meaningful and life-giving. Try fasting and praying daily. Pray for our world, our church, that we will be less polarized as a nation, and more willing to listen for the sound of the genuine.

If you are not able to fast in traditional ways, like changing your diet or refraining from eating for part of the day, make an effort to fast from things that make you anxious, or from conversations that seem to leave you depleted. Fast by considering what a person without adequate resources might experience, and reduce your consumption for 40 days in solidarity.

Ultimately, we are not fasting to torture ourselves. We are fasting to grieve for a hurting world, for our lives, for our need for love, wholeness and compassion. Love is in need of love, and your intentions will make a difference! The prayers of the righteous avail much, and I look forward to the ways that we will walk together in pursuit of resurrection. —Rev. Dr. Kelle Brown

## A TIME TO REMEMBER: FEBRUARY 18

This Sunday, February 18 at noon, you are invited to attend “How Do We Remember Japanese American History? A Descendant’s Perspective,” with Dr. Tamiko Nimura. After a short presentation, Dr. Nimura will lead a conversation about the connections between family, memory, and history.



*Hear from Dr. Tamiko Nimura February 18.*

February 19 is a significant date for the Japanese American community. On this day in 1942, President Franklin D. Roosevelt signed Executive Order 9066, which gave the U.S. Army the authority to remove civilians from the military zones established in Washington, Oregon, and California during WWII. No Japanese Americans were ever charged, yet they were targeted, rounded up, and imprisoned for years, simply for having the “face of the enemy.”

Read more in the news article at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).

## WELCOME, BISHOP CEDRICK D. BRIDGEFORTH



*Bishop Bridgeforth preaches Sunday, Feb. 18.*

Plymouth is honored to welcome Bishop Cedrick D. Bridgeforth, Ed.D., to preach at our 10:30 am service this Sunday, February 18.

Bishop Bridgeforth is assigned as the resident bishop of the Greater Northwest Episcopal Area of The United Methodist Church. He is a U.S. Air Force veteran who earned a bachelor’s degree in

religion from Samford University, a Master of Divinity degree from the Claremont School of Theology, and an educational doctorate in organizational leadership from Pepperdine University. He is the author of *Alabama Grandson: A Black, Gay Minister’s Passage Out of Hiding, Thoughts and Prayers*, and *20/20 Leadership Lessons: Seeing Visions and Focusing on Reality*. Please help us welcome him on Sunday.



OPEN YOUR HEARTS AND LISTEN



Join the discussion February 25.

Join Plymouth’s Immigration Ministry Team 12–1 pm Sunday, February 25, in Room 221as we hear from Lidet Gezahegne and other staff from Seattle’s International Rescue Committee and consider: What would it take for Plymouth to host another immigrant family or individual? What help is

offered by the International Refugee Committee as a Co-Sponsor? What would a potential partnership with the IRC look like? What resources would be needed? What is your interest in, and energy for, helping another family find their way and establish roots in the US?

Come, learn what is needed and consider what gifts you could bring to the table. You can also join via Zoom using the link in the news article at PlymouthChurchSeattle.org. (link requires usual Plymouth passcode; contact Rev. Kevin Bechtold if you need the code). Those joining in person can enjoy snacks provided by the Team. Please join the discussion.

BRING GIFT CARDS DURING LENT

During the coming weeks of Lent, the Immigration Ministry Team is conducting our first ever Gift Card Transformation Campaign. It is a great time to go on a search for unused gift cards in your junk drawer or on your desk somewhere. Unspent cards collected will be distributed to families in the immigration process that we are already helping. All cards will be accepted and we will find clever ways to use them.



Bring unused gift cards for migrant siblings.

There will be a special basket for the cards on the offering table each Sunday. We hope you will enthusiastically join us in this effort to offer our immigrant neighbors a bit of ‘help.’ All are welcome to participate! And, if you are inspired to purchase cards to contribute, consider gift cards for grocery stores, Target, local drug stores or Visa Cards.

It would help to have the amounts if you know them written on the cards. Also, if you worship online, please feel free to mail any gift cards to Plymouth (1217 6th Ave. Seattle, 98101) with a note inside indicating they are for the IMT. Thanks in advance for joining us in making our immigrant friends feel welcomed and supported. —Vicki Shoettle, Immigration Ministry Team

LENTEN DEVOTIONAL AVAILABLE

“Bend,” the 2024 UCC Lenten Devotional produced by the Stillspeaking Writers Group and contributors, guides us through the days of Ash Wednesday February 14 through Easter, March 31. Plymouth has purchased a limited number of print editions and pdf editions available for download.



Contact Diane Jacobsen to obtain your link to the pdf edition or to request a print version.

FREE MEDICAL CLINIC FEB. 15-18



February 15–18, Seattle/ King County Clinic will be providing FREE medical, dental and vision care to anyone who struggles to afford or access healthcare at Seattle Center. No ID is required, interpreters will be available, and you do not need to be a resident of Seattle or King County to

receive services. A limited number of admission tickets will be handed out each day starting at 5:30 am at Fisher Pavilion on a first come, first served basis. For more information, please visit: SeattleCenter.org/patients.

MARCH TO STAY ALIVE

The Washington State Poor People’s Campaign, in conjunction with our sibling campaigns across the nation, will gather in our state capital on Saturday, March 2 for a Mass Poor People’s & Low Wage Workers’ State House Assembly to shift the narrative and demand public policies that fully address the interlocking injustices of systemic poverty, systemic racism, militarism, and ecological devastation. More than 2.5 million Washingtonians experience poverty or low wealth here in one of the wealthiest states of the nation and we cannot and will not be silent. Bring family, friends and neighbors and make ourselves heard! Learn more and review our Covenant of Nonviolence prior to joining us on March 2 by visiting PoorPeoplesCampaign.org.



WAYNE MARSHALL RETURNS TO PLYMOUTH MARCH 2

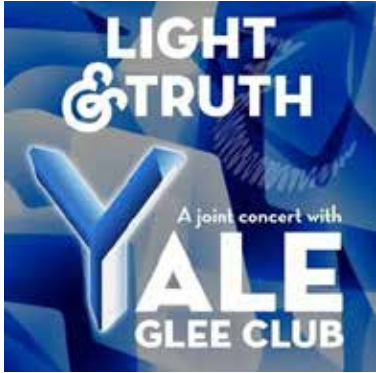
Come to Plymouth 8 pm Saturday, March 2, for a solo concert by virtuoso organist Wayne Marshall presenting the great *Passion Symphony* by French organist and composer Marcel Dupré. Pre-concert talk at 7:15 pm. Admission includes talk, performance, wine and appetizers.



Wayne Marshall performs March 2.

British conductor, organist and pianist Wayne Marshall is world-renowned for his musicianship and versatility on the podium and at the keyboard. Please join us for an evening of unforgettable music. Tickets at SeattleChamberOrchestra.org.

LIGHT AND TRUTH



The Esoterics welcome the Yale Glee Club to the Pacific Northwest with concerts in both Seattle and Tacoma. Catch the performance at Plymouth 8 pm Saturday, March 9.

The choruses will each sing a set of their own music, and then combine forces, forming an ensemble of

more than 100 voices! The Esoterics are truly honored to host one of the most celebrated undergraduate choral ensembles in the world, and we hope that you all will join us for this unforgettable concert! Tickets at TheEsoterics.org.

THE HUMAN FAMILY

Enjoy a recital featuring cast members from *X: The Life of Times of Malcolm X*. Joshua Conyers’ (Blue) tender baritone will be joined by frequent Seattle Opera collaborators and chorus members sopranos Ibidunni Ojikutu (*A Thousand Splendid Suns*, *Porgy and Bess*), and Ellaina Lewis (*Blue*, *Porgy and Bess*, *From His Heart’s Deep Core*) for an evening of music from across the ages. Tickets at SeattleOpera.org.



Performance on February 29.

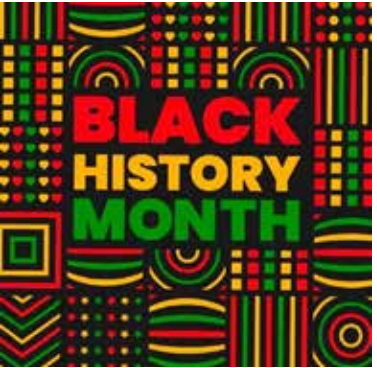
- Thursday, February 29, 2024 7 pm Langston Hughes Performing Arts Institute (104 17th Ave S, Seattle).

Read more and purchase tickets at SeattleOpera.org.

THIS WEEK IN BLACK HISTORY

February 12

- First Lt. Nancy C. Leftneant became the first Black person accepted in the regular Army Nursing Corps, 1948
- NAACP founded after riot in Springfield, IL, 1909
- Henry Highland Garnet, first Black person to speak in the US Capitol, delivered memorial sermon on the abolition of slavery in the House of Representatives, 1865



February 13

- Southern Christian Leadership Conference organized at New Orleans meeting with Martin Luther King Jr. as president, 1957
- First Black pro Basketball team, “The Renaissance,” organized 1923

February 14

- National Negro Congress organized at Chicago, 1936
- Morehouse College organized in Augusta, Ga. The institution was later moved to Atlanta, 1867
- New registration law in Tennessee abolished racial distinctions in voting, 1867
- Frederick Douglass, “The Great Emancipator,” is born, 1817

February 15

- Henry Lewis becomes the first Black person to lead a symphony orchestra in the United States, 1968
- Black abolitionists invaded a Boston courtroom and rescued a fugitive slave, 1851
- Sarah Roberts barred from white school in Boston. Her father, Benjamin Roberts, filed the first school integration suit on her behalf, 1848

February 16

- New York City Council passes a bill prohibiting racial discrimination in city-assisted housing developments, 1951
- New registration law in Tennessee abolished racial distinctions in voting, 1867
- Frederick Douglass elected President of Freeman Bank and Trust, 1857

February 17

- Virginia House of Delegates votes unanimously to retire the state song, “Carry Me Back to Old Virginia,” a tune that glorifies slavery, 1997
- Congress readmits Mississippi on condition that it would never disenfranchise Black citizens, 1870