

## SUNDAY AT PLYMOUTH

10:30 am Sunday, April 7, 2024

Worship in the Sanctuary or Online

Second Sunday of Easter

2 Corinthians 9:6-10

Laura Shigeta

11:30 am Coffee Hour, Lounge/Patio

11:45 am Sound Medicine Meditation, Hildebrand Hall

*Horizon House residents can ride the charter bus to Plymouth on April 14.*

Find links to video stream and worship bulletin and participate online at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

*Whether you are a seeker, skeptic, believer or somewhere in between on life's journey, you are welcome here. We are grateful for your presence and invite you to participate in worship and service of Plymouth Church UCC.*



PO Box 21368  
Seattle, Washington 98111

Return Service Requested

## OUR PRAYERS ARE WITH...

Afghan Family (Supported by Plymouth), Michelle J. Bennett (Sister of Dawn Bennett), Walter Bethel (Friend of Karen Clark), Wendy Carpenter (Friend of Jocelyn Coit-Durland), Bruce Chittick & family (Friend of Karen Clark), Mike Correy (Friend of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Mark & JT Edwards, Diane Folkert (Mother-in-law of Ara Lawrence), Sally Galliher (Cousin of Doug Stultz), Marni Good (Friend of Ricky Powell), Elvis Gordon (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Katherine Guthrie, Allie James (Friend of Dawn Bennett), Vance McDill, James McDowell (Cousin of Jerry Rice), Barbara Miller (Friend of Barb Laski), Dr. Maxine Mimms, Ian Nelson (Son of Diane Nelson), Paula Orrego, Nancy Parker, Jean and Richard Paul (Parents of Beth Paul-Russell), Mary Margaret Pruitt, Jose Robles and Family, Shirley K. Shelley (Aunt of Ricky Powell), Jaime Rubio Sulficio, Elizabeth Thoreson (Sister of Anne Kiemle, sister-in-law of Kael Sherrard), Irene Wall (Friend of Ruth Williamson)

Our hearts are with Heather Banks and Kathleen Bernard and family on the loss of their mother Susan Carter.

We are with Anne Mohundro on the one-year anniversary of the passing of her friend Abby Scott.



The Plymouth *Herald* is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram! [f](#) [t](#) [i](#)

Volume 62  
Number 30

# PLYMOUTH CHURCH HERALD

April 3, 2024

## THE SEASON OF EASTER



Easter begins a new season for the church.

Easter begins a new season. The power and glory of the Resurrection forges forth a new way of being. Life and death have been transformed. The emptiness of the tomb demonstrates the power of what has been left behind as well as previews the promise ahead.

*"The explosive force of the Resurrection is too vast to be contained within a celebration of one day...The first day of*

*the season, Easter Day, is the opening of a protracted celebration, even as the Resurrection is itself the opening to a vast new reality."*

—Laurence Hull Stockey

When Jesus walked out of the tomb, we were given a new identity, a new purpose, and a new way of life. The same Spirit that raised Jesus from the dead now dwells in us and empowers us to live lives of Christlike compassion and love. In the weeks of the Easter season, we journey from the tomb with Jesus and the early disciples from that perspective. From the Day of Easter to the Day of Pentecost, we find God in flesh and in spirit moving in the world and in us. The season from Easter to Pentecost is also called the Great Fifty Days, a tradition inspired by the Jewish season of fifty days between Passover and Shavuot, the feast celebrating the giving of the Torah to Moses.

*"The story of the Resurrection is that creation is wired for new beginnings. The story of the Resurrection is that fear and hate and grief do not win the day. Love does."* —Rev. Dr. Mark Sandlin 🌍

## NEW PLYMOUTH UCC PO BOX

Please note that Plymouth Church UCC now has a PO Box. Effective immediately, please send all future postal correspondence to our new mailing address:

**Plymouth Church UCC**  
**P O Box 21368**  
**Seattle WA 98111**

USPS will forward all mail to the new PO Box during this time of transition. No worries! Plymouth Church UCC physical address (1217 6th Ave, Seattle WA 98101) remains the same as it has been since 1963. 🌍



Easter begins a new season for the church.

## SHIFTING PERSPECTIVES

What started as Autism Awareness Month in 1970 was changed in 2011 to Autism Acceptance Month. Awareness Month was not universally liked by the Autistic community.

Part of the problem is that awareness has not proven effective at improving the lives of Autistic people. In fact, these awareness drives often lead to the widespread dissemination of misinformation and outdated perspectives, causing further difficulties for people in the community. With no one ensuring the accuracy of the content that gets shared we frequently see harmful myths getting more traction than the truth, and non-autistic voices speaking over Autistic ones.

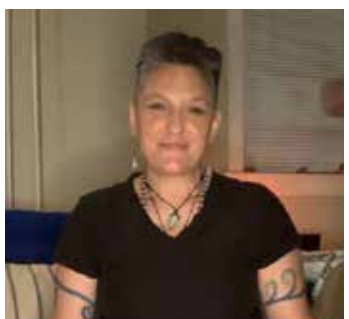
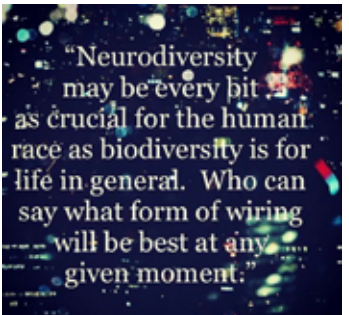
The most radical act you can perform as an ally to Autistic people is to accept them exactly as they are, and beyond that to celebrate them and their neurotype. Most Autistic people are not looking to be "fixed." In fact, there is an Autism Pride day (June 18) so that Autists can have a day to celebrate their identities independent of the infantilizing memes and online harassment that sadly come their way during April.

Envision a different world, one in which all neurotypes are celebrated for the rich diversity they contribute. If we could create this level of inclusion and acceptance, so many of the problems that Autistic people and their families face would be removed. The world is ready for more practical advice, actual steps that can be taken to improve the lives of Autistic people.

Read more at [AutisticAdvocacy.org](https://AutisticAdvocacy.org). 🌍

## SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine Meditation **11:45 am April 7**, in Hildebrand Hall. Participants are encouraged to bring yoga mats, blankets or pillows Some yoga mats and blankets will be available for participants to borrow. Be prepared to receive a profoundly transformational and healing experience. 🌍



April 7, after worship in Hildebrand Hall.



The Publication of Plymouth Church Seattle  
1217 Sixth Avenue, Seattle, Washington 98101  
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LOVE IS LOUDER



Nex Benedict died on Feb. 8, the day after the nonbinary 16-year-old was reportedly beaten by classmates in the bathroom of their Oklahoma high school. Outrage followed reports of Benedict’s death. With calls for a full investigation from their family and LGBTQ+ advocacy groups, the story has drawn widespread attention to experiences of LGBTQ+ youth. Oklahoma’s medical examiner recently determined Benedict’s death a suicide, and last week Oklahoma’s District Attorney ruled that no criminal charges will be filed in the case.

“Nex Benedict should still be here,” said Rachael Ward, minister and team lead for the United Church of Christ’s Gender and Sexuality Justice Ministries. “LGBTQ+ youth deserve to become queer elders. They deserve environments where they can flourish with nurturing care, support, and resources. For many queer youth, school can become a safe haven for friendships, mentorships, and discovery of what brings them life. They should not be environments where life is taken away or diminished.”

The outcry and outrage remains present as advocacy groups like the Human Rights Campaign call for wider investigation into the school system, Oklahoma’s Department of Education, and the state superintendent. Benedict reported experiencing bullying at school for how they dressed, and the altercation prior to their death took place in the girl’s restroom — the bathroom Benedict was forced to use as a result of Oklahoma’s 2023 bathroom ban bill. Similar bathroom bans are circulating across the United States, mandating that trans and nonbinary people use the bathroom correlated to the sex listed on their birth certificate.

*“To our LGBTQ+ youth... There are more people than you are aware of around you who truly are for you and your flourishing.”*

sending all our love to you.” they said. “This moment is scary. And admitting that to our communities is important. Your emotions, your fears, and your hopes are valid. There are more people than you are aware of around you who truly are for you and your flourishing. I grieve with you. I cry out alongside you, and God does too.”

Gender and Sexuality Justice Ministries is holding a webinar, “Advocacy 101: Communal Care for Trans & Non-Binary Siblings,” on April 17, which will journey through the “Love is Louder” toolkit for trans and non-binary siblings. Link to register in the news article at at UCC.org.

MELODIOUS SOUNDS FOR THE TIMES

Josephine Howell Productions presents a musical extravaganza that will leave you better than when you came. 12:30–2:15 pm Sunday, April 21, at Plymouth. The program is filled with laughter, music, singing, & celebrating. Come, treat yourself to an afternoon that will revive your spirit and comfort your soul.

Special Guest Artist Atlanta-based musical genius, Collette “ CC Sunchild” Coward, will gift us with her incredible style and brilliant delivery. Musical talents of Josephine Howell & Friends are Jake Sele on keys, Medearis Dixson on Sax, Christopher Patin on Drums, and more. Don’t miss this experience! Freewill offering, no charge to attend.



Josephine Howell, photo by Susan Fried

MOZART AND FRIENDS



7 pm Sunday, April 14 at Benaroya Hall

Enjoy beloved classics for violin, cello, and four-hand piano 7 pm Sunday, April 14 at Benaroya Hall. Works by Wolfgang Amadeus Mozart and two friends who inspired his work: Josephine Aurnhammer and Joseph Bologne. Featuring violinist Eduardo Rios, cellist Nathan Chan, and pianists Joseph Williams and Byron Schenkman.

Tickets at SoundSalonMusic.org/Mozart-and-Friends.

MUSIC NOTES

**Cassandra** Soprano Ellaina Lewis will sing the world premiere of *Cassandra*, an epic opera-oratorio by Seattle-based composer William C. White. **7:30 pm April 6**, Shorecrest Performing Arts Center (15343 25th Ave NE, Shoreline). The concert also includes orchestral works by Gershwin and Bernstein. Admission is \$25. Learn more at HarmoniaSeattle.org.

**Jewels** Dimitriou’s Jazz Alley welcomes the debut of Seattle singer/guitarist Stephanie Anne Johnson performing in support of their 2023 release *Jewels*. With Jeff Fielder (guitar, vocals), Shaun Crawford (bass), Aaron O’Neill (drums) and Jake Sele (keys). **7:30 pm April 9 and April 10**. Doors open at 6 pm each night; dinner available for purchase. Admission is \$31.50 and includes free parking. Learn more at JazzAlley.com.



Don't miss these upcoming performances.

SHARE AND CARE

The former sign boards outside our building are now pantries for the community, filled with food, and comfort items. The pantries provide a display of compassion and solidarity with those experiencing homelessness or who are under-resourced. Please add comfort items, or even notes to remind the reader they are beloved.



A simple gesture can mean so much.

CLOTHES AND SHOES NEEDED



Bring gently used clothing and shoes.

Plymouth Church, UCC is a sponsor of Big Brothers Big Sisters of Puget Sound. You can help by dropping off clothing and shoes at the church in the grey bin located by the elevator on the 1st floor. Gently used clothing and shoes of any size are appreciated. Read more about the mission of Big Brothers Big Sisters of Puget Sound at InspireBig.org.

RESPONDING TO AN OVERDOSE

As a community, we have the opportunity to equip ourselves with the knowledge and tools needed to respond to an overdose. Public Health Seattle & King County and our partners are committed to increasing awareness and providing trainings to King County residents, healthcare professionals, first responders, and community organizations to recognize and prevent an overdose. With powerful tools like naloxone, we can reverse the effects of an overdose and save lives.

It’s crucial for King County residents to have easy access to these life-saving tools and be prepared to act when needed. Public Health hosts overdose prevention training for the community at large every three months. These hour-long trainings cover updates on drug trends and how to be prepared to respond to an overdose, including the types of treatments available, how to start a conversation around overdose and training in overdose prevention.

For more information, please visit StopOverdose.org or email Overdose@kingcounty.gov. Keep yourself up to date by visiting KingCounty.gov/overdose.



ADVOCATE!

States like Florida and Texas are banning local heat standards for workers. That’s why we need federal standards. Only a handful of states — California, Oregon and Washington — have policies on farm work in extreme heat. With climate change, outdoor workers are more in danger every year. Farm workers are as much as 35 times more likely to be killed by heat than any other civilian occupation. Message your federal elected officials and tell them to support the crucial Ascension Valdivia Heat Stress Injury, Illness and Fatality Prevention Act.



Put faith in action.

Take Action with the National Farm Worker Ministry to improve living and working conditions via their legislative page. Visit Nfwm.org.

Look for the Responsibly Grown, Farmworker Assured, EFI label which means healthier working conditions and safer food. The EFI label signifies that the workers harvesting your fresh produce are not only treated well and compensated fairly, but they are engaged to identify problems and solutions that impact the safety of your food while helping to transform the agricultural supply chain.

Get ready to advocate for the Farm Bill this summer! FAN will be sharing more resources and opportunities to advocate for a renewed Farm Bill before the end of September that includes protections for farmworkers. .

Additional informational resources available from the National Farm Worker Ministry: Nfwm.org/Resource-Cente.

CARE TEAM IS HERE FOR YOU

Your Plymouth Care Team is committed to responding to all care concerns that come our way. Please use the Plymouth Care Line phone number to get in touch: **206-639-7739**. Messages checked daily. The Care Line is for non-emergency issues. For acute crises, call 988.. Members of the Care Team are:



Let us know what we can do for you.

- **Rev. Dr. Kelle Brown** (KBrown@PlymouthChurchSeattle.org)
- **Rev. Kevin Bechtold** (KBechtold@PlymouthChurchSeattle.org).
- **Rev. Donene Blair** (DBlair@PlymouthChurchSeattle.org)
- **Faith Community Nurse June Hayakawa-Fung** (JHayakawaFung@PlymouthChurchSeattle.org)