

SUNDAY AT PLYMOUTH

10:30 am Sunday, May 21, 2023

Worship In Person or Online

Service in the Sanctuary

Seventh Sunday in Easter

Luke 14:7-14

“Invitations”

Rev. Dr. Kelle Brown

11:30 am Coffee Hour, Lounge/Patio

11:45 am Sound Medicine Meditation, Hildebrand Hall
(see article page 1)

Find links to video stream and worship bulletin and participate online at **PlymouthChurchSeattle.org**.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

BIG HATS AND BOW TIES



Wear your favorite big hat and/or bow tie to worship o Sunday, June 4, the stay for brunch. Enjoy good food, good company and live music Suggested donation of \$25. Please RSVP in the news article at PlymouthChurchSeattle.org or contact Toni Arthur, TArthur@PlymouthChurchSeattle.org. Hope to see you there!

THANK YOU TO SO MANY



Korea, Mexico, Peru. Chile, Argentina, Jamaica, Costa Rica, El Salvador, Puerto Rico, Malaysia and Panama, all sharing our traditions and culture. It was just...unbelievable!

Follow Panama Folklore Seattle on Facebook as we continue promoting and cultivating our traditions and customs here in the Pacific Northwest. ✨



1217 Sixth Avenue, Seattle,
Washington 98101-3199

Return Service Requested

OUR PRAYERS ARE WITH...

Mark & JT Edwards, Afghan Family (Supported by Plymouth), Susan Carter (Mother of Heather Banks & Kathleen Bernard), Sue Ellen Daniel (Friend of Barb Laski), John Daniels, Susan Emerson (Mother of Kate Forrester), JoAnn English (Relative of Lucian Guthrie), Shirley K. Shelley (Aunt of Ricky Powell), Anna Florey, Marni Good (Friend of Ricky Powell), Floyd Gossett, Michelle J. Bennett (Friend of Dawn Bennett), Allie James (Friend of Dawn Bennett), Irma Johnson (Friend of Toni Arthur), Concetta Lewis (Sister of Jo-Ann Guthrie), Barbara Miller (Friend of Barb Laski), Montecino Family, Paula Orrego, Jim Oswald (Friend of Bing Tso), Anna Partch (Friend of Sari Breznau), Jerome Robinson, Jose Robles and Family, Doug Ryan (Brother of Mary Ryan), Jaime Rubio Sulficio, Beta Utu Malae (Sister of Robert Malae), (Sister of Michael Gordon)

bold=newly added. Names will remain on list for six weeks unless requested.

The Plymouth *Herald* is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram! [f](https://www.facebook.com/PlymouthChurchSeattle) [t](https://www.twitter.com/PlymouthChurchSeattle) [i](https://www.instagram.com/PlymouthChurchSeattle)



PLYMOUTH CHURCH HERALD

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SOUND MEDICINE MEDITATION



Tory Trujillo

Plymouth Church Seattle invites Tory Trujillo to offer a deeply healing Sound Medicine Meditation. A Sound Medicine Meditation is sometimes also referred to as a sound bath. Participants are welcomed to sit or lie down comfortably. Tory will center the group with breath work and embodiment practices and will continue by playing

Quartz Crystal Singing Bowls, A Mayan Ocean Drum, and improvising vocal toning for the purposes of relaxation, healing, and to help anchor and amplify each participant's intentions. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort if they wish to participate while lying down. Some Yoga mats and blankets will be available for participants to borrow. Be prepared to receive a profoundly transformational and healing experience.

Please join us in Hildebrand Hall this Sunday, May 21, from 11:45 am-1 pm. Suggested Donation \$20. Upcoming dates this summer are June 11, July 16 and August 20.

Hailing from West Michigan and and the shores of her Beloved Lake Michigan, Tory Trujillo is a Mixed Blood, Two-Spirit, Facilitator of Healing as a Licensed Massage Therapist, Energy Worker, Professional Vocalist, and Sound Healer. Her healing methods are rooted in her Mexican Indigenous heritage. Her modalities are informed by her ancestral lineage, draw deeply from intuition, and enhanced through additional training. She has been offering group and individual sound healing experiences since 2011. Her first solo album, *Still Point~Music for Healing* was released in March of 2011. ✨

DATES TO NOTE

- **Sunday, June 4:** Big Hats & Bow Ties Brunch
- **Sunday, June 18:** Juneteenth Celebration
- **Sunday, June 25:** Plymouth's 30th Anniversary of becoming an Open & Affirming Church and Pride Parade
- **Sunday, July 2:** Panel Discussion with Plymouth's Immigration Ministry Team during worship
- **July 16-20:** All Church Camp at N-Sid-Sen in Idaho ✨

WORKING WITH GOD

A faithful person found themselves caught by floodwaters. They were afraid, but quickly remembered that they had heard for a lifetime in church: God will save.

When the first boat came by, they sent it on to help others who were in need. When a second boat arrived, the water had risen dangerously. Still, they sent the boat away, telling the rescuers, “God will save me.”

Finally, a helicopter came by, dropping down a ladder. The faithful person turned down the rescue attempt, still sure God would show up at any minute.

Unfortunately, the waters rose and the person drowned. After their death, they met God in heaven. Confused, the person asks God why God didn't intervene. God says to them, “I sent two boats and a helicopter. Why didn't you work with me?”

I offer this well-used story today for us to know that God welcomes us to participate with God and show up! It is my prayer to have you with me in solidarity, moving and shaking the world together.

How do we work with God? One example is that I am one of the Tri-Chairs of Washington State for the *Poor People's Campaign: A National Call for a Moral Revival*. Being called to profound work means I bring you with me, so that we are the moral force of a whole community doing justice for the most vulnerable.

So it is with the upcoming Pride Parade on June 25; with the continued pursuit to end medical debt, which we will ritualize on Pentecost Sunday; with our music program in need of your voices and gifts; with leadership and participation in worship, Bible studies, and the upcoming concerts.

Let us believe what God can do with the remnant, with those who believe in the mission and purpose of Plymouth Church to love God, love people and change the world. Plymouth needs your participation, your commitment to its programs and mission, and your prayers and support. Let us work with God together! —Rev. Dr. Kelle Brown ✨



Rev. Dr. Kelle Brown

PLYMOUTH CELEBRATES AAPI HERITAGE MONTH



Asian Americans and Pacific Islanders have contributed significantly to many facets of American culture and society, including science and medicine, literature and art, sports and recreation, government and politics, and activism and law. In 2021, Kamala Harris became the first Asian American Vice

President of the United States. The theme for AAPI Heritage Month 2023 is “Advancing Leaders Through Opportunity.”

AAPI people have a long history in the US, despite the stereotype that they are “perpetual foreigners.” According to the Bering Land Bridge Theory, Asians first migrated to what is now known as North America over 15,000 years ago.

In the 16th century, Filipinos who were escaping forced labor and enslavement during the Spanish galleon trade immigrated to North America, eventually establishing a settlement in St. Malo, Louisiana in 1763. During the California Gold Rush of the 1850s, a wave of Asian immigrants came to the West Coast and provided labor for gold mines, factories and the transcontinental railroad.

In 1882, Congress enacted the Chinese Exclusion Act, which banned Chinese immigration for 20 years.

Japanese and Koreans began immigrating to the US by 1885 to replace Chinese labor in railroad construction, farming

and fishing. However, in 1907, Japanese immigration was again restricted. During World War II, from 1942-1945, people of Japanese descent were incarcerated in internment camps.

The civil rights movement assisted the liberalization of immigration laws. The 1965 Immigration and Nationality Act changed restrictive national origin quotas and allowed for the large numbers of Asians and Pacific Islanders to come to the United States with their families. Today, Asian Americans and Pacific Islanders are the fastest growing racial group in the US.

In January 2021, the White House released a “Memorandum Condemning and Combating Racism, Xenophobia, and Intolerance Against Asian Americans and Pacific Islanders in the United States,” acknowledging prevalent xenophobic sentiments and proposing ways to prevent discrimination, harassment, bullying, and hate crimes against AAPI individuals.

AAPI Heritage Month celebrates the unique journey of all AAPI immigrants and citizens in the US and their unique life experiences, traditions and cultures. ✨

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WITH JOY AND THANKSGIVING

We rejoice with Karina, Jorge and daughter Melany who were granted asylum here on May 9, four years after fleeing the gangs in their beloved El Salvador. Another family member was granted her asylum earlier this year. These four people are part of the families from El Salvador seeking asylum who have lived at Gethsemane Lutheran Church, our Sanctuary Hub



partner. In this uncertain time for immigrants, we are thrilled that their attorney from Northwest Immigrant Rights Project was able to get the needed evidence to prove their case in Seattle Immigration Court. We learned after the hearing that the judge in this case has denied 80% of the asylum cases he hears!

Your financial support for the Plymouth Immigration Ministry Team and your prayers are part of what has sustained this extended family during these four years. We also have tutored them in English, gone on social outings as well as grocery shopping and doctors’ appointments, helped with getting them into school and daycare, provided clothing and holiday gifts, and many other things. It takes a village to successfully navigate life as an immigrant family in Seattle. They are so grateful! Although they will continue to need some help from us, they no longer must check in with ICE (U.S. Immigration and Customs Enforcement) nor live with the daily fear of being deported.

There are three more families from El Salvador seeking asylum whom we are helping to support at Gethsemane Lutheran Church. Thank you, Plymouth, for making this financially possible, as well as helping the Afghan family. The Immigration Ministry Team meets on Zoom on the first Wednesday of each month and all are welcome. —Carol Mooney ✨

WHAT IT’S ALL ABOUT



Your support makes a world of difference.

“You can’t recover unless you have a stable place to be, a place where you feel safe, a place that’s yours.” —William, Plymouth Housing Resident

William is thriving at Plymouth Housing thanks to support from his on-site case manager, Jaclyn. He finds fulfillment in cooking breakfast for people in his building. It’s a way to give back:

“If you’ve got a little extra, give it to the people that don’t got it,” he says. “I mean, isn’t that what it’s all about?”

We invite you to support spaces of belonging for people leaving homelessness behind. Your generosity makes a difference for people like William and fellow residents on their journeys of healing. Visit PlymouthHousing.org to get involved. ✨

JOIN WEEKLY BIBLE STUDY

All are welcome to online Bible study via Zoom every Wednesday, from 9-10:30 am, led by Rev. Kevin Bechtold.

A typical meeting begins with attendees checking in with one another and then discussing the scripture texts for the following Sunday’s worship service before closing in prayer. Kevin studies the texts beforehand to provide background and context for the discussion. He also sends a weekly email with a link to that week’s scripture texts as well as a link to the Zoom meeting.

Biblical knowledge is not a prerequisite for joining this group! If you have questions, or would like to join, please contact Kevin at KBechtold@PlymouthChurchSeattle.org. We hope to see you Wednesday morning! ✨



Join friends for Wednesday online Bible study.

WHITE SUPREMACY-FREE ZONES



A resolution calling United Church of Christ congregations to confront white supremacy will be considered at the 2023 General Synod when it meets June 30–July 4 in Indianapolis. Full texts of each of this and other proposed resolutions are available at the General Synod website: GeneralSynod.org.

The resolution is all about moving from words to actions. The proposed resolution calls on local churches to declare themselves a “white supremacy-free zone” and confront racist ideology. It describes racism and white supremacy as forms of idolatry that must be challenged, and that simply declaring “Black Lives Matter” hasn’t done enough.

“Where is the United Church of Christ, visibly and boldly?” asks the resolution sponsored by the Potomac Association and Central Atlantic Conference. The idea to claim spaces as “white supremacy-free” aims to encourage congregations across the UCC, particularly those of predominantly European descent, to “put some skin in the game and profess in your local communities where most of these injustices tend to happen that this is a safe space,” said the Rev. Marvin Silver, CAC associate conference minister. Read more at UCC.org. ✨

BIBLE STUDY SIP & CHEW

Please join us for Bible study and fun at Station 18 Drinks & Eats in Ballard on Thursday, June 1 from 4–6 pm. Participants are responsible for their own food and drink. Please RSVP to Toni Arthur (TArthur@PlymouthChurchSeattle.org) by May 29. ✨

PENTECOST SPECIAL OFFERING

Sunday, May 28 and throughout the month of June, gifts marked Pentecost Special Offering will be divided evenly between UCC Special Offering Strengthen the Church and Scholarships for Plymouth UCC members to take the Undoing Institutional Racism training.



Strengthen the Church (STC) reflects the shared commitment to cooperatively build up the UCC. Funds raised support leadership development, new churches, youth ministry, and innovation in existing congregations.

One-half of the Pentecost special offering will be earmarked to scholarships for Plymouth members to take the Undoing Institutional Racism training. These Workshops are designed to educate, challenge and empower people to “undo” the racist structures that hinder effective social change. See full schedule and details at PinwSeattle.org. Contact Diane Jacobsen for scholarship details.

We give thanks for all your gifts. ✨

UNDO INSTITUTIONAL RACISM



The Undoing Institutionalized Racism workshop is offered by The People’s Institute for Survival and Beyond (PISAB), a national multiracial, antiracist collective of veteran organizers and educators dedicated to building an

effective movement for social change. The training is based on the premise that racism has been systematically erected and that it can be “undone” if people understand where it comes from, how it functions and why it is perpetuated. Cost is \$350 per person. Next workshop is **June 14-16**. Find full schedule and link to register at PinwSeattle.org. ✨

SUMMER IS COMING

Plan to join Plymouth campers July 16-20 at N-Sid-Sen on Lake Coeur d’Alene, Idaho. N-Sid-Sen means “Point of Inspiration” in the language of the indigenous Coeur d’Alene people. Enjoy woodland and waterfront activities, faith-based immersion experiences, and meaningful connections. Keep reading the *Herald* and website for updates and details. ✨



Join All Church Camp July 16-20