

SUNDAY AT PLYMOUTH

10:30 am Sunday, July 2, 2023

Worship In Person or Online

Fifth Sunday after Pentecost

Sacrament of Communion

Matthew 15:29–39

Rev. Kevin Bechtold

Rev. Dr. Kelle Brown is attending the United Church of Christ
General Synod in Indianapolis June 30-July 4.

11:30 am Coffee Hour, Lounge/Patio

Find links to video stream and worship bulletin and
participate online at PlymouthChurchSeattle.org.

If you have personal concerns, you may contact a minister or
member of the Pastoral Care Team by calling the
pastoral care line, **206-639-7739**, checked daily.

ALL ABOARD!

Horizon House residents can ride the charter bus to
Plymouth on the first Sunday of every month. The bus
will pick you up at Horizon House and bring you to
Plymouth in time for the 10:30 am service and return
you to Horizon House afterward.

SHARE WITH SENIORS



Share your passion and skills.

Pike Market Senior Center, located in the heart of Pike Place Market, is looking for willing folks to share their passions through facilitating workshops, lectures and skill sharing. We are developing opportunities to expand the minds, and increase socialization opportunities, of our members and need your help. All of our programming

is offered without cost to members. We can tailor volunteer commitments that work for you.

We serve a diverse and vibrant slice of the downtown community. Please contact Zoe Freeman for more information: Zoe@pmsc-dtfb.org.

Learn about Pike Market Senior Center at Pm-sc-fb.org.

The Plymouth Herald is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram! [f](https://www.facebook.com/PlymouthChurchSeattle) [t](https://www.twitter.com/PlymouthChurchSeattle) [i](https://www.instagram.com/PlymouthChurchSeattle)



1217 Sixth Avenue, Seattle,
Washington 98101-3199

Return Service Requested

OUR PRAYERS ARE WITH...

John Adams (Father of Katherine Guthrie), Afghan Family (Supported by Plymouth), Mae Bell, Michelle J. Bennett (Friend of Dawn Bennett), Susan Carter (Mother of Heather Banks & Kathleen Bernard), Sue Ellen Daniel (Friend of Barb Laski), John Daniels, Mark & JT Edwards, Skylyr Effler (Nephew of Bill & Marilyn Bumpas), Susan Emerson (Mother of Kate Forrester), JoAnn English (Relative of Lucian Guthrie), Anna Florey, Diane Folkert & Family (Mother-in-law of Ara Lawrence), Marni Good (Friend of Ricky Powell), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Lucian Guthrie, Allie James (Friend of Dawn Bennett), Irma Johnson (Friend of Toni Arthur), Shirley K. Shelley (Aunt of Ricky Powell), The Keith Family (Friends of Mari Mitchell and Alex), Concetta Lewis (Sister of Jo-Ann Guthrie), Lindsey (Niece of Nan Macy), Beta Utu Malae (Sister of Robert Malae), Barbara Miller (Friend of Barb Laski), Montecino Family, Paula Orrego, Jim Oswald (Friend of Bing Tso), Anna Partch (Friend of Sari Breznau), Joshua Robinson (Grandson of Patricia Valentine), Jose Robles and Family, Jaime Rubio Sulficio, Charon Washington (Sister of Michael Gordon), Pluma Wright (Friend of Glenda Carper)

Congratulations to Mikesha and Shaun Davis, daughter of Michael Gordan, on their marriage at Plymouth July 1, 2023

A memorial service for Nancy Schoettler will be held 2 pm Sunday, July 2, at Horizon House Sky Lounge.

PLYMOUTH CHURCH HERALD

Volume 61
Number 41

June 28, 2023

LICKS OF FIRE: DOING JUSTICE, LOVING MERCY, WALKING HUMBLY



Join Plymouth to help retire medical debt in Washington state and beyond.

As a measure of our faith in action, Plymouth Church Seattle begins its campaign to end medical debt in Washington State and beyond. Beginning on the day of Pentecost, we hope to continue creating a world where equity is the order of the day. The day of Pentecost is appropriate because it represents the spirit rushing in as a mighty

wind, and settling upon each in community as a lick of fire. It symbolizes the beloved community, and the awareness that all people are worthy, known and loved.

Through your donations, RIP Medical Debt purchases bundled medical debt portfolios from the secondary debt market and hospital systems and then eliminates that debt for pennies on the dollar. On average, \$1 is leveraged to abolish \$100 in medical debt, and every donation made on this page will be spent directly on abolishing medical debt across the states of Washington, Alabama, Georgia, and Tennessee.

Debt relief recipients will receive a letter from RIP, and they will be told that their debt has been bought and erased with no strings attached. Each recipient will owe nothing on the debt and will face no tax penalty. For those touched by this movement to abolish medical debt, it will be a year of Jubilee!

Join us as we end medical debt for the most impacted in the Pacific Northwest, the South, and in places where the crisis of medical debt looms. Together, you and I can do the work of equity and justice, following the spirit to infuse freedom in the world. —Rev. Dr. Kelle Brown

See the news article at PlymouthChurchSeattle.org for a link to learn more, to donate and to get involved.

Plymouth Congregational Church's recent generous donation to RIP Medical Debt relieved over \$3M of medical debt for 2,700+ individuals in dozens of counties across Washington. See the news article at PlymouthChurchSeattle.org for a link to the detailed financial report. ✨

WHO TO GO TO FOR WHAT

Hello Plymouth! I want to bring your attention to a wonderful new feature on our website.

Thanks to Rev. Dr. Kelle Brown and several others in our midst, we now have a “Who To Go To For What” guide as well as an Organizational Chart that shows all of the Clergy and Staff. You can find the link to the guide on the “Meet our Staff” page under the “About” tab at PlymouthChurchSeattle.org (in the blue banner, under “Meet Our Amazing Team”).

The guide includes contact information as well as particulars about each person's workweek schedule. When you reach out to folks, please be sure to take into account that many of our clergy and staff do not work traditional Monday through Friday schedules and that some work part-time.

We very much hope that both the contact guide and the organizational chart are helpful to you. If you see that something is missing or you have questions about either one, please contact Rev. Kevin Bechtold, KBechtold@PlymouthChurchSeattle.org. —Tracy Simpson, Plymouth Moderator ✨

JOIN THE MOVEMENT



toward becoming antiracist and continuing the Juneteenth lineage of moving from emancipation toward freedom. If you couldn't join, or if you would like to review or share, a link to the recording of this celebration is available in the news story at PlymouthChurchSeattle.org.

Visit JoinTheMovementUCC.org to learn more. ✨



Find out who to contact with your questions.

SYNOD PRAYER WALK SUPPORTS TRANS SIBLINGS

WE SEE YOU

WE LOVE YOU

WE STAND
IN SOLIDARITY
WITH YOU

YOU ARE WELCOME HERE

UNITED CHURCH
OF CHRIST

Rev. Dr. Kelle Brown is attending the United Church of Christ General Synod in Indianapolis June 30-July 4. On July 1, The United Church of Christ will take to the streets of Indianapolis in prayer to call attention to laws that cause harm to trans citizens, and provide encouragement and support for

people harmed by current and pending legislation that threatens their right to be who they are.

“Wherever the United Church of Christ gathers as the General Synod, we desire to leave an imprint of faithful witness as testimony to our collective understanding of a just world, in accordance with scripture and our Synod resolutions,” said Associate General Minister the Rev. Traci Blackmon, who is helping organize the prayer walk. “In our current socio-political climate, the Church desires to continue to be a reconciling force for good, calling our nation to become its higher self with love.”

In Indiana, a new law that banned gender-affirming care for minors was signed by Gov. Eric Holcomb in April. On June 16, a federal judge blocked much of it. The UCC Prayer Walk on Saturday, July 1 will take place on the day that ban would have taken effect. “This makes the witness even more necessary,” Blackmon said.

“We stand with those whose very lives are threatened by anti-trans legislation and hateful rhetoric.”

The rights of trans people in the United States have come under attack this year. The Trans Legislation Tracker cites hundreds of anti-trans bills introduced in 2023: more than 500 proposed in nearly every state, and more than two dozen at the national level. That includes 17 in Indiana.

Under the legislation passed by Republican majorities in the state House and Senate, trans youth in Indiana currently taking medication to transition would have had until the end of the year to stop doing so. Indiana is one of 18 states trying to ban gender-affirming care for kids in 2023.

“We want the public to know that the United Church of Christ is not tone-deaf to the cries of LGBTQIA+ families across this nation,” Blackmon said. “We want the message to be clear that we stand with those whose very lives are threatened by anti-trans legislation and hateful rhetoric, regardless of religious expression or the lack thereof. As people of faith, we gather to stand against the legislating of any faith as an act of embodied discipleship that has long-standing history within the UCC.”

SCENES FROM PRIDE SUNDAY



Thanks to all who helped celebrate Plymouth’s 30 anniversary of becoming an Open and Affirming Church, and who carried that celebration to the streets of Seattle to show, along with other area churches, our commitment to stand in solidarity with the LGBTQIA+ community.

UNDO INSTITUTIONAL RACISM

The Undoing Institutionalized Racism workshop is offered by The People’s Institute for Survival and Beyond, a national multiracial, antiracist collective of organizers and educators dedicated to building an effective movement for social change. The workshops are designed to educate, challenge and empower people to “undo” racist structures that hinder effective social change.

Cost is \$350 per person. Plymouth scholarships available, contact Rev. Kevin Bechtold for scholarship information: KBechtold@PlymouthChurchSeattle.org. Next workshop is **July 10-12**. Find full schedule and link to register at PinwSeattle.org.

REGISTER NOW FOR SUMMER CAMP

Sign up to join Plymouth campers July 16-20 at N-Sid-Sen (“Point of Inspiration” in the language of the indigenous Coeur d’Alene people) near Harrison, Idaho. Enjoy woodland and waterfront activities, faith-based immersion experiences, and meaningful connections.



Register now at PlymouthChurchSeattle.org.

- Teens and Adults (13+): \$300
- Older Kids (ages 8-12): \$275
- Younger Kids (ages 3-7): \$220
- Youngest (2 and under): Free
- Deposit required to hold your spot: \$50 per person or \$100 per family.

Registration is now open. Link to register in the news article at PlymouthChurchSeattle.org. We do not want camp fees to be a barrier to attendance! Please contact Rev. Kevin Bechtold (KBechtold@PlymouthChurchSeattle.org) for scholarship assistance. Questions about camp or want to help organize activities? Call Lyn Stultz at 353-640-3552.

SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine Meditation. A Sound Medicine Meditation is sometimes also referred to as a sound bath. Participants are welcomed to sit or lie down comfortably. Tory will center the group with breath work and embodiment practices and will continue by playing Quartz Crystal Singing Bowls, A Mayan Ocean Drum, and improvising vocal toning for the purposes of relaxation, healing, and to help anchor and amplify each participant’s intentions.



Join Tory Trujillo July 16

Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort if they wish to participate while lying down. Some yoga mats and blankets will be available for participants to borrow. Be prepared to receive a profoundly transformational and healing experience.

Plan to join us in Hildebrand Hall at 12:30 pm Sunday, July 16. Suggested Donation \$20.

Hailing from West Michigan and the shores of her Beloved Lake Michigan, Tory Trujillo is a Mixed Blood, Two-Spirit, Facilitator of Healing as a Licensed Massage Therapist, Energy Worker, Professional Vocalist, and Sound Healer. Her healing methods are rooted in her Mexican Indigenous heritage. Her modalities are informed by her ancestral lineage, draw deeply from intuition, and enhanced through additional training.

TAKE 5 TO SAVE LIVES

Suicide doesn’t have one cause. We can all learn more about the various causes of suicide and how to prevent it. To this end, The National Council for Suicide Prevention (NCSP) has launched the Take 5 to Save Lives campaign.



Take 5 encourages everyone to complete several action steps under 5 important themes: LEARN, KNOW, DO, TALK, and SHARE. The campaign broadens recognition of these important suicide prevention activities and includes public awareness events. Visit Take5toSaveLives.org to learn about and take action on these 5 themes:

- **LEARN** Learning the warning signs, risk factors, and protective factors of suicide will better prepare you to take action and could help save a life.
- **KNOW** By knowing exactly what to say and do, you’ll be ready to act and keep yourself, your friends, and your family safe.
- **DO** Preventing suicide requires action. Everyone can do something to get involved in the suicide prevention movement.
- **TALK** Talking about suicide safely and responsibly can reduce negative stigma and lead to increased help-seeking.
- **SHARE** Help spread the word about one of the most important public health issues of our time.

Suicidal thoughts can plague anyone regardless of age, gender, or social status. Commonly linked to depression, there is no foolproof indicator of suicidal tendencies. Many people suffering from depression or suicidal thoughts cover them up quite well.

If you’d like to learn more or get involved with the International Association for Suicide Prevention, visit IASP.info. Join together with thousands of other people from across the globe to raise awareness and prevent suicide.

The National Council for Suicide Prevention is a coalition of seven national organizations working to prevent suicide. During the last year, these organizations have directly impacted the lives of over 2 million people and generated over 100 million media impressions.

If you or someone you know is in a mental health crisis, dial 988 for The National Suicide Prevention Lifeline, or 911 if in immediate danger.