

SUNDAY AT PLYMOUTH

10:30 am Sunday, July 16, 2023

Worship In Person or Online

*Seventh Sunday after Pentecost
Church Camp at N-Sid-Sen Begins*

Matthew 19:16-30

“A Case for Heaven”

Rev. Dr. Kelle Brown

11:30 am Coffee Hour, Lounge/Patio

12:30 pm Sound Medicine Meditation
(see article page 1)




Find links to video stream and worship bulletin and participate online at **PlymouthChurchSeattle.org**.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

*Whether you are a seeker, skeptic, believer
or somewhere in between on life's journey,
you are welcome here. We are grateful for your presence and
invite you to participate in worship and service
of Plymouth Church UCC.*



All people are
created in
God's image
and are holy
and beloved.
**That includes
you.**

The Plymouth *Herald* is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram!   



1217 Sixth Avenue, Seattle,
Washington 98101-3199

Return Service Requested

OUR PRAYERS ARE WITH...

John Adams (Father of Katherine Guthrie), Afghan Family (Supported by Plymouth), **Ashley and the Zorich Family (Granddaughter of Betty Eberharter)**, Mae Bell, Michelle J. Bennett (Friend of Dawn Bennett), Susan Carter (Mother of Heather Banks & Kathleen Bernard), **Mike Correy (Friend of Karen Clark)**, Sue Ellen Daniel (Friend of Barb Laski), Mark & JT Edwards, Skylyr Effler (Nephew of Bill & Marilyn Bumpas), JoAnn English (Relative of Lucian Guthrie), Anna Florey, Diane Folkert & Family (Mother-in-law of Ara Lawrence), Marni Good (Friend of Ricky Powell), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Lucian Guthrie, Allie James (Friend of Dawn Bennett), Shirley K. Shelley (Aunt of Ricky Powell), The Keith Family (Friends of Mari Mitchell and Alex), Concetta Lewis (Sister of Jo-Ann Guthrie), Lindsey (Niece of Nan Macy), **Alvina Mae Bethel (Friend of Karen Clark)**, Beta Utu Malae (Sister of Robert Malae), Barbara Miller (Friend of Barb Laski), Montecino Family, Paula Orrego, Jim Oswald (Friend of Bing Tso), Anna Partch (Friend of Sari Breznau), Joshua Robinson (Grandson of Patricia Valentine), Jose Robles and Family, Jaime Rubio Sulficio, Charon Washington (Sister of Michael Gordon), Pluma Wright (Friend of Glenda Carper)

Our hearts are with the family and friends of AJ Newman, on the one-year anniversary of her passing.

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PLYMOUTH CHURCH HERALD

July 12, 2023

SOUND MEDICINE MEDITATION



Tory Trujillo

Plymouth Church invites you to join Tory Trujillo for a deeply healing Sound Medicine Meditation. A Sound Medicine Meditation is sometimes also referred to as a sound bath. Participants are welcomed to sit or lie down comfortably. Tory will center the group with breath work and embodiment practices and will continue by playing Quartz Crystal Singing Bowls, A Mayan Ocean Drum, and improvising vocal toning for the purposes of relaxation, healing, and to help anchor and amplify each participant's intentions. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort if they wish to participate while lying down. Some yoga mats and blankets will be available for participants to borrow. Be prepared to receive a profoundly transformational and healing experience. Event will last between 60 and 75 minutes.

Please join us in Hildebrand Hall this Sunday, July 16, 12:30 pm. Suggested Donation \$20. Next scheduled session this summer is Sunday, August 20.

Hailing from West Michigan and the shores of her Beloved Lake Michigan, Tory Trujillo is a Mixed Blood, Two-Spirit, Facilitator of Healing as a Licensed Massage Therapist, Energy Worker, Professional Vocalist, and Sound Healer. Her healing methods are rooted in her Mexican Indigenous heritage. Her modalities are informed by her ancestral lineage, draw deeply from intuition, and enhanced through additional training. She has been offering group and individual sound healing experiences since 2011. Her first solo album, *Still Point~Music for Healing* was released in March of 2011. ✨

UNDO INSTITUTIONAL RACISM

The Undoing Institutionalized Racism workshop is offered by The People's Institute for Survival and Beyond, a national multiracial, antiracist collective of organizers and educators dedicated to building an effective movement for social change. The workshops are designed to educate, challenge and empower people to “undo” racist structures that hinder effective social change. Next workshop is **August 9-11**. Find full schedule and link to register at **PinwSeattle.org**. ✨

RESOLUTIONS APPROVED AT SYNOD

Rev. Dr. Kelle Brown and Plymouth Deacon and PNCUCC Conference Moderator Indigo Brown attended the General Synod of the United Church of Christ in Indianapolis June 30-July 4, 2023. As reported last week, the Rev. Karen Georgia Thompson was elected as General Minister and President, the first woman, and the first Black woman, to lead the denomination. Some notable resolutions approved include:



- The resolution denouncing the Dobbs decision and proclaiming abortion as healthcare was overwhelmingly approved by General Synod. Debate included a self-identified conservative Christian who said she would not want to be told that she had to have an abortion and she would not want someone else to be told they could not have an abortion. She was in favor of the resolution.
- The resolution calling on local churches of the United Church of Christ of predominantly European descent and UCC local churches in general to declare themselves, their communities and settings as “A White Supremacy Free Zone” was approved. The resolution also calls for congregations to publicly express that “We are confronting white supremacy” through declaration, intentional study and action, and calls upon local churches to use “Journey Towards Confronting White Supremacy and Creating a White Supremacy Free Zone Local Congregation: an Intentional Study and Action Guide to challenge Racism and White Supremacy” as a program for implementation.
- A resolution was approved to study and develop reparations proposals for African Americans. It calls on Synod to publicly proclaim its support of the Commission to Study and Develop Reparation Proposals for African Americans Act, or similar legislation that establishes a body to study and design Reparations proposals for African Americans.
- The resolution condemning prolonged solitary confinement as a form of torture was overwhelmingly approved. We have members who work with people who are confined and imprisoned, and we thank them for their ministry.

Read more at **UCC.org**. ✨

SYNOD AFFIRMS THE DIGNITY OF TRANS AND NONBINARY PERSONS



The time is now: we stand in solidarity.

To huge cheers, and also many tears, the United Church of Christ's 34th General Synod overwhelmingly approved a resolution affirming the dignity of trans and nonbinary persons. The resolution "reaffirms the historic commitment of this church to recognize and affirm that every human being is created

in the image of God and is due respect for their inherent human dignity and rights so that they may not only survive but thrive." It further encourages "all settings of the church, working with local partners, to advocate for the full legal equality of transgender, nonbinary and gender diverse persons."

In presenting the resolution in plenary, committee chair Rev. Dr. Kelle Brown of Plymouth UCC said, "We must stand with trans and non-binary siblings who endure high rates of death by suicide, gender dysphoria, high percentages of trans youth experiencing homelessness and rejection by family and community. The time is now."

The language of the resolution includes a wide scope. It addresses the current political atmosphere in the United States by acknowledging, "Whereas the human dignity and human rights of transgender and nonbinary people are being threatened in at least 30 states through legislation that denies access to life-saving healthcare, participation in sports, and utilization of gender appropriate bathrooms." It further states that "gender dysphoria is a serious medical condition that, if left untreated, can result in severe anxiety and depression, self-harm and suicidality."

During discussion on the resolution, Ellie Smith, a youth delegate from the Rocky Mountain Conference said, "I support this resolution because I lost a good friend to suicide who was not accepted by her own parents as trans."

No one came forward to speak against the resolution.

In addition to reaffirming the human dignity of transgender and nonbinary persons, the resolution finally resolves that the UCC calls on the leadership and other appropriate ministries to create and share resources to help congregants, communities, policymakers and activists to help develop gender-affirming practices in all settings of the denomination. ✨

LEND A HELPING HAND

Plymouth Church, UCC is now a proud sponsor of Big Brothers Big Sisters of Puget Sound (BBBSPS). This sponsorship aligns with Plymouth's values by partnering with a non-profit organization which has been serving local youth for 65 years. BBBSPS provides support to youth by pairing them with caring adult mentors to nurture positive impacts in their lives. Such mentoring helps youth grow in self-esteem and results in higher high school graduation rates. Read more about their mission and programs at InspireBig.org. You can help by dropping off clothing and shoes at the church in the grey bin located by the elevator on the 1st floor. Gently used clothing and shoes of any size are appreciated. These items will be collected monthly and taken to local Value Village thrift stores, which will in turn pay BBBSPS for the donations by weight on a per pound basis. This is also an opportunity to help the environment by diverting used clothing from landfills.

Contact Toni Arthur (TArthur@PlymouthChurchSeattle.org) if you have any questions. ✨



Bring gently used clothing and shoes, any size.

CAR NEEDED

Can you help the Afghan family of 8 Plymouth is supporting? The insurance company has decided that the donated 2001 Toyota Corolla car the father has been driving is a total loss after being rear-ended in December and then stolen.

He needs a safe, reliable car to get to work and to college as well as doing all of the transportation a family with 6 children needs. If you would consider donating or selling your car at a reduced price, or know someone who would, please contact the church office or Carol Mooney as soon as possible. Thanks very much. —*Carol Mooney for the Plymouth Welcome Circle* ✨



Your help is needed and appreciated.

WHO TO GO TO FOR WHAT

We now have a "Who To Go To For What" guide as well as an Organizational Chart that shows all of the Clergy and Staff. Find the link to the guide on the "Meet our Staff" page under the "About" tab at PlymouthChurchSeattle.org (in the blue banner, under "Meet Our Amazing Team.") The guide includes contact information and particulars about workweek schedules. ✨

FROM HIROSHIMA TO HOPE

Candle-lit lanterns will spark hope at, Seattle's annual lantern-floating peace ceremony, on Sunday evening, August 6 at Green Lake, just south of the Bathhouse. Program includes music, poetry, dance and speakers The event marks the 78th anniversary of the atomic bombings of Hiroshima and Nagasaki, honoring all victims of war and violence. This year also marks the 81st anniversary of Executive Order 9066, which led to the incarceration of Japanese Americans on the U.S. West Coast. The event begins at 6 pm with lantern preparation. The family-friendly program begins at 7 pm and includes the popular Japanese-American drum group, *Seattle Kokon Taiko*. This year features a performance by dancer/choreographer Gabrielle Nomura Gainor, presenting a piece titled "*Sadako and the Cranes*." The candle-lit lantern ceremony begins at 8:15 pm. Patrick Johnson will play *shakuhachi* at the dock, the traditional flute music accompanying the floating lanterns.

This event is created annually by the non-profit organization, From Hiroshima to Hope, and is free and open to the public. Donations are welcome. Visit FromHiroshimaToHope.org for more information or call 206-928-2590. ✨



6 pm Sunday, August 6 at Green Lake.

AND...ACTION!



Opportunities for youth this summer.

Reel Youth Film Camp is the recipient of one of Plymouth UCC's 5 mission grants administered by the Community Service and Social Action Board. Reel Youth Film Camp offers fun, hands-on, educational film programs for BIPOC youth, focusing on enrolling youth from under-served neighborhoods in Central and Southeast Seattle.

Courses offer one-on-one instruction, engaging group sessions, and hands-on training. Reel Youth students taking part in our film camps will storyboard, write, produce, direct and act in their very own short film. Upcoming events include:

- **Summer Camp Festival Submission:** Ages 15-17, August 7-11, 9:30 am-3:30 pm at Langston Hughes Center, 104 17th Ave S, Seattle, WA 98144
- **Action Academy Stunt Film Camp:** Ages 10-14, August 28-September 1, 9:30 am-3:30 pm at Rainier Arts Center, 3515 S Alaska St Seattle, WA 98118

More information, including links to enroll, in the news article at PlymouthChurchSeattle.org or visit ReelYouthFilmCamp.org. ✨

LICKS OF FIRE: DOING JUSTICE, LOVING MERCY, WALKING HUMBLY

As a measure of our faith in action, Plymouth Church Seattle begins its campaign to end medical debt in Washington State and beyond. Beginning on the day of Pentecost, we hope to continue creating a world where equity is the order of the day. The day of Pentecost is appropriate because it represents the spirit rushing in as a mighty wind, and settling upon each in community as a lick of fire. It symbolizes the beloved community, and the awareness that all people are worthy, known and loved.

Through your donations, RIP Medical Debt purchases bundled medical debt portfolios from the secondary debt market and hospital systems and then eliminates that debt for pennies on the dollar. On average, \$1 is leveraged to abolish \$100 in medical debt, and every donation made on this page will be spent directly on abolishing medical debt across the states of Washington, Alabama, Georgia, and Tennessee.

Debt relief recipients will receive a letter from RIP, and they will be told that their debt has been bought and erased with no strings attached. Each recipient will owe nothing on the debt and will face no tax penalty. For those touched by this movement to abolish medical debt, it will be a year of Jubilee!

Join us as we end medical debt for the most impacted in the Pacific Northwest, the South, and in places where the crisis of medical debt looms. Together, you and I can do the work of equity and justice, following the spirit to infuse freedom in the world. —*Rev. Dr. Kelle Brown*

See the news article at PlymouthChurchSeattle.org for a link to learn more, to donate and to get involved. ✨

HEALING THROUGH COMMUNITY



Thank you to supporters of Plymouth Housing for helping ensure everyone in our community has what they need to thrive.

The year 2022 was a powerful example of what can happen when we care for each

other. Just take August (in the photo), whose Plymouth home is providing her with the supportive environment she needs to keep her wellness in balance. Read August's story and learn about the ways Plymouth Housing is creating spaces of healing in our 2022 Annual Report, available at PlymouthHousing.org. ✨



Help make this a year of jubilee!