

SUNDAY AT PLYMOUTH

10:30 am Sunday, August 25, 2024

Worship in the Sanctuary or Online

Fourteenth Sunday after Pentecost

I Corinthians 12:14-26

Rev. Dr. Kelle Brown

11:30 am Coffee Hour, Lounge/Patio

Members and Visitors in the church building can access Plymouth Guest wi-fi network using password: peaceonearth.

Find links to video stream and worship bulletin and participate online at **PlymouthChurchSeattle.org**.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

The Plymouth *Herald* is published every week. Deadline is **Monday, 10 am**, for Wednesday publication. Stay current with Plymouth happenings on our website.

Join us on Facebook, Twitter and Instagram!



PO Box 21368
Seattle, Washington 98111

Return Service Requested

BRING SCHOOL SUPPLIES SUNDAY



Please bring school supplies on Sundays.

- Lunch box
- Composition notebook
- Graph paper
- Blue or black pens
- #2 pencils
- Pencil pouch
- Metric/standard ruler
- Small pencil sharpener w/shavings holder
- Eraser
- Tape
- Box of crayons
- Glue stick
- Spiral notebook (single or multiple w/dividers)
- Backpack (no wheels)
- Water bottle
- Fine tip markers (8-10 ct)
- Thick markers (8-10 count)
- Colored pencils (12 pack)
- Scotch tape
- Dry erase markers (4 pack)

The Community and Care Board welcomes donations of school supplies now through September. Please leave in the bin at the Welcome Table. The following list is of the most-needed supplies. Please bring what you can: all donations are appreciated. Thank you. 🌍

OUR PRAYERS ARE WITH...

Christian and Kim Arvin (Son and Daughter-in-Law of Donene Blair), Michelle J. Bennett (Sister of Dawn Bennett), Ahmed Black (Nephew of Michael & Elizabeth Gordon), Wendy Carpenter (Friend of Jocelyn Coit-Durland), Mike Correy (Friend of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Afghan Family (Siblings of Plymouth), Bruce Chittick & Family (Friend of Karen Clark), Larry Fung (Husband of June Hayakawa-Fung), Sally Galliher (Cousin of Doug Stultz), Marni Good (Friend of Ricky Powell), Elvis Gordon (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Kay Heekin (Mother-in-Law of Kate Forrester), Allie James (Friend of Dawn Bennett), Concetta Lewis (Sister of Jo-Ann Guthrie), Beta Utu Malae (Sister of Robert Malae), David, Mary, Patrick & Amanda McGee, Barbara Miller (Friend of Barb Laski), Dr. Maxine Mimms, Julie (Friend of Karen Clark), Mari Mitchell & Alex Putnum, Shirley K. Shelley (Aunt of Ricky Powell), Jaime Rubio Sulficio



bold=newly added. Names will remain on list for 6 weeks unless requested.

PLYMOUTH CHURCH HERALD

Volume 62
Number 46

August 21, 2024

WELCOME, ELIZA WOODYARD



Eliza Woodyard

Plymouth Church is honored to appoint Eliza Woodyard, M.M. as Choir Director.

Eliza Woodyard (they/she) is a multidisciplinary artist who has enjoyed performing in operas, concerts, traditional music venues, recitals, a cappella ensembles, and choruses throughout North America and Europe. Having

served as guest conductor for Plymouth's last Easter service, Eliza feels "excited to make music in such an artistically rich, exploratory, liberation-focused environment" on a regular basis. "Plymouth has a powerful musical history in Seattle and I'm thrilled to now be part of its legacy."

In addition to singing regularly with the Seattle Opera Chorus and in Mägi Ensemble, Eliza has sung with Opera Classica Europa, Northwest Opera In Schools, Lowbrow Opera Collective, St. James Cathedral, Epiphany Parish, City Cantabile Choir, and Octava Chamber Orchestra. As a stage director Eliza has directed operas and musicals with Seattle Modern Opera Company, Olympic College, Kitsap Opera, and Lowbrow Opera Collective, where their directing work has been covered by The Seattle Times. For the next chapter of their career, Eliza is "looking forward to discovering, nurturing, and enhancing Plymouth's unique sound."

While leading at Plymouth, Eliza will remain on the vocal faculty at Olympic College, where in addition to directing they teach private lessons, perform recitals, lecture, and conduct Jazzline, the college's resident jazz ensemble. "Eliza Woodyard's invaluable expertise in inclusive pedagogy will ensure every voice is empowered to worship in this sacred place" says Director of Music and Arts Joe Williams.

We are entering a season of new beginnings. "So far Plymouth's community has been genuine, welcoming, and kind both in and out of the rehearsal room," assesses Woodyard. "I've already had meaningful exchanges with multiple people and look forward to many more!" **Weekly choir rehearsals will occur on Sundays from 9-10 am in Hildebrand Hall starting September 8.** No prior group singing experience is necessary for participation. 🌍

HONORING OUR SACRED STORIES

Join women of the Pacific Northwest Conference of the United Church of Christ for a weekend of faith, companionship and fun at Pilgrim Firs, October 4-6. Set aside time for reflection and renewal. Come as you are; participate as you feel called. This gathering welcomes all women — cis, trans and non-binary people comfortable in a space that centers the experience of women.



Women's Retreat at Pilgrim Firs, Oct. 4-6.

Our retreat leader is Jan Kinney, who has a PhD in Women's Studies specializing in Spirituality and Religion. She also has some divinity training and does frequent pulpit supply preaching within the conference. We will tell our own sacred stories and create rituals and altars that honor our life-changing events. How do we make these events sacred? What materials, actions, words, or art will help us affirm the sacredness of our lives?

Retreat is at Pilgrim Firs Camp and Retreat Center, 3318 SW Lake Flora Rd, Port Orchard, WA 98367. Check-in at 3 pm Friday, October 4, with dinner at 6:30 pm. Departure at 11 am Sunday, October 6. Lodging in South Lodge and cabins. Cost is \$190, including 5 meals, lodging, linens and program. Early bird discount if registered by Sept. 1. Register now at Pilgrim-Firs.org/Calendar. Scholarships available; contact Mark Boyd, Mark@Pilgri-Firs.org if you need financial assistance. 🌍

SOUND MEDICINE MEDITATION



Next session is Sunday, September 22.

Tory Trujillo offers a deeply healing sound medicine meditation, also referred to as a sound bath. Participants are encouraged to bring yoga mats, pillows or other items of comfort. Be prepared to receive a profoundly transformational and healing experience. **Join us in Hildebrand Hall at 11:45 am Sunday, September 22.** (Note: start time can change, determined by the length of Sunday service.) Suggested donation \$20. 🌍

HELP PROVIDE SAFETY AND CARE



Plymouth Church UCC has provided financial support for REST (Real Escape from the Sex Trade), a Seattle-based nonprofit organization dedicated to helping individuals escape the sex trade and build brighter futures. A Christian organization, REST provides respectful services to individuals of all faiths, with a focus on unconditional care, relationships, strengths, minimizing barriers, and walking with clients on their journey to freedom.

You're invited to an inspiring evening of community, commitment and courage at our annual *A Night of REST Gala*. Join us Thursday, October 17, at the Sheraton Grand in downtown Seattle. Visit IWantRest.com for tickets (discounted pricing until August 18). Evening begins at 5 pm with drinks, appetizers and silent art auction. Dinner, live auction and program starts at 6:30 pm. Join us for a memorable event of storytelling, inspiration, and impact as we come together to raise funds to help survivors of sex trafficking.

We look forward to seeing you on October 17. Your continued support allows us to provide essential services, including emergency shelter, long-term housing, and holistic care programs. More information at IWantRest.com.

STAND WITH THE DUWAMISH

Allies of the Duwamish are invited to join The Duwamish Solidarity Group (DSG), an all-volunteer group partnering with the Duwamish Tribe to coordinate Real Rent Duwamish and assist the Tribe as requested.

Volunteering with DSG offers a way to learn more about solidarity organizing, take action toward community education and social justice, and meet some amazing people. It requires an ongoing commitment to be part of at least one DSG workgroup, which involves one evening or weekend meeting every other week, with occasional work outside those meetings.

We prioritize authentic relationships and deep understanding of indigenous and Duwamish context so that we can best support Real Rent administration, community education and outreach, the Tribe's federal acknowledgement efforts, and other projects with the guidance of the Duwamish Tribe. Learn more at RealRentDuwamish.org.



HEALING BEGINS AT HOME

Register now to attend a special evening of philanthropy and community at Plymouth Healing Communities' annual fundraising event, *Night of Hope*, 5:30-8:30 pm Thursday, September 12 at 415 Westlake Ave N. Seattle 98109.

Enjoy dinner, and an inspiring program that will leave you motivated to make a lasting impact. There will be a raffle, dessert dash, and more. All event proceeds support Plymouth Healing Communities' housing and circles of support for people who live with mental illness and housing instability. To ensure your place, please purchase your ticket by August 28. Cost \$65. Visit Plyhc.org to get your tickets now.



Please purchase tickets by August 28.

PATHWAY TO THRIVING



Esmy Jimenez, Keynote Speaker

Plymouth Housing's signature luncheon returns on Wednesday, September 25, bringing our region's forward-thinking community together to help end homelessness. Will you join us? Together we can create a brighter future—where everyone has the care and stability to thrive.

This year's timely and inspiring keynote speaker is Esmy Jimenez, senior reporter for the *Boston Globe* and co-producer of *Lost Patients*, a podcast from KUOW, *The Seattle Times*, and NPR. *Lost Patients* explores the intersection of mental health and systemic inequities, providing valuable insights into improving behavioral health care for the most vulnerable—the people whom Plymouth also serves. Join us in building a future where everyone has a permanent home and the whole-person care needed to live their best lives.

Noon-1:30 pm Wednesday, September 25, at the Seattle Westin. Registration is now open. More information and link to register at PlymouthHousing.org.

HOMEcoming SEPTEMBER 8

Plan now to attend worship 10:30 am **Sunday, September 8**, as we begin our church program year. Celebrate with friends at a festive BBQ lunch after the service. Let us move forward together to see what the Spirit has in store!

POWER THE POLLS

The *Our Faith Our Vote Campaign* is an initiative of the UCC's Office of Public Policy and Advocacy in Washington, DC, formed in partnership with *Power the Polls*, a nonpartisan organization launched in 2020 to address a nationwide poll worker shortage.

Since the partnership began, many UCC members have signed up to be poll workers through the UCC's link with *Power the Polls*. You can sign up to be a poll worker at PowerThePolls.com/UCC.



ENVIRONMENTAL JUSTICE IS SOCIAL JUSTICE



Faith Action Network urges you to vote NO on Initiative 2117. I-2117 would repeal the 2021 Climate Commitment Act and prohibit all state agencies, counties, and cities from implementing any type of carbon tax credit trading. If passed it would:

- Devastate billions in funding that protects our water, farmlands and forests, air quality, fish, clean transportation and school health improvements.
- Cancel investments to mitigate climate change and pollution on highly impacted, low-income communities.
- Shift the burden of paying for the impacts of pollution from big industries responsible for carbon emissions onto communities, workers, and families.
- Take away a significant tool for slowing life-threatening climate change and ending pollution

Visit No2117.com to learn more and get involved.

PRAYERS FOR PEACE

United Church of Christ General Minister and President Rev. Karen Georgia Thompson welcomes all in the wider church to participate in an interactive season of prayer. The People's Prayers for Peace Initiative is an open invitation to read and write prayers, now posted daily at UCC.org. Share prayers at UCC.org/Peoples-Prayers-For-Peace.



Share your prayers for peace.

REST AS RESISTANCE

For the past several years, “the battle for attention” has wrought havoc on our brains and bodies, devolving into a multitude of micro-skirmishes designed to distract us with a bombardment of meaningful, trivial, fabricated, and useless information. Every day, every hour, every minute, every second even: notifications. No age group is exempt from this capitalist predation on our fractured attention. Billions of dollars are funneled into the “attention economy,” and yet we, the consumers, can only see the cost at the end of the day. Mentally and spiritually, the diagnoses and data are in: we are left bereft.



But Beloved, I have some wonderful news: our lack of processing capacity in our current digital age is not a deficiency in our makeup. We are created for depth, and we all possess a well within us that can deepen into beautiful, untold wonders of imagination, problem-solving, resilience, and creativity. This well is designed to sustain itself with living waters – if we allow it to. Does your body, brain, and soul still remember that Sabbath is your birthright? That means Sabbath is our starting place, the well spring, the fount. This foundation is the opposite of the “attention/distraction economy.”

“Does your body, brain, and soul still remember that Sabbath is your birthright?”

Those in power enrich themselves through our collective distraction, burnout, and overwork. Capitalism is designed

that way, and the battle of the attention economy is simply the latest, violent attempt to keep us from noticing that we do not have what by right should readily belong to all: housing, health care, living wages, robust worker protections, and so much more.

When our capitalist system tries to monetize our attention down to the second, to deleterious effect, the most effective thing we can do is lean into what our living God grants us a priori: rest. And in this system, that rest will look and feel like resistance. But we need it — now, more than ever.

This election season, , take intentional time to unplug so that you might remember your Why, and God's purposes for humanity. These are questions that won't have full answers at any poll, but they will drive you forward before and after. Resist the narratives designed to demoralize and distract and overwhelm the dream that another way is possible. Resist and rest.

—Rev. Seth Wispelwey, UCC Minister for Economic Justice (excerpted), *UCC Our Faith Our Vote Blog*

Read more at UCC.org/Our-Faith-Our-Vote.