

SUNDAY AT PLYMOUTH

10:30 am Sunday, September 1, 2024

Worship in the Sanctuary or Online

Fifteenth Sunday after Pentecost

John 4:7-26

Rev. Kevin Bechtold

11:30 am Coffee Hour, Lounge/Patio

Members and Visitors in the church building can access Plymouth Guest wi-fi network using password: peaceonearth.

Find links to video stream and worship bulletin and participate online at **PlymouthChurchSeattle.org**.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

*Whether you are a seeker, skeptic, believer
or somewhere in between on life's journey,
you are welcome here. We are grateful for your presence and
invite you to participate in worship and service
of Plymouth Church UCC.*






JOIN NEW THURSDAY EVENING BIBLE STUDY SEPTEMBER 5



7 pm Thursday, beginning September 5.

All are welcome to a new online Bible Study beginning Thursday, September 5 at 7 pm via Zoom using link in the news article at PlymouthChurchSeattle.org (link requires the usual Plymouth passcode; if you need the code, please email Rev. Kevin Bechtold).

A typical meeting begins with attendees checking in with one another and then discussing the scripture texts for the following Sunday's worship service before closing in prayer. The leader will provide background and context for the discussion. Biblical knowledge is not a prerequisite for joining this group. If you have questions, or would like to join, please contact Rev. Dr. Kelle Brown. We hope to see you Thursday evenings this fall! 🌐

The Plymouth *Herald* is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram!   



PO Box 21368
Seattle, Washington 98111

Return Service Requested

OUR PRAYERS ARE WITH...

Christian and Kim Arvin (Son and Daughter-in-Law of Donene Blair), Michelle J. Bennett (Sister of Dawn Bennett), Ahmed Black (Nephew of Michael & Elizabeth Gordon), Wendy Carpenter (Friend of Jocelyn Coit-Durland), Sue Ellen Daniel (Friend of Barb Laski), Afghan Family (Siblings of Plymouth), Bruce Chittick & Family (Friend of Karen Clark), Larry Fung (Husband of June Hayakawa-Fung), Sally Galliher (Cousin of Doug Stultz), Marni Good (Friend of Ricky Powell), Elvis Gordon (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Kay Heekin (Mother-in-Law of Kate Forrester), Allie James (Friend of Dawn Bennett), Concetta Lewis (Sister of Jo-Ann Guthrie), Beta Utu Malae (Sister of Robert Malae), David, Mary, Patrick & Amanda McGee, Barbara Miller (Friend of Barb Laski), Dr. Maxine Mimms, Julie (Friend of Karen Clark), Mari Mitchell & Alex Putnum, Shirley K. Shelley (Aunt of Ricky Powell), Jaime Rubio Sulficio

Our hearts are with the family and friends of Mike Correy on his recent passing.

bold=newly added. Names will remain on list for 6 weeks unless requested.



HELP AT PLYMOUTH ASYLUM CLINIC



Help asylum seekers at Plymouth Sept. 7.

Would you like to help asylum seekers apply for asylum? Plymouth will host an all-day asylum legal clinic on **Saturday, September 7 from 9 am to 6:30 pm.** Asylum seekers from the Riverton Park United Methodist Church in Tukwila, Plymouth Church UCC, and other local communities will be assisted

with completing their asylum applications at this clinic.

We are seeking all sorts of volunteers! For example, folks to welcome the applicants and volunteers; interpreters (Spanish, French, Portuguese, and Lingala); compassionate, detail-oriented administrative volunteers (law students, paralegals, non-immigration attorneys, and community members); people who love working a photo copy machine; immigration attorneys; and childcare providers. Some volunteer tasks will include transferring information to a fillable asylum application prior to the clinic. We also will need people to provide snacks and baked goods to keep everyone going throughout the day.

***"Thank you for making
Plymouth a welcoming space to
our immigrant neighbors."***

The Plymouth parking garage will be open for volunteers and applicants. All volunteers should arrive promptly at 9 am. There will be training materials and a video to review before the clinic. Volunteers who will be completing the applications will also have a brief training session. Client work begins at 9:30 am. Most volunteers and their clients will be finished before 6:30 pm, but some will work together until the last minute. Pizza lunch provided!

If you are available on September 7 and willing to devote your day to helping an asylum seeker, please e-mail Janet Gwilym (J.Gwilym@hotmail.com) or contact Carol Mooney and let us know your availability and what type of role you are able to fill. We will send you a link to formally sign up.

Thank you for making Plymouth a welcoming space to our immigrant neighbors. 🌐

PATHWAY TO THRIVING

Ronnie Henderson struggled for decades trying to keep his mom safe as she navigated both schizophrenia and homelessness. Eventually, she moved into a Plymouth Housing apartment and got the help she needed. "When my mom moved into permanent supportive housing, I finally felt deep relief," writes Ronnie in an op-ed for the *Seattle Times*.



Join Plymouth Housing September 25.

"Next time you are walking down the street and see someone who is living outside — someone who might be acting erratically or strangely, remember: That is a human being going through something difficult. That could be someone's loved one, someone's child or sibling — even someone's mother."

Join Plymouth Housing's annual luncheon on Wednesday, September 25 to help end homelessness. Together we can create a brighter future—where everyone has the care and stability to thrive.

This year's timely and inspiring keynote speaker is Esmy Jimenez, senior reporter for the *Boston Globe* and co-producer of *Lost Patients*, a podcast from KUOW, *The Seattle Times*, and NPR. *Lost Patients* explores the intersection of mental health and systemic inequities, providing valuable insights into improving behavioral health care for the most vulnerable—the people whom Plymouth also serves. Join us in building a future where everyone has a permanent home and the whole-person care needed to live their best lives.

Noon-1:30 pm Wednesday, September 25, at the Seattle Westin. Registration is now open. More information and link to register at PlymouthHousing.org. 🌐

HOMECOMING SEPTEMBER 8

We will celebrate Homecoming Sunday September 8. Join Choir rehearsal at 9 am in Hildebrand Hall, and enjoy a BBQ lunch with friends after the service. This is our time to pledge time, talent, and treasure and to express our desire to covenant with Plymouth. We invite you to consider your commitment to Plymouth Church over the coming year and join in covenanting with God, Plymouth Church, and one another. 🌐

HONORING OUR SACRED STORIES



Women's Retreat at Pilgrim Firs, Oct. 4-6.

Join women of the Pacific Northwest Conference of the United Church of Christ for a weekend of faith, companionship and fun at Pilgrim Firs, October 4-6. Set aside time for reflection and renewal. Come as you are; participate as you feel called.

This gathering welcomes all women — cis, trans and

non-binary people comfortable in a space that centers the experience of women.

Our retreat leader is Jan Kinney, who has a PhD in Women's Studies specializing in Spirituality and Religion. She also has some divinity training and does frequent pulpit supply preaching within the conference. We will tell our own sacred stories and create rituals and altars that honor our life-changing events. How do we make these events sacred? What materials, actions, words, or art will help us affirm the sacredness of our lives?

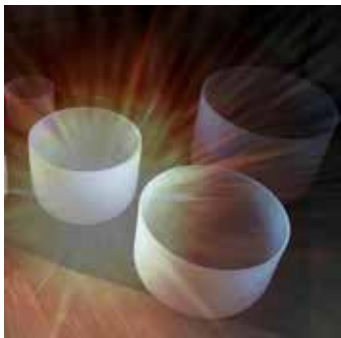
Retreat is at Pilgrim Firs Camp and Retreat Center, 3318 SW Lake Flora Rd, Port Orchard, WA 98367. Check-in at 3 pm Friday, October 4, with dinner at 6:30 pm. Departure at 11 am Sunday, October 6. Lodging in South Lodge and cabins. Cost is \$190, including 5 meals, lodging, linens and program. Early bird discount if registered by Sept. 1. Register now at Pilgrim-Firs.org/Calendar. Scholarships available; contact Mark Boyd, Mark@Pilgri-Firs.org if you need financial assistance.

SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine Meditation, sometimes also referred to as a sound bath.

Tory will center the group with breath work and embodiment practices to relax, heal, and help anchor and amplify intentions. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort. Some yoga mats and blankets will be available to borrow. Sessions last between 60 and 75 minutes.

Fall sessions are scheduled for Sundays, September 22, October 20 and November 17, at 11:45 am in Hildebrand Hall. (Note: start time is subject to change, determined by the length of Sunday service.) Suggested Donation \$20.



Next session is Sunday, September 22.

GIVE THEM REST

Plymouth Church UCC has provided financial support for REST (Real Escape from the Sex Trade), a Seattle-based nonprofit organization dedicated to helping individuals escape the sex trade and build brighter futures. A Christian organization, REST provides respectful services to individuals of all faiths, with a focus on unconditional care, relationships, strengths, minimizing barriers, and walking with clients on their journey to freedom.

You're invited to an inspiring evening of community, commitment and courage at our annual *A Night of REST Gala*. Join us Thursday, October 17, at the Sheraton Grand in downtown Seattle. Visit IWantRest.com for tickets. Evening begins at 5 pm with drinks, appetizers and silent art auction. Dinner, live auction and program starts at 6:30 pm. Join us for a memorable event of storytelling, inspiration, and impact as we come together to raise funds to help survivors of sex trafficking. We look forward to seeing you on October 17. Your continued support allows us to provide essential services, including emergency shelter, long-term housing, and holistic care programs. More information at IWantRest.com.

988: A LIFELINE

Sometimes, because of the stigma and shame associated with mental health challenges, people are hesitant to share when they are struggling or having a hard time. It is important to be especially present with loved ones, to listen attentively and let them know you care.

If you or someone you know is struggling, dial 988 to connect with trained mental health professionals. 988 is an easy-to-remember number to connect with suicide prevention and mental health crisis resources. The lifeline is available to all. Get help yourself, or be the vital difference for a loved one by offering care and understanding.



PRAYERS FOR PEACE

United Church of Christ General Minister and President Rev. Karen Georgia Thompson welcomes all in the wider church to participate in an interactive season of prayer. The People's Prayers for Peace Initiative is an open invitation to read and write prayers, now posted daily at UCC.org. Share prayers at UCC.org/Peoples-Prayers-For-Peace.

VOTE WITH LOVE

The United Church of Christ's Our Faith Our Vote Campaign is our ongoing commitment to equip all with the tools for nonpartisan faithful engagement in our democratic process. The campaign is made up of three main components: voter registration, issue education, and voter empowerment.

The 2024 campaign asks the church to answer the call of 1 John 3:18 to "Let us not love with words or speech, but in action and in truth," by "voting with love." Vote with love for creation, for our neighbors both here and abroad, for a just peace, for repair and reconciliation of the brokenness of our nation. Encourage your family, friends and neighbors to do the same.

As the 2024 election season enters its final, crucial months, please check for updates and keep up with the campaign's latest news. Recent articles include "Truth in Voting: Combating Disinformation and Misinformation in the 2024 Elections," "Ending Gun Violence: Our Call to Peace," and "Losing Faith in the Supreme Court." Read these and more on the Campaign News page at UCC.org/Our-Faith-Our-Vote. Stay up to date and learn how you can "vote with love" this year.



Art courtesy of Tracy Simpson

PLAN NOW FOR MEN'S RETREAT



Mark your calendars now: Jan. 31-Feb. 2

Planning is underway for the 2025 annual Conference Men's Retreat. As is our tradition, we'll meet at Pilgrim Firs the weekend before the Super Bowl. Mark your calendars for January 31 to February 2, 2025. The in-person retreat will be led by Pastor Bill Comfort.

The 2024 Retreat welcomed men from many different churches in the Pacific Northwest Conference. Surprisingly, a significant number of attendees were not currently affiliated with a specific church. Truly, all believers, seekers and doubters who identify as male are welcome!

The Pilgrim Firs Camp & Conference Center is a special place in nature on a lovely lake on the Kitsap Peninsula north of Tacoma, with comfortable accommodations and great food. We hope you are enjoying your summer in good health with friends and family.

Peace and blessings from the Conference Men's Retreat Planning Committee: Charlie Torres, Don Jenkins, Hans Dankers, Jim Gaudino, Larry Kiriluk, Paul Withington and Rick Russell

SCHOOL SUPPLIES NEEDED

The Community and Care Board welcomes donations of school supplies now through September. Please leave in the bin at the Welcome Table. The following list is of the most-needed supplies. Please bring what you can: all donations are appreciated. Thank you.



Please bring school supplies on Sundays.

- Lunch box
- Composition notebook
- Graph paper
- Blue or black pens
- #2 pencils
- Pencil pouch
- Metric/standard ruler
- Small pencil sharpener w/shavings holder
- Eraser
- Tape
- Box of crayons
- Glue stick

- Spiral notebook (single or multiple w/dividers)
- Backpack (no wheels)
- Water bottle
- Fine tip markers (8-10 ct)
- Thick markers (8-10 count)
- Colored pencils (12 pack)
- Scotch tape
- Dry erase markers (4 pack)

STAND WITH THE DUWAMISH



Allies of the Duwamish are invited to join The Duwamish Solidarity Group (DSG), an all-volunteer group partnering with the Duwamish Tribe to coordinate Real Rent Duwamish and assist the Tribe as requested.

Volunteering with DSG offers a way to learn more about

solidarity organizing, take action toward community education and social justice, and meet some amazing people. It requires an ongoing commitment to be part of at least one DSG workgroup, which involves one evening or weekend meeting every other week, with occasional work outside those meetings.

We prioritize authentic relationships and deep understanding of indigenous and Duwamish context so that we can best support Real Rent administration, community education and outreach, the Tribe's federal acknowledgement efforts, and other projects with the guidance of the Duwamish Tribe.

Learn more at RealRentDuwamish.org.