

SUNDAY AT PLYMOUTH

10:30 am Sunday, September 10, 2023
Homecoming Sunday

Worship In Person or Online

Fifteenth Sunday after Pentecost

Matthew 5:38-42

“Where the Heart Is”

Rev. Dr. Kelle Brown

11:30 am Light “Welcome Back” Lunch,
Hildebrand Hall

*Horizon House residents are invited to ride the bus on
Homecoming Sunday, September 10.*

Find links to video stream and worship bulletin and
participate online at **PlymouthChurchSeattle.org**.

If you have personal concerns, you may contact a minister or
member of the Pastoral Care Team by calling the
pastoral care line, **206-639-7739**, checked daily.

*Whether you are a seeker, skeptic, believer
or somewhere in between on life's journey,
you are welcome here. We are grateful for your presence and
invite you to participate in worship and service
of Plymouth Church UCC.*



1217 Sixth Avenue, Seattle,
Washington 98101-3199

Return Service Requested

JOIN WEEKLY BIBLE STUDY



Study the Bible with friends online.

All are welcome to online
Bible study via Zoom every
Wednesday, from 9-10:30 am,
led by Rev. Kevin Bechtold.

Meetings begin with
checking in, then discussing
the scripture texts for the
following Sunday's worship
service before closing in
prayer. Kevin provides

background and context for the discussion. He also sends
a weekly email with a link to that week's scripture texts as
well as a link to the Zoom meeting.

Biblical knowledge is not a prerequisite for joining this
group! If you have questions, or would like to join, contact
Kevin at KBechtold@PlymouthChurchSeattle.org. ✨

SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine
Meditation. A Sound Medicine Meditation is sometimes
also referred to as a sound bath. **Plan to join us in
Hildebrand Hall at 12:30 pm Sunday. September
24. Suggested Donation \$20.** ✨

OUR PRAYERS ARE WITH...

Afghan Family (Supported by Plymouth), Michelle J. Bennett
(Sister of Dawn Bennett), Merryn Bentley (Granddaughter of Al
& Judy Bentley), Walter Bethel (Friend of Karen Clark), Susan
Carter (Mother of Heather Banks & Kathleen Bernard), Bruce
Chittick & family (Friend of Karen Clark), Mike Correy (Friend
of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Mark
& JT Edwards, JoAnn English (Relative of Lucian Guthrie),
Marni Good (Friend of Ricky Powell), Floyd Gossett, Carrie
Gossett (Mother of Floyd Gossett), Lucian Guthrie, Allie James
(Friend of Dawn Bennett), Shirley K. Shelley (Aunt of Ricky
Powell), The Keith Family (Friends of Mari Mitchell and Alex),
Concetta Lewis (Sister of Jo-Ann Guthrie), Beta Utu Malae
(Sister of Robert Malae), Barbara Miller (Friend of Barb Laski),
Paula Orrego, Jim Oswald (Friend of Bing Tso), Anna Partch
(Friend of Sari Breznau), Joshua Robinson (Grandson of Patricia
Valentine), Jose Robles and Family, Rachel Sebastian (Friend of
Jeanette Hagen), Kyna Shilling, Jaime Rubio Sulificio, Charon
Washington (Sister of Michael Gordon), Pluma Wright (Friend
of Glenda Carper), Judy Young (Friend of Glenda Carper)

We grieve with Mark Sandstrom and family on the passing of
his mother and longtime member, Ann Sandstrom, August 5.

Congratulations to Anna Colwell and Kevin Bogel on their
marriage September 2.

PLYMOUTH CHURCH HERALD

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WHERE THE HEART IS



Rev. Dr. Kelle Brown

*“Do not remember the former things
or consider the things of old.
I am about to do a new thing;
now it springs forth;
do you not perceive it?”*

Ah! The last days of summer are
upon us. Drink in the remaining
warm and playful days, the sunrays
and the vitamin D therein! Soon,
the leaves will begin to turn and we will find ourselves in cool
weather and darkening days. The last of them are slipping by.
Yet, for the church, we are leaning toward our beginning.
On September 10th, Plymouth Church will celebrate its
Homecoming and begin its church calendar year! Homecoming
is a chance for the people of faith to worship, sing and pray
together. It is an opportunity to see our friends and co-laborers
again as together we do justice, love mercy and walk humbly
with God. Furthermore, Homecoming is a choice to remain
connected to Plymouth Church, to participate and support its
ministries and mission, and to journey together in committed
fashion to build together a kindom, a beloved community.
Plymouth is your home.

Our theme for Homecoming and beyond is “Where The Heart
Is”. The leadership of Plymouth is asking for those of you who
desire to be in covenant with Plymouth to sign in solidarity
with each other and the Spirit, as we continue to faithfully
discern our common path. The covenant is for your time and
participation; your gifts, talents and interest; and your financial
resources. All of you are welcome!

I am asking you to consider that we hold the former things
in our heart, while also believing and knowing that God is
creating new possibilities day by day. Many of the former
things are beautiful, and needed to be the foundation for
what shall be. No matter the difficulties, I believe we
can remember the former things while putting them into
perspective so that possibilities have a chance to be born in us.
God is still speaking!

Let us perceive that there will be right community, joy, love and
wholeness beyond this moment. Plymouth will continue to be a
home for you and those who are coming. May our open hearts
be made ready!

Blessed be. —Rev. Dr. Kelle Brown ✨

BRING SCHOOL SUPPLIES SUNDAY

The Community and Care Board
will collect donations of school
supplies on Homecoming Sunday,
September 10. The following list
is a recommendation of the most-
needed supplies. Please bring
what you can: all donations are
appreciated and will be put to
good use. Thank you. ✨



Bring supplies this Sunday, Sept. 10

- Lunch box
- Lined composition notebook
- Graph paper
- Blue or black pens
- #2 pencils
- Pencil pouch
- Metric/standard ruler
- Small pencil sharpener
w/shavings holder
- Eraser
- Adhesive Tape
- Box of crayons
- Glue stick
- Spiral notebook (single or
multiple w/dividers)
- Backpack (no wheels)
- Water bottle
- Fine tip markers
(8-10 ct)
- Thick markers
(8-10 count)
- Colored pencils
(12 pack)
- Small scissors
- Dry erase markers (4 pack)

CLOTHES AND SHOES NEEDED



Bring used clothing and shoes, any size.

Plymouth Church, UCC is a
proud sponsor of Big Brothers Big
Sisters of Puget Sound. You can
help by dropping off gently used
clothing and shoes of any size at
the church in the grey bin located
by the elevator on the 1st floor.
Read more about their mission
and programs at InspireBig.org.
Thank you for your support. ✨

PLYMOUTH LIBRARY CITINGS



See what's waiting for you!

Lion's Honey. How can anyone resist a book title like this? The book jacket, partly shown here, is also a stunner. The book is subtitled *The Myth of Samson*, written by David Grossman and translated from the Hebrew by Stuart Schoffman. To say that this small, beautifully designed book changed my life would be an overstatement — to say that it stopped me in my tracks is not. My daughter said to me recently, “Why does anyone even care about the Bible. It is just a bunch of make-believe stories.” Last month a friend said, “Of course, we all know that the Bible is just nonsense.” In both conversations, I didn’t know what to say. I thought of the Bible stories my daughter heard in Sunday School. And I thought of my pragmatic friend for whom someone rising from the dead is the epitome of nonsense. And I thought of my own doubts about the worth of a large part of the Bible.

David Grossman takes the make-believe story of the mighty Samson and mines it for all it says about the beauty and complexity of a human life called by God to right a wrong and how Samson’s story of power, played out in the political, is still our story. The book begins, “There is a point in the Samson story – the moment when he falls asleep on Delilah’s lap – that seems to absorb and encapsulate the entire tale.” Where Grossman takes you from there is a trip of such breadth and insight that I am at once ashamed of my doubt of the Bible and excited about what else can be embraced open in this most ancient of books.

There is a square on the Plymouth Church Library Book Bingo card, “A subject you wish you had learned more about in school.” *Lion’s Honey* is going in that square, for my wish of what I would have liked to have learned in Sunday School! One last citing for this week, also on the subject of power...Two of the three seminal books called *The Power Trilogy* by Walter Wink, Sunday’s contemporary voice, are on the shelves if you want to read more about his important work.

—Melony Joyce, Plymouth Church Library Committee

STANDING IN THE GAP



Support our friends at Recovery Café

Join Recovery Café for their annual fundraising lunch, Thursday, September 21, 11:30 am –1 pm at Seattle Center Exhibition Hall, 301 Mercer St, Seattle. Register for this free event at RecoveryCafe.org/registration. To attend virtually, select “Online” when registering. A link will be sent the day before the event.

SHARE A NIGHT OF HOPE

Plymouth Healing Communities invites you to a special evening of philanthropy and connection at our annual fundraising event, Night of Hope, on Thursday, September 21 at Washington Hall (153 14th Ave, Seattle 98122).



Enjoy appetizers, lively music, and an inspiring program that will leave you motivated to make a lasting impact on Plymouth Healing Communities. All event proceeds support Plymouth Healing Communities. Rev. Dr. Kelle Brown, Senior Pastor of Plymouth Church, UCC and City of Seattle Deputy Mayor Greg Wong will speak to the importance of communal support for those experiencing mental illness and housing instability. To ensure your attendance, please reserve your seat by September 13. There is no cost to attend. A donation of \$100 or more will be requested during the event. Register at Plyhc.org. If you can’t join us, please make a donation now to Plymouth Healing Communities. Questions? Email Events@Plyhc.org.

WON'T YOU JOIN US?



Enjoy creative time with friends.

Plymouth has had an active knitting group for some years. Covid interrupted our weekly meetings, and we would like to start up again on a monthly basis. We’re inviting any knitters, experienced or beginners, to join us. We have yarn, needles, directions and willing instructors. Our Prayer Shawls are given to church members in need of comfort. Everything else (hats. gloves, mittens, scarves, etc.) goes to a variety of local charities. In our 2-hour meetings, we share lively conversation.

If you would like to join this fellowship, please call or email: Betty Behmke (BpBehmke@gmail.com; 206-236-0172) or Andrea Snyder (ASnyder9625@gmail.com; 206-769-5973).

VISIT REAL RENT DUWAMISH

Real Rent Duwamish will have a booth at this year’s Farm Fest hosted by Tilth Alliance, Nurturing Roots, and the Friends of Rainier Beach, an annual celebration of urban agriculture and the South Seattle community to sing and dance along to cultural performances, engage in food and gardening activities, enjoy food from around the world, and learn more about urban agriculture in our city.

LICKS OF FIRE: ERASE MEDICAL DEBT

Over a hundred million Americans, one in three, struggles with the weight of medical debt. Your donation helps lift the burden. Join us as we end medical debt for the most impacted in the Pacific Northwest, the South, and in places where the crisis of medical debt looms. Together, you and I can do the work of equity and justice, following the spirit to infuse freedom in the world.

—Rev. Dr. Kelle Brown



You can make this a year of jubilee!

- Here’s what happens when you join the cause:
- **You Make a Donation.** We use data analytics to pinpoint the debt of those most in need: households that earn less than 4x the federal poverty level (varies by state, family size) or whose debts are 5% or more of annual income.
 - **We Buy Medical Debt at a Steep Discount.** We buy debt in bundles, millions of dollars at a time at a fraction of the original cost. This means your donation relieves about 100x its value in medical debt.
 - **Together We Wipe Out Medical Debt.** People across the country receive letters that their debt has been erased. They have no tax consequences or penalties to consider. Just like that, they’re free of medical debt.

Visit RIPMedicalDebt.org to learn more. Contribute to Plymouth’s campaign, “Licks of Fire” by clicking the link in the news article at PlymouthChurchSeattle.org.

CARE TEAM IS HERE FOR YOU



Let us know how we can help.

Your Plymouth Care Team is committed to responding to all care concerns that come our way. Please use the Plymouth Care Line phone number to get in touch with the Care Team should anything arise: **206-639-7739**. Messages are checked at least once a day. The Plymouth Care Line is for non-emergency issues. For acute crises, call 988. Members of the Care Team are:

- **Rev. Dr. Kelle Brown** (KBrown@PlymouthChurchSeattle.org)
- **Rev. Kevin Bechtold** (KBechtold@PlymouthChurchSeattle.org).
- **Rev. Donene Blair** (DBlair@PlymouthChurchSeattle.org)
- **Faith Community Nurse June Hayakawa-Fung** (JHayakawaFung@PlymouthChurchSeattle.org)

TAKE 5 TO SAVE LIVES

Suicide doesn’t have one cause. We can all learn more about what causes suicide and how to prevent it. To this end, The National Council for Suicide Prevention (NCSP) has launched the Take 5 to Save Lives campaign. Take 5 encourages everyone to complete several action steps under 5 important themes: LEARN, KNOW, DO, TALK, and SHARE. The campaign broadens recognition of these important suicide prevention activities and includes public awareness events including World Suicide Prevention Day, National Suicide Prevention Month, and National Suicide Prevention Week.



- **LEARN** Learning the warning signs, risk factors, and protective factors of suicide will better prepare you to take action and could help save a life.
- **KNOW** By knowing exactly what to say and do, you’ll be ready to act and keep yourself, your friends, and your family safe.
- **DO** Preventing suicide requires action. Everyone can do something to get involved in the suicide prevention movement.
- **TALK** Talking about suicide safely and responsibly can reduce negative stigma and lead to increased help-seeking.
- **SHARE** Help spread the word about one of the most important public health issues of our time.

“Suicidal thoughts can plague anyone regardless of age, gender, or social status. Many people suffering from depression or suicidal thoughts cover them up quite well.”

Suicidal thoughts can plague anyone regardless of age, gender, or social status. Although linked to depression, there is no foolproof indicator of suicidal tendencies. Many suffering from depression or suicidal thoughts cover them up quite well.

Every year on National Suicide Prevention Month in September, mental health advocates, survivors, friends and family, and mental health organizations across the country and around the world share their experiences and work towards eradicating this most tragic act. Learn more at 988Lifeline.org

If you or someone you know is in a mental health crisis, dial 988 for The National Suicide Prevention Lifeline, or 911 if in immediate danger.