

## SUNDAY AT PLYMOUTH

10:30 am Sunday, September 17, 2023  
Worship In Person or Online

Sixteenth Sunday after Pentecost  
Psalm 13

Rev. Dr. Kelle Brown

11:30 am Coffee Hour, Lounge/Patio

11:30 am New Member Gathering, Hildebrand Hall

Our newest members and visitors are invited to gather after worship on Sunday September 17 for a lunch and brief introduction to the clergy, staff and ministries of Plymouth Church. Time permitting, we'll offer a tour of the building too! Please let June Hayakawa-Fung, JHayakawaFung@PlymouthChurchSeattle.org, know you will join us, so we can plan on enough food.

Find links to video stream and worship bulletin and participate online at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.



Return Service Requested

## BRING CLOTHING AND SHOES



Bring gently used clothing and shoes.

Plymouth Church, UCC is now a proud sponsor of Big Brothers Big Sisters of Puget Sound. You can help by dropping off clothing and shoes at the church in the grey bin located by the elevator on the 1st floor. Gently used clothing and shoes of any size are appreciated. This is also an opportunity to help the

environment by diverting used clothing from landfills.

Read more about the mission and programs of Big Brothers Big Sisters of Puget Sound at [InspireBig.org](https://InspireBig.org). Contact Toni Arthur (TArthur@PlymouthChurchSeattle.org) if you have any questions. Thank you for helping. 🌍

The Plymouth *Herald* is published every week. **Deadline is Monday, 10 am, for Wednesday publication.** Stay current with Plymouth happenings on our website. Join us on Facebook, Twitter and Instagram! [f](#) [t](#) [i](#)

## OUR PRAYERS ARE WITH...

Afghan Family (Supported by Plymouth), Michelle J. Bennett (Sister of Dawn Bennett), Merryn Bentley (Granddaughter of Al & Judy Bentley), Walter Bethel (Friend of Karen Clark), Susan Carter (Mother of Heather Banks & Kathleen Bernard), Bruce Chittick & family (Friend of Karen Clark), Mike Correy (Friend of Karen Clark), Sue Ellen Daniel (Friend of Barb Laski), Mark & JT Edwards, JoAnn English (Relative of Lucian Guthrie), Marni Good (Friend of Ricky Powell), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Lucian Guthrie, Allie James (Friend of Dawn Bennett), Shirley K. Shelley (Aunt of Ricky Powell), The Keith Family (Friends of Mari Mitchell and Alex), Concetta Lewis (Sister of Jo-Ann Guthrie), Beta Utu Malae (Sister of Robert Malae), Barbara Miller (Friend of Barb Laski), Paula Orrego, Jim Oswald (Friend of Bing Tso), Anna Partch (Friend of Sari Breznau), Joshua Robinson (Grandson of Patricia Valentine), Jose Robles and Family, Rachel Sebastian (Friend of Jeanette Hagen), Kyna Shilling, Jaime Rubio Sulficio, Charon Washington (Sister of Michael Gordon), **Bob Woodruff**, Pluma Wright (Friend of Glenda Carper), Judy Young (Friend of Glenda Carper)

**bold=newly added.** Names will remain on list for six weeks unless requested.



## MAKE A DIFFERENCE WITH PRISON VISITATIONS



I would like to invite those who might be interested to consider biweekly visitations to the Monroe Prison. This is an opportunity to visit with inmates who get no visitors and are also in a unit for those with mental issues. What on the surface may seem somewhat daunting has become for me an extremely rewarding experience. I feel as though I am really making a difference in this individual's life. We visit every other Friday, usually meeting in Monroe around 11:15 am at a diner so our visitation group can connect and prepare for the visit. Then we go to the Monroe Correctional Complex to visit in the Special Offender Unit. We meet with one inmate at 1 pm and another at 2 pm. We leave the unit at 3 pm.

This is not a toe dip into a volunteer position. This is a deep dive into a meaningful justice commitment. If you are interested, please email [HansonChristineAnn@gmail.com](mailto:HansonChristineAnn@gmail.com) or call 509-679-7430. —Christine Hanson 🌍

## LICKS OF FIRE: HELP ELIMINATE MEDICAL DEBT

Over a hundred million Americans struggle with the weight of medical debt. Your donation helps lift the burden. Through your gifts, RIP Medical Debt purchases bundled medical debt for pennies on the dollar and then eliminates that debt. Each recipient will owe nothing on the debt and will face no tax penalty. For those touched by this movement to abolish medical debt, it will be a year of Jubilee!

Contribute to Plymouth's campaign, "Licks of Fire" by using the link in the news article at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org). Visit [RIPMedicalDebt.org](https://RIPMedicalDebt.org) to learn more. 🌍



Help make this a year of jubilee!

## WELCOME, IBIDUNNI OJIKUTU

Plymouth Church is thrilled to appoint soprano Ibidunni Ojikutu as Artist-in-Residence, effective October 8-June 2. In addition to bimonthly appearances in worship, she will perform a full-length recital with New York City based pianist Dr. Nnenna Ogwo immediately following service on October 29.



Ibidunni Ojikutu, Artist-In-Residence

Ibi proclaims, "I'm beyond excited to contribute to the magic that Rev. Dr. Kelle Brown has created in this beautiful congregation. Plymouth is a welcoming, open, loving yet accountable space. I'm really fortunate to have found another church home that allows me artistic freedom and whose focus is on kindness and service. I look forward to seeing how I grow as an artist and a person."

A frequent performer in the Pacific Northwest, Soprano Ibidunni Ojikutu made her Seattle Opera debut as "Strawberry Woman" in their 2011 production of Porgy and Bess. Opera News said of her performance, "Ibidunni Ojikutu's turn as Strawberry Woman was as charming as the lilt in her voice."

A recipient of the top award in the Seattle Opera Guild Training Grant Competition, Ms. Ojikutu was pleased to make her role debut as Serena in Seattle Opera's 2018 production of Porgy and Bess. Recent performances include Wife 2/Market Woman 2 in the Seattle Opera world premiere of A Thousand Splendid Suns, Elsa in Sky Opera's Lohengrin, and Aida in Sky Opera's Late Verdi concert.

Other recent projects include feature film In The Garden of Sonder (a tribute to the work of Maya Angelou), a debut with Portland Opera in their production of Pulitzer-winning The Central Park Five, and a performance of The Songs of Harriet Tubman with the WWU Symphony Orchestra. 🌍

## WHO DO I ASK?

A link to a guide for who on staff to contact with your needs or questions can be found on our "Meet The Staff" page under the "About" tab at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org). (in the blue banner, under "Meet Our Amazing Team.") The guide includes areas of responsibility and contact information. 🌍



# CELEBRATE HISPANIC HERITAGE



For over three decades, the United States has celebrated Hispanic Heritage Month. The nationally-recognized celebration grew out of a desire to educate people all over the country about the many contributions the Hispanic community has made to U.S. culture. Hispanic Heritage Month takes place from September 15 to October

15 The month celebrates the independence days of several Latin American countries, including: Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua on September 15, Mexico on September 16, and Chile on September 18. The month also includes holidays that recognize Hispanic contributions such as Virgin Islands–Puerto Rico Friendship Day.

## Come Enjoy Fiestas Patrias 2023

Saturday, September 16–Sunday, September 17  
Seattle Center

The 2023 “Celebrating the Colors of Our Culture” theme symbolizes the proud heritage of who we are and where we come from by celebrating the diversity in color, culture, customs and languages. We highlight the need for unity among our diversity; we are part of one global village, body and country with many colorful, diverse cultures and perspectives. We hope you will connect with organizations, groups and individuals to learn and share more about the Latino culture.

Throughout the two-day event at Seattle Center, attendees can enjoy delicious traditional Latin American food, live music, traditional folk-dance performances, a health fair offering health information, free health screenings, Zumba and Viva Art Exhibit, children’s activities and more. This event is free and open to the public. Enjoy the fiesta, and let’s celebrate all the different colors! 🌍

# STUDY THE BIBLE WITH FRIENDS

All are welcome to online Bible study via Zoom every Wednesday, from 9-10:30 am, led by Rev. Kevin Bechtold.

Kevin provides background and context for the discussion. He also sends a weekly email with a link to that week’s scripture texts as well as a link to the Zoom meeting. Biblical knowledge is not a prerequisite for joining this group!

If you have questions, or would like to join, contact Kevin at [KBechtold@PlymouthChurchSeattle.org](mailto:KBechtold@PlymouthChurchSeattle.org). 🌍



Bible study 9-10:30 am every Wednesday

# KNITTING TOGETHER COMFORT AND CARE

Plymouth Knitting Group invites any knitters, experienced or beginners, to join us. We have yarn, needles, directions and willing instructors. Our Prayer Shawls are given to church members in need of comfort. Everything else (hats, gloves, mittens, scarves, etc.) goes to a variety of local charities. In our 2-hour meetings, we share lively conversation.

If you would like to join this fellowship, please call or email: Betty Behmke ([BpBehmke@gmail.com](mailto:BpBehmke@gmail.com); 206-236-0172) or Andrea Snyder ([ASnyder9625@gmail.com](mailto:ASnyder9625@gmail.com); 206-769-5973). 🌍



Enjoy creative time with friends.

# PLYMOUTH LIBRARY CITINGS



Check out the Library this Sunday.

Rev. Kelle spoke of the blessedness of children last Sunday. This is a picture of my grandchild, 'Aukai, this year on his third birthday. Loving the picture book, *Fireman Small* by Wong Herbert Yee, he was surprised at his party with the chance to be Fireman Small and rescue a kitty from a tree. What joy! Did he care the kitty was stuffed? Did he question the reality of his performing this heroic act? Not in this moment.

And a moment in the present is what I recently read may be where eternity lies. A rather amazing thought but certainly where children reside and possibly where Christ would like us to spend a little more time.

Which brings us to the citings this week. We asked Joe Williams to suggest some books on music for the library and he suggested three which are now ready to check out: *The African Imagination in Music* by Kofi Agawu, *Progressive Hymns* edited by Megan M. Rohrer, and *In Their Own Words; Slave Life and the Power of Spirituals* by Eileen Guenther.

In perusing Agawu’s book, a small section called “Time” caught my eye. Here is what Agawu concluded, “Musical time is not – or not necessarily – a microcosm of ordinary time; it is not a domestication or translation of some other temporal realm. Indeed, it is a sobering thought that not a single enduring insight into musical structure has come from reflections on lived time in relation to music.” Blessed are the musical moments Joe offers to God each Sunday morning for which we as humble worshipers partake of eternity. —Melony Joyce, Library Committee 🌍

# YOU ARE NOT ALONE

September is Suicide Prevention Month — a time to raise awareness and discuss this highly stigmatized topic. In addition to shifting public perception, we use this month to spread hope and vital information to people affected by suicide. Our goal is ensuring that individuals, friends and families have access to the resources they need to discuss suicide prevention and to seek help.

Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background. In fact, suicide is often the result of an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues.

While suicide prevention is important to address year-round, Suicide Prevention Awareness Month provides a dedicated time to come together with collective passion and strength to address this difficult topic. We can all benefit from honest conversations about mental health conditions and suicide, because just one conversation can change a life. Never forget there is always hope.

Learn more and access resources at National Alliance on Mental Illness, NAMI.org.

**If you or someone you know is in crisis — whether they are considering suicide or not — call or text the toll-free Suicide and Crisis Lifeline at 988 to speak with a trained crisis counselor 24/7.** 🌍

# SCHOOL SUPPLIES STILL NEEDED



Bring supplies Sundays in September.

The Community and Care Board will collect donations of school supplies every Sunday in September. Please bring what you can: notebooks, pens, pencils, crayons, backpacks, rulers, glue sticks, etc. All donations are appreciated and will be put to good use. Thank you. 🌍

# STANDING IN THE GAP

Join Recovery Café for their annual fundraising lunch, Thursday, September 21, 11:30 am –1 pm at Seattle Center Exhibition Hall, 301 Mercer St, Seattle. Register for this free event at [RecoveryCafe.org/registration](https://RecoveryCafe.org/registration). To attend virtually, select “Online” when registering. A link will be sent the day before the event. For sponsorship opportunities or to be a table captain, contact Gina at [Gina@RecoveryCafe.org](mailto:Gina@RecoveryCafe.org). 🌍

# WITNESS UCC HISTORY

The Rev. Karen Georgia Thompson will be installed as General Minister and President of the United Church of Christ on Friday, October 20 at 5 pm (ET). You are cordially invited to celebrate this historic installation at Lakewood Congregational Church in Lakewood, Ohio where the Rev. Joanna D’Agostino serves as the Senior Pastor. The ceremony will be livestreamed for those who can’t attend in person. Link to register for livestream in the news article at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).



Rev. Karen Georgia Thompson, UCC General Minister & President

Rev. Thompson is the first woman to serve as GMP of the United Church of Christ. Her passion for justice and equity moved her work on behalf of the UCC into a global context, affording the opportunity to participate globally in efforts to reduce the marginalization experienced by African descendant peoples and other communities worldwide. 🌍

# UNDO INSTITUTIONAL RACISM



The Undoing Institutionalized Racism workshop is offered by The People’s Institute for Survival and Beyond, a national multiracial, antiracist collective of organizers and educators dedicated to building an effective movement for social change.

The workshops are designed to educate, challenge and empower people to “undo” racist structures that hinder effective social change. Next workshop is **October 4-6**. Find full schedule and link to register at [PinwSeattle.org](https://PinwSeattle.org). 🌍

# SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine Meditation, sometimes referred to as a sound bath. Participants are encouraged to bring yoga mats, blankets, pillows and other items of comfort if they wish to participate while lying down. Some yoga mats and blankets will be available to borrow. Be prepared to receive a profoundly transformational and healing experience. Event will last between 60 and 75 minutes. **Plan to join us in Hildebrand Hall at 12:30 pm Sunday, September 24. Suggested Donation \$20.** 🌍



Tory Trujillo