

## SUNDAY AT PLYMOUTH

10:30 am Sunday, October 13, 2024

Worship in the Sanctuary or Online

*Twenty-first Sunday after Pentecost*

*Access Awareness Sunday*

Mark 11:12–14, 20–25

Rev. Dr. Kelle Brown

9 am Choir Rehearsal, Hildebrand Hall

11:30 am Coffee Hour, Lounge/Patio

### October is Clergy Appreciation Month

*Let your hard-working and beloved Plymouth clergy know they are appreciated.*

Members and Visitors in the church building can access Plymouth Guest wi-fi network using password: peaceonearth.

Find links to video stream and worship bulletin and participate online at **PlymouthChurchSeattle.org**.

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.

The Plymouth *Herald* is published every week. Deadline is **Monday, 10 am**, for Wednesday publication.

## ANNOUNCEMENTS

**Nurture The Soul** The second Sunday of October is designated Access Awareness Sunday in the United Church of Christ calendar, a day for celebrating the disability community and advocating for greater access. Plymouth UCC celebrates the gifts of persons with disabilities and the strides that the church has made in being more inclusive and becoming more accessible to all. It is also a day that we, the church, acknowledge the journey yet to be taken with our siblings with disabilities. Read more at UCCDM.org.

**Orbit and Oracle** *A Reimagining of Ancient Astronomical Legends* Hear The Esoterics in concert at 8 pm Saturday, October 19 at Plymouth UCC. German composer Michael Ostrzyga is hosted in Seattle by The Esoterics for a concert of astronomical proportion! Michael has composed a *cappella* choral works for each of the planets in our solar system — *Mercurius, Venus, Mars, Iuppiter, Saturn, Uranus, and Neptunus* — and arranged them into a cycle called *Planets and Gods*. These pieces explore the astronomical and mythological aspects of each planet and the god or goddess for which they are named, while exploring where science and belief intersect.

More information and tickets at TheEsoterics.org.



PO Box 21368  
Seattle, Washington 98111

Return Service Requested

## OUR PRAYERS ARE WITH...

Afghan Family (Siblings of Plymouth), Christian and Kim Arvin (Son and Daughter-in-Law of Donene Blair), Conni Bentley (Sister-in-law of Al Bentley), Ahmed Black (Nephew of Michael & Elizabeth Gordon), Wendy Carpenter (Friend of Jocelyn Coit-Durland), The Colwell Family, Elvis Gordon (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Kay Heekin (Mother-in-Law of Kate Forrester), Allie James (Friend of Dawn Bennett), Julie (Friend of Karen Clark), Concetta Lewis (Sister of Jo-Ann Guthrie), Beta Utu Malae (Sister of Robert Malae), William Chapman Nyaho, **Denny Palmason** (Brother of Jon Palmason), Mari Mitchell & Alex Putnum, Jaime Rubio Sulficio

We grieve the recent passing of Dr. Maxine Mimms.

*bold=newly added. Names will remain on list for 6 weeks unless requested.*



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Number 6

# PLYMOUTH CHURCH HERALD

October 9, 2024

## HELP AT PLYMOUTH ASYLUM CLINIC



Volunteer at Plymouth's legal clinic Oct. 19.

In partnership with the Riverton Park United Methodist Church Asylum Legal Clinic organizers, Plymouth will host another all-day asylum legal clinic **Saturday, October 19, from 9 am to 6:30 pm**. Asylum seekers will be assisted with completing their asylum applications at this clinic.

Volunteers are needed to fill many roles including: welcoming and providing directions to the applicants and volunteers; interpreting (Spanish, French, Portuguese, and Lingala); completing legal forms (law students, paralegals, non-immigration attorneys, and community members); copying; serving as immigration attorneys; and providing child care. Some volunteer tasks will include transferring information to a fillable asylum application prior to the clinic. We also welcome donations of snacks and baked goods to keep everyone going throughout the day.

The Plymouth parking garage will be open for volunteers and applicants. Most volunteers will need to arrive before 9 am to complete a brief orientation and training, with materials and a video to review before the clinic opens. Client work begins at 9:30 am. Most volunteers will be finished before 6 pm, but some will work together until the last minute. Pizza lunch provided!

If you are available on October 19 and willing to devote your day to helping an asylum seeker, please e-mail Janet Gwilym, J.Gwilym@hotmail.com, or contact Carol Mooney to let us know what role you are able to fill no later than **Friday, October 11**. We will send you further instructions. Thank you for making Plymouth a welcoming space for our immigrant neighbors.

## PLEASE REMEMBER

If you haven't already, please fill out your covenant card to pledge your time, talent, and treasure and to express your desire to covenant with Plymouth. Remember that covenant giving also includes your time and using your gifts. There are many volunteer opportunities, with training provided if needed. If you have a talent you would like to share, please contact Toni Arthur, TArthur@PlymouthChurchSeattle.org, to get started. We are grateful for your commitment and welcome you in covenanting with God, Plymouth Church, and one another.

## EXPLORE SELMA & BLOODY SUNDAY

Take a deep dive into complex social history with an immersive educational trip to Selma, Alabama, led by Museum Without Walls, March 6-14, 2025.

The Selma Jubilee honors the anniversary of Bloody Sunday, which occurred on March 7, 1965, when 525 African-American demonstrators crossed the Edmund Pettus Bridge in Selma, Alabama, demanding their right to vote. They were violently confronted by more than 50 state troopers, horses, and possemen, who brutally attacked them when they refused to turn back. This shocking event was broadcast nationwide, revealing the grim reality of racism in the South. Two weeks later, Rev. Dr. Martin Luther King Jr. led 3,200 civil rights activists on a historic 49-mile march from Selma to Montgomery, helping to spur the passage of the Voting Rights Act.

Join us for this special anniversary as we honor those courageous foot soldiers and explore other significant Civil Rights landmarks, including the Legacy Museum, Peace and Justice Memorial, and Freedom Monument Sculpture Park.

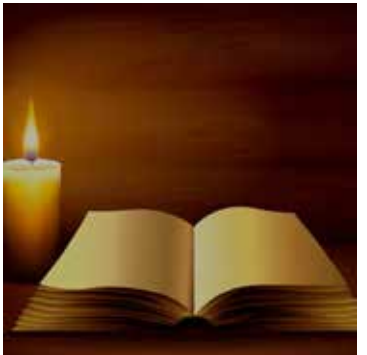
Limit 26 persons. Register by Nov. 15. Details and registration link in the news article at PlymouthChurchSeattle.org.



Learn about Bloody Sunday March 6-14, 2025.

## SIGN THE BOOK OF LIFE

Remember and honor friends and family who have passed by writing their names in the *Book of Life*. The book becomes part of worship on All Saints Sunday, November 3. Names of persons who have passed away in the last 12 months will be spoken in prayer during service that Sunday. Add names using the online form (link in news article at PlymouthChurchSeattle.org) or sign the book in the Lounge. Please place an asterisk by names of those who have passed in the previous 12 months. Please send/sign names by Wednesday, October 30.



For all the saints who from their labors rest...



# OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH



Domestic Violence Awareness Month (DVAM) was launched nationwide in October 1987 as a way to connect and unite individuals and organizations working on domestic violence issues while raising awareness for those issues.

Domestic violence is prevalent in every community, and affects all people regardless of age, socio-economic status, sexual orientation, gender, race, religion, or nationality. Physical violence is often accompanied by emotionally abusive and controlling behavior as part of a much larger, systematic pattern of dominance and control. Domestic violence can result in physical injury, psychological trauma, and even death. The devastating consequences of domestic violence can cross generations and last a lifetime.

Although there has been substantial progress in reducing domestic violence, an average of 20 people are physically abused by intimate partners every minute. This equates to more than 10 million abuse victims annually. 1 in 3 women and 1 in 4 men have been physically abused by an intimate partner, and 1 in 5 women and 1 in 7 men have been severely physically abused by an intimate partner. Millions of Americans live in daily, silent fear within their own homes. In addition, every year millions of children are exposed to domestic violence. Domestic violence incidents affect every person within a home and can have long-lasting negative effects on children’s emotional well-being, and social and academic functioning. Visit [NCTSN.org](https://www.nctsn.org) to learn more and get involved.

If you or someone you know is in an abusive relationship, please seek help immediately. You can call the 24-hour National Domestic Violence Hotline at 1-800-799-SAFE (7233).

## THURSDAYS IN BLACK

In every country, gender-based violence is a tragic reality. This violence is frequently hidden, and victims are often silent, fearing stigma, and further violence. Thursdays in Black grew out of the World Council of Churches Decade of Churches in Solidarity with Women (1988-1998), in which the stories of rape as a weapon of war, gender injustice, abuse, violence, and many tragedies that grow outward from such violence became all the more visible. But what also became visible was women’s resilience, agency, and personal efforts to resist such violations. Visit [UCC.org](https://www.ucc.org) to learn more and get involved.

# CELEBRATING FILIPINO AMERICAN HISTORY MONTH

In 2009, U.S. Congress recognized October as Filipino American History Month in the United States. Various states, counties, and cities in the U.S. have established proclamations and resolutions declaring observance of Filipino American History Month.



Filipinos were the first documented Asian people to arrive in the United States, October 18, 1587 marks the first recorded arrival of Filipinos in the continental U.S., in Morro Bay, California. Filipino Americans today are the second-largest Asian American ethnic group in the nation.

October is also the birth month of Filipino American labor leader Larry Itliong. Itliong partnered with Cesar Chavez to create the United Farm Workers of America labor union.

Take time to explore the history, arts, and culture of Filipino Americans. Read more at [Fanhs-National.org/filam](https://www.fanhs-national.org/filam).

## HOLD FAST TO DREAMS



Choral Arts Northwest presents “Hold Fast to Dreams” at Plymouth 7:30 pm Saturday, October 12.

Visionary voices soar in pitch and poetry with bold aspiration toward the best of

what we can be in community and as country. Margaret Bonds’s 1965 setting of W.E.B. Du Bois’s *Credo* powerfully expands his “I believe” texts, moving us towards a “life lit by a large vision of beauty and goodness and truth.” Our community partner, Youth Speaks Seattle, grounds us in the here and now with “I believe” responses by young poets, engaging with Du Bois’s *Credo* today in Seattle.

Bonds’s friendship with Langston Hughes comes alive in solo song settings of his poetry, sung by guest artists Myah Rose Paden and Richard L. Hodges. Hopeful settings of Langston Hughes by Atlanta-based composer Joel Thompson spur us to dream of a new dawn, to sing for the future, and to swear for all, “America will be!”

Info and tickets at [ChoralArtsNW.org/season/#Oct2024](https://www.ChoralArtsNW.org/season/#Oct2024).

## 2025 CALENDARS FOR INMATES

Each year we have collected calendars for the coming new year to bring to the Monroe Correctional Complex. The inmates really appreciate them. If you receive free calendars in the mail, please donate them. Ask friends to donate theirs.



A small gesture makes a big difference.

There is a box at church to leave calendars on Sundays through December. If you live at Horizon House, please put them in Sue Jones’ cubby in the mailroom (#1S). If you are unable to make it to church, call or email Christine Hanson (509-679-7430) to arrange a pick-up. Thank you for bringin joy to our incarcerated friends! —Christine Hanson

## GET FREE COVID TESTS



Every US household is eligible to order 4 at-home tests completely free — you won’t even pay for shipping. Order now at [Special.USPS.com/TestKits](https://Special.USPS.com/TestKits). Need help placing an order? Call 1-800-232-0233 (TTY 1-888-720-7489).

COVID-19 testing can help you know if you have COVID-19 so you can get treatment to reduce your risk of severe illness and take steps to prevent spreading the virus. Visit [CovidTests.gov](https://www.CovidTests.gov) for more information.

## PLAN NOW FOR MEN’S RETREAT

Planning is underway for the 2025 annual Conference Men’s Retreat at Pilgrim Firs January 31 to February 2, 2025. The in-person retreat will be led by Pastor Bill Comfort.



Mark your calendars: Jan. 31-Feb. 2, 2025.

All believers, seekers and doubters who identify as male and are comfortable in a space centering the male experience are welcome!

The Pilgrim Firs Camp & Conference Center is a special place in nature on the Kitsap Peninsula north of Tacoma, with comfortable accommodations and great food. Plan now to attend and keep reading the *Herald* and website for more information.

Conference Men’s Retreat Planning Committee: Charlie Torres, Don Jenkins, Hans Dankers, Jim Gaudino, Larry Kiriluk, Paul Withington and Rick Russell

## HONOR INDIGENOUS PEOPLES’ DAY

October 14 is Indigenous Peoples’ Day. Historically known as Columbus Day, this reclaiming of the day recognizes the horrific oppression and annihilation of Native people begun by Columbus and felt to this day. This important day seeks to rectify a whitewashed history that forgets that Columbus enslaved the people he found here, and could not actually “discover” land that tens of millions of Indigenous people were already living on. It’s a time for Native people to celebrate their resilience and for those who have settled here to educate ourselves and acknowledge the people that have stewarded it ages beyond comprehension.



Indigenous Peoples’ Day has not been a holiday for very long although the idea was first proposed in 1977 by Indigenous peoples at a United Nations conference. South Dakota became the first state to replace Columbus Day with this new holiday in 1989 and it wasn’t until 2021 that President Biden issued the first presidential proclamation of Indigenous Peoples’ Day. The government has still has not officially replaced Columbus Day as the federal holiday, but fifteen states plus Washington, D.C. do formally recognize some version of it in place of Columbus Day. Washington State is not yet one of them, although King County officially recognized Indigenous Peoples’ Day as a legal holiday in 2021 and the City of Seattle followed in 2022.

- Ways to stand in solidarity on this Indigenous Peoples’ Day:
- Rally, March, and Round Dance for Peace 1-5 pm:** Rally and march begins at King Street Station Plaza (303 South Jackson Street) and ends at Westlake Park (401 Pine Street).
  - Celebration at Daybreak Star Cultural Center 5 pm:** Enjoy activities, food and music. We encourage you to bring a drum, rattle, flute, etc. for a jam session!

## SOUND MEDICINE MEDITATION

Tory Trujillo offers a monthly deep healing Sound Medicine Meditation, sometimes referred to as a sound bath. The next session is **Sunday, October 20**, after worship in Hildebrand Hall. Participants are encouraged to bring yoga mats, blankets, or pillows.



Next session is Sunday, October 20.

Sessions last between 60 and 75 minutes. (Note: start time is subject to change, determined by the length of Sunday service.) Suggested Donation \$20.