

## SUNDAY AT PLYMOUTH

10:30 am Sunday, November 10, 2024

Worship in the Sanctuary or Online

*Twenty-fifth Sunday after Pentecost*

Matthew 6:28-34

“For Those Whose Backs Are Against the Wall”

Rev. Dr. Kelle Brown

9 am Choir Rehearsal, Hildebrand Hall

11:30 am Congregational Conversation  
(in person and online)

Members and Visitors in the church building can access Plymouth Guest wi-fi network using password: peaceonearth.

Find links to video stream and worship bulletin and participate online at **PlymouthChurchSeattle.org**.

The Plymouth *Herald* is published every week. Deadline is **Monday, 10 am**, for Wednesday publication.

*Whether you are a seeker, skeptic, believer or somewhere in between on life's journey, you are welcome here. We are grateful for your presence and invite you to participate in worship and service of Plymouth Church UCC.*

## PATHWAY TO FREEDOM



Families Shoulder to Shoulder (FSTS) worked alongside The Social Justice Film Institute to create a 25 minute short film called *Pathway to Freedom*. The film highlights Willie Nobles and his journey to freedom after he spent 25 years in prison when he was sentenced to 96 years at the age of 18. Willie was featured in the documentary *Since I Been Down*.

You are invited to join FSTS for a screening of *Pathway to Freedom* at Plymouth, 5-7 pm Sunday, December 8. The short film will be followed up by a panel discussion on justice activism. Pizza, salad and refreshments will be served. Donations accepted to help further the mission of Families Shoulder to Shoulder. Please bring friends for this special and engaging event. Kindly RSVP to [ciara@familieshouldertoshoulder.org](mailto:ciara@familieshouldertoshoulder.org).



PO Box 21368  
Seattle, Washington 98111

Return Service Requested

## OUR PRAYERS ARE WITH...

Afghan Family (Siblings of Plymouth), Ahmed Black (Nephew of Michael & Elizabeth Gordon), Wendy Carpenter (Friend of Jocelyn Coit-Durland), Diane Folkert (Mother and Mother-in-Law of Alex & Ara Lawrence), Elvis Gordon (Brother of Michael and Elizabeth Gordon), Floyd Gossett, Carrie Gossett (Mother of Floyd Gossett), Kay Heekin (Mother-in-Law of Kate Forrester), Allie James (Friend of Dawn Bennett), Julie (Friend of Karen Clark), Concetta Lewis (Sister of Jo-Ann Guthrie), William Chapman Nyaho, Denny Palmason (Brother of Jon Palmason), Jaime Rubio Sulficio, **Gevan Woodke** (Friend of Karen Clark), **Shaniece** (Friend of Karen Clark)

*bold=newly added. Names will remain on list for 6 weeks unless requested.*

If you have personal concerns, you may contact a minister or member of the Pastoral Care Team by calling the pastoral care line, **206-639-7739**, checked daily.



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# PLYMOUTH CHURCH HERALD

November 6, 2024

## AWARENESS AND REMEMBRANCE



Each year between November 13–19, people and organizations around the country participate in **Transgender Awareness Week** to help raise the visibility about transgender people and address issues members of the community face. It is a crucial time to lift the voices and experiences

of the transgender and nonbinary community and to educate the public about who transgender people are, sharing stories and experiences, and advancing advocacy around the issues of prejudice, discrimination, and violence.

The week's activities culminate on November 20, **Transgender Day of Remembrance**, a day in which transgender and nonbinary people and allies come together to honor the lives lost to anti-transgender violence. This is an opportunity to remember those we have lost in horrific circumstances, come together to overcome divisions in our community, heal and grieve with other people affected by this terrible issue and attempt to find a way to educate those who are transphobic.

“Transgender Day of Remembrance seeks to highlight the losses we face due to anti-transgender bigotry and violence. I am no stranger to the need to fight for our rights, and the right to simply exist is first and foremost. With so many seeking to erase transgender people — sometimes in the most brutal ways possible — it is vitally important that those we lose are remembered, and that we continue to fight for justice.”

—*Transgender Day of Remembrance founder Gwendolyn Ann Smith*

## CONVERSATIONS CONTINUE

Please plan to attend the conversation with Dr. Mark Smutny after worship this Sunday, November 10, both in person and online. Link to join online in the news article, “*Let’s Hear from You*,” at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).

Upcoming dates: **January 5, 12, 19 & 26; February 2.**

Take the survey online using links in the news article at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org). Paper copies are available at Plymouth, or request one by emailing [Info@PlymouthChurchSeattle.org](mailto:Info@PlymouthChurchSeattle.org). Thank you.

## REGISTER NOW FOR SELMA TRIP

Dive deep into complex history with an immersive educational trip to Selma, Alabama, led by Museum Without Walls, March 6–14, 2025.

The Selma Jubilee commemorates the anniversary of Bloody Sunday, which took place on March 7, 1965. On that day, 525 African-American demonstrators marched across the Edmund



*Learn about Bloody Sunday March 6-14, 2025.*

Pettus Bridge in Selma, Alabama, to demand their right to vote. They were met with brutal violence by over 50 state troopers, horses, and possemen when they refused to turn back.

The shocking events were broadcast nationwide, exposing the harsh reality of racism in the South. Two weeks later, Rev. Dr. Martin Luther King Jr. led 3,200 civil rights activists on a historic 49-mile march from Selma to Montgomery, a pivotal moment that contributed to the passage of the Voting Rights Act. Join us for this special anniversary to honor these courageous foot soldiers and visit key Civil Rights landmarks, including Bryan Stevenson’s Legacy sites: Legacy Museum, Peace and Justice Memorial, and Freedom Monument Sculpture Park.

Limit 26 persons. **Register by Nov. 15.** Registration link in the news article at [PlymouthChurchSeattle.org](https://PlymouthChurchSeattle.org).

## STEP UP TO SERVE

Would you like to become more actively involved in the work of Plymouth Church? The nominating committee would like to hear from you. We will be nominating members for 2025 Church Council, Community Service and Social Action Board, Community and Care Board, and the Fiscal Committee. These are the



*Help provide leadership to Plymouth.*

people who form the lay leadership of the church and provide service to the church community and the community beyond.

Introduce yourself to Michael Gordon, Judy Bentley, Carol Mooney, or Jamie Shilling if you would like to know more about these positions.



The Publication of Plymouth Church Seattle  
1217 Sixth Avenue, Seattle, Washington 98101  
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## CAREGIVER APPRECIATION MONTH



*We honor those caring for others every day.*

November is National Caregiver Appreciation Month, a tribute to recognize individuals providing caregiving support to a family member or loved one. Caregiving can be a 24-hours a day/7-days a week job. Providing care around the clock can crowd out other important areas of life. And you never know when you will need to rush to the hospital or leave

work at the drop of a hat. What challenges do family caregivers face, and how do they manage them day and night?

- **Morning: Getting off to work.** The average family caregiver is a working mother of school-aged children. Mornings become a tricky balancing act making sure all your loved ones have what they need before getting to work.
- **All Day Long: Managing medications.** Up to 70% of the time, the family caregiver manages medications.
- **During the Workday: Juggling caregiving and work.** Six out of 10 family caregivers work full or part-time in addition to juggling their caregiving responsibilities at home.
- **Evening: Family and meal time.** Nourishing loved ones while also ensuring that you get proper nutrition to maintain strength, energy, stamina, and a positive attitude.
- **Late at Night: Taking time for yourself.** Late at night might be the only time you get a few minutes for yourself.
- **The Middle of the Night: Emergency room visits.** Have you ever had to take your loved one to the emergency room in the middle of the night?

During National Family Caregivers Month, we recognize the challenges family caregivers face day in and day out. Please visit [CareGiving.org](http://CareGiving.org) for information and resources.

## 2025 CALENDARS FOR INMATES

We continue to collect 2025 calendars to take to the Monroe Correctional Complex. The inmates really appreciate them. If you receive free calendars in the mail you won't use, please donate them.

Drop off calendars on Sundays, from now through December. If you live at Horizon House, please put them in Sue Jones' cubby hole in the mailroom (#1S). If you are unable to make it to church, we will do our best to collect them from you. Call or email Christine Hanson (509-679-7430) to arrange pick up. Thank you in advance for this simple act which brings so much joy to our incarcerated friends!



*A small gesture makes a big difference.*

## YOU MAKE PLYMOUTH POSSIBLE

Thank you for your faithful support of the mission and ministries of Plymouth United Church of Christ. Listed below are a variety of ways for you to provide offerings and gifts. Your generosity makes all the difference.



*Your support is vital.*

**ONLINE GIVING THROUGH SIMPLE CHURCH** Click on the MAKE A GIFT box at [PlymouthChurchSeattle.org](http://PlymouthChurchSeattle.org). Choose to deduct directly from your bank account or credit/debit card to make a one-time offering, or schedule recurring offerings.

**TEXT TO GIVE** Simply text to 206.208.1442 and enter a dollar amount. You will receive prompts to complete the transaction. Once set up, you will be able to text offerings with one step.

**CASH APP** Download the Cash App mobile app from the Apple App Store or Google Play and follow the instructions to set up giving directly from your bank account. Our Cash App ID is \$PlymouthUCCSeattle. Questions? [DJacobsen@PlymouthChurchSeattle.org](mailto:DJacobsen@PlymouthChurchSeattle.org)

**CHECK BY MAIL** Mail your offerings to the church: Plymouth Church, UCC / PO Box 21368 / Seattle WA 98111

## AN EASY WAY TO DONATE



*It's quick and easy! Visit [CarEasy.org](http://CarEasy.org)*

CARS (Charitable Adult Rides & Services) is dedicated to helping non-profit organizations such as Plymouth Church United Church of Christ raise thousands of dollars in vehicle donations through successful car donation programs.

CarEasy.org is just what it says — easy. As the staff person who activated Plymouth's participation in the program in 2014 and the donor vehicles, I have experienced both ends of the spectrum. They handle everything from beginning to end of the donation process, including marketing, free pick-up, selling, mailing a thank you letter with tax information to the donor (AKA me) and most importantly, mailing Plymouth a check!

If you would like to donate your used vehicle (includes car, motorcycle, boat, plane or RV), avoid the hassle of a private sale and benefit Plymouth UCC in the process, go to [CarEasy.org](http://CarEasy.org), or call CARS at 1.855.500.RIDE and they will do the rest.  
—Diane Jacobsen

## WELCOME CIRCLE UPDATE

The Plymouth Welcome Circle is excited to announce that the Afghan family we have been supporting has been selected for a voucher through the Seattle Housing Authority to help pay their rent. The family is asking for your help to find a 4 bedroom, 2 bath house for their family of 8 within the Seattle city limits.



*Help find housing for Afghan siblings.*

The landlord needs to accept the housing voucher, formerly known as Section 8. The children need good schools near the house for high school, middle school and elementary school. They would love a yard where they can play safely, and they would be happy to care for a garden.

Please contact Carol Mooney or Janet Gwilym ([j.gwilym@hotmail.com](mailto:j.gwilym@hotmail.com)) if you have any leads to offer or any questions. Thank you.

## DECORATE FOR ADVENT



*Join friends to prepare for the season.*

Please join the work party at Plymouth 11 am-1 pm Tuesday, November 26, to decorate the church building in preparation for Advent (beginning Sunday, December 1). We'll hang greens in the Sanctuary and around the building as a symbol of our anticipation of the eternal coming to dwell among us. Enjoy time with friends in service. Questions? Contact June Hayakawa-Fung ([jhayakawafung@plymouthchurchseattle.org](mailto:jhayakawafung@plymouthchurchseattle.org)).

## SOUND MEDICINE MEDITATION

Tory Trujillo offers a deeply healing Sound Medicine Meditation, sometimes also referred to as a sound bath. Tory will center the group with breath work and embodiment practices to amplify intentions. Be prepared to receive a profoundly transformational and healing experience. Sessions last between 60 and 75 minutes.



*Next session is Sunday, November 24.*

Next session is Sunday, November 24, 11:45 am in Hildebrand Hall. (Note: start time is subject to change, determined by the length of Sunday service.) Suggested Donation \$20.

## MUSIC FOR NEIGHBORS IN NEED

Join Puget Brass 7-9 pm Saturday, December 7, at Plymouth UCC for a program of brass and organ music supporting a good cause. Selections include seasonal favorites like *Joy to the World* and *Silent Night* and features Gigout's *Grand Choeur Dialogue* with organist Nicholas Abbott.



Admission is free. Contributions in the form of cash or check, non-perishable food items, and toiletries will be directly provided to serving our most vulnerable communities. We look forward to celebrating the holiday season with you. Please address questions to [info@pugetbrass.org](mailto:info@pugetbrass.org).

Puget Brass is pleased to partner with Plymouth Church's Immigration Ministry. Plymouth has a long history of commitment to justice and to working in cooperation with other faith communities. The Plymouth Immigration Ministry Team works within the church and in the community to welcome immigrants and refugees through direct services, education, advocacy, financial support and building relationships.

The biggest needs for our asylum-seeking families are a place to live and a way to sustain themselves while they wait to be granted work permits by the US government. It's extremely difficult to pay rent and legal fees when you aren't legally allowed to work. In partnership with the Riverton Park Legal clinic, we host the free clinics for asylum seekers to complete and file their asylum applications as the first step to qualify to apply for work permits.

We are grateful for our congregation's generosity in doing everything we can to welcome and support people who have fled their countries of origin because of persecution and fear for their lives. Venezuela, El Salvador, Mexico, Afghanistan, Ecuador, and Honduras are represented in the 10 families Plymouth Church is currently helping.

Whether they are living in our church or at Gethsemane Lutheran Church (our immigration partner church), in a shelter through the Church Council of Greater Seattle or in an apartment we are renting for them, they all receive love, some level of financial support, and many hours of volunteer help with tutoring, getting to appointments, school and jobs as well as shopping, mentoring, and enjoying social time together. Donating gift cards, cash, household goods, toys, food and clothing are some of the other important ways people can help these families. We learn so much as we form relationships with our new neighbors.

Spread the word plan to attend this special holiday benefit concert 7-9 pm Saturday, December 7, at Plymouth.