

## CULTURAL JOURNEY: COLOURS, FLAVORS, AND TRADITIONS

### **MORNING:** Cooking experience - Let's explore the beautiful Bo-Kaap.

**08:30 PM:** Begin your day with a comfortable pick-up from the CTICC 1 pick-up/Drop off location in Cape Town (<https://maps.app.goo.gl/haDZHsjBMZwtaZU5A>). Our expert guide will be awaiting you in marked WCCA conference vehicles.

### **09:00 PM:** Begin the Bo-Kaap Tour.

Start your day with a tour of the vibrant neighbourhood of Bo-Kaap, known for its brightly coloured houses and rich cultural heritage. Bo-Kaap is situated at the foot of Signal Hill and is considered the spiritual home of the Cape's Muslim community.

### The walking tour of Bo-Kaap will include several highlights:

Visit the Atlas Trading Co., a historic spice shop that has been serving the community for generations. Explore the wide variety of spices, herbs, and traditional ingredients used in Cape Malay cuisine.

Explore Monkeybiz, a unique craft store that supports local women from disadvantaged backgrounds. Admire the beautiful beadwork and handmade crafts while learning about the organization's mission and impact.

Take a trip to the Auwal Mosque, the first mosque established in South Africa. Learn about its historical significance and its role in the development of Islam in the country.

Enjoy a leisurely walk through the iconic Bo-Kaap Arch, a symbol of the neighbourhood's cultural diversity and heritage. Capture some memorable photos of the vibrant surroundings.

### **11:00 PM:** Cooking Demonstration and Lunch.

After the tour, proceed to a local venue for a cooking demonstration and lunch featuring traditional Malay cuisine.

Experience the flavours and aromas of the Indian and Malay communities that have influenced Cape Malay cuisine for decades. Learn about the spices and techniques used in preparing dishes like roti and curry.

Enjoy a delicious lunch consisting of the dishes prepared during the demonstration. Savour the unique blend of flavours and spices that make Cape Malay cuisine so distinct.

**1:30 PM:** Conclude and return to the drop off Location at the CTICC 1.



## PACKAGE

### INCLUSIONS

QUALIFIED TOUR GUIDE  
AIR-CONDITIONED VEHICLE & FUEL COST + COMPLIMENTRY BOTTLED WATER.  
LUNCH FROM COOKING DEMONSTRATIONS  
GRATUITIES

ACTIVITY	PACKAGE COST
<i>HALF DAY (MORNING), BO-KAAP TOUR</i>	<b>R1550.00</b> – Per person <u>Max: 50 Pax</u>

### GRATUITIES GUIDELINES/NORMS.

**TOUR GUIDE + DRIVER:** CONSIDER 10% OF THE TOUR COST.

**EHAILING:** ROUND UP THE FARE OR CONSIDER A SMALL TIP.

**STREET ENTERTAINERS:** R10 MINIMUM IS SUGGESTED.

**COOKING INSTRUCTORS:** CONSIDER 10% OF THE TOUR COST.