

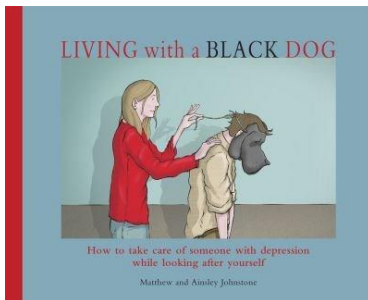
'I Had a Black Dog'

Author: Matthew Johnstone

- ISBN-10 : 1845295897
- ISBN-13 : 978-1845295899

[| Had a Black Dog | Matthew Johnstone](#)

[| had a black dog, his name was depression \(youtube.com\)](#)



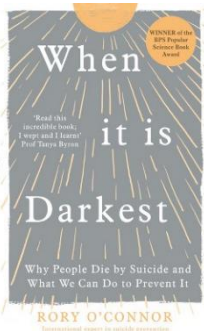
'Living with the Black Dog'

Living with someone who has depression.

Author: Matthew & Ainsley Johnstone

ISBN-10: 1845297431

ISBN-13: 978-1845297435

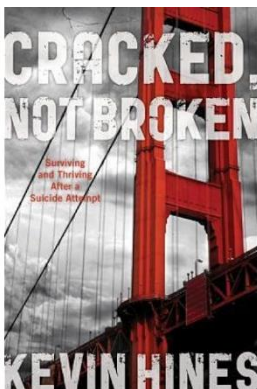


'When it is Darkest'

Why people die by suicide and what we can do to prevent it.

Author: Rory O'Connor

- ISBN-10 : 1785043439
- ISBN-13 : 978-1785043437

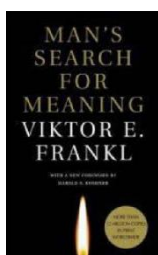


'Cracked, Not Broken: Surviving and Thriving After a Suicide Attempt'.

Skilled international public speaker and mental health advocate Hynes encourages audiences with inspirational presentations on the topic of suicide awareness and prevention and has been honoured as a Lifetime Achievement Award winner by the National Council for Community Behavioural Health

Author: Kevin Hynes.

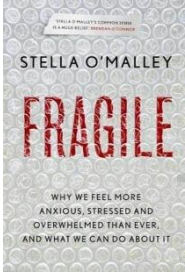
- ISBN-10 : 1442222409
- ISBN-13 : 978-1442222403



Author: Viktor E. Frankl

"An enduring work of survival literature," according to the *New York Times*, Viktor Frankl's riveting account of his time in the Nazi concentration camps, and his insightful exploration of the human will to find meaning in spite of the worst adversity, has offered solace and guidance to generations of readers since it was first published in 1946.

- ISBN-10 : 9780807014271
- ISBN-13 : 978-0807014271



'Fragile'

Author: Stella O'Malley

Why we feel more anxious, stressed and overwhelmed than ever, and what we can do about it

- ISBN-10 : 071718322X
- ISBN-13 : 978-0717183227