

PRIVACY POLICY

Effective Date: 2024

Thank you for visiting [<https://adads.life>] (“us”, “we”, or “our”). We respect your privacy and are committed to protecting your personal information. This Privacy Policy outlines how we collect, use, disclose, and safeguard your information when you use our website.

By using our website, you consent to the practises described in this Privacy Policy. If you do not agree with the terms of this policy, please do not use our website.

1. Information We Collect

a. Personal Information: We may collect personal information such as your name, email address, mailing address, and phone number when you voluntarily submit it through our website.

b. Automatically Collected Information: We may also collect non-personal information, such as your IP address, browser type, operating system, referring website, and pages visited. This information helps us understand how visitors use our site.

2. How We Use Your Information

We may use your information for the following purposes:

- a. To provide and maintain our services.
- b. To notify you about changes to our services and products.
- c. To respond to your enquiries, comments, or requests.
- d. To send you promotional or marketing communications (if you have opted-in to receive them).
- e. To monitor and analyse usage patterns and trends.

3. Cookies and Similar Technologies

We may use cookies and similar tracking technologies to enhance your user experience. You have the option to accept or decline cookies. Most web browsers automatically accept cookies, but you can usually modify your browser settings to decline cookies.

4. Disclosure of Your Information

We do not sell, trade, or rent your personal information to third parties. We may share your information with trusted service providers who assist us in operating our website, conducting our business, or servicing you.

5. Third-Party Links

Our website may contain links to third-party websites. We have no control over the content, privacy policies, or practices of these sites and encourage you to review their policies before providing any personal information.

6. Security

We take reasonable measures to protect the security of your personal information. However, no method of transmission over the internet or electronic storage is 100% secure.

7. Your Choices

You may choose to:

- a. Opt-out of receiving promotional emails.
- b. Update or correct your personal information.
- c. Request the removal of your personal information from our systems.

8. Children's Privacy

Our website is not intended for individuals under the age of 13. We do not knowingly collect personal information from children.

9. Changes to this Privacy Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated effective date.

10. Contact Us

If you have any questions or concerns about this Privacy Policy, please contact us at team@adads.life.