



COLOR BELT TESTING APPLICATION

(518) 400-1493 | RISENTAEKWONDO.COM | STUDENT RESOURCE PAGE: RISENTKD.COM

TESTING FEE: \$30

Card on file will be charged for testing. If you prefer another method of payment, please see the front desk.

STUDENT NAME: _____

AGE: _____

DATE OF BIRTH: _____

CURRENT BELT: _____

FUTURE BELT: _____

POOMSAE

BELT LEVEL POOMSAE: EXCELLENT AVERAGE NEEDS IMPROVEMENT

REVIEW POOMSAE: EXCELLENT AVERAGE NEEDS IMPROVEMENT

CORRECT STANCES: EXCELLENT AVERAGE NEEDS IMPROVEMENT

POWER OF TECHNIQUES: EXCELLENT AVERAGE NEEDS IMPROVEMENT

RHYTHM/SPEED: JUST RIGHT TOO FAST TOO SLOW

KIHAP POINT: CORRECT DID NOT KIHAP

__ UNIVERSAL 1 __ TAEGUK 1 __ TAEGUK 2 __ TAEGUK 3 __ TAEGUK 4

__ TAEGUK 5 __ TAEGUK 6 __ TAEGUK 7 __ TAEGUK 8

SELF DEFENSE

KNOWLEDGE OF TECHNIQUES: 5 4 3 2 1

EFFORT/EFFECTIVENESS: 5 4 3 2 1

OVERALL ASSESSMENT

UNIFORM: NEAT & PRESENTABLE NEEDS IMPROVEMENT

BELT: TIED CORRECTLY NEEDS IMPROVEMENT

PARENT EVALUATION: OUTSTANDING FAIR BLANK NEEDS IMPROVEMENT

TEACHER EVALUATION: OUTSTANDING FAIR BLANK NEEDS IMPROVEMENT

EXCEEDING BELT LEVEL EXPECTATIONS

MEETING BELT LEVEL EXPECTATIONS

NEEDS IMPROVEMENT

SPARRING

KNOWLEDGE OF TECHNIQUES: 5 4 3 2 1

EFFORT/EFFECTIVENESS: 5 4 3 2 1

AWARENESS IN MATCH: 5 4 3 2 1

KIHAP ON SCORING HITS: 5 4 3 2 1

BOARD BREAKING

TECHNIQUE: _____

BROKEN ON __1ST TRY __2ND TRY __3+ TRIES

BELT TYING (BLUE AND UP)

EXCELLENT AVERAGE NEEDS IMPROVEMENT

JUDGE'S COMMENTS
