

GERMANIC HEALING KNOWLEDGE



GLOBAL

GHK GLOBAL SUMMIT 2022

The information contained in this course is for educational purposes only. It is not intended to be a substitute for professional medical advice nor should it be construed as being in the nature of a diagnosis, treatment, or prescription.

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PRESENTATIONS AND PRESENTERS

- **“It’s a Mystery”** - The Myth of Unknown Causes, with **Rebecca de Azevedo Overson, LMT**
- **“I’ve been Diagnosed”** - The Myth that Symptoms Equal Disease, with **Julie Tilt, HHC**
- **“You Are What You Eat”** - The Myth that Healing Comes from Diet, Medicines, and Other Therapies, with **Katherine Willow, ND**
- **“I Have a Chemical Imbalance”** - The Myth About What Causes Mental Illness, with **Andi Locke Mears, MA, CWHE, HHP**
- **“Why Me?”** - The Myth of Illness Striking Randomly, with **Ashlee Newberry, RN, CYT**
- **“It Has Spread”** - The Myth of Metastasis, with **Lishui Springford, BSc.**
- **“Wash Your Hands!”** - The Myth that Bacteria and Viruses Cause Disease, with **Andrew Schlademan, GHK Educator**
- **“Stop the Spread!”** - the Myth of Catching Infectious Disease, with **Lauren Sonnenberg, LMHC, MCAP, LMP**
- **“It Runs in My Family”** - the Myth of Genetic Causes, with **Nellie Barnett, Intuitive Healing Therapist, Australian GHK Global representative**
- **“Toxins Make Me Sick!”** - The Myth of Environmental Illness, with **Lishui Springford, BSc**
- **“Battling Illness”** - the Myth that Disease is Bad, with **Mikka Barkman, GHK Consultant**



ANDI LOCKE MEARS, MA

ASHEVILLE, NC - USA

WWW.ANDILOCKEMEARS.COM * CONTACT@ANDILOCKEMEARS.COM

- Has worked in the holistic, alternative field for over 30 years.
- is a Traditional Naturopath, a Certified Whole Health Educator and has a Master's degree in from the University of Maine.
- has been a GNM/GHK teacher and consultant since 2009 and spent 3 years on a GNM/GHK International Team.
- ran a successful wellness center in Maine before shifting her attention to teaching GHK/GNM full time in 2012.
- Since 2017, has taught thousands of people around the world both virtually and in-person.
- 2019, co-founded GHK Global - the first professional organization for practitioners who use GHK/GNM with their clients.
- 2022, she was named as part of the Leadership Team for the GHk Pilhar Academy by Helmut Pilhar.
- Andi has been instrumental at expanding the gifts Dr. Hamer discovered to the English-speaking international community.



ANDREW SCHLADEMAN

AKRON, OH - USA

ALTDE@GMX.DE

- Andrew is a teacher, university lecturer, editor, and German-to-English non-fiction translator.
- Andrew has been translating original, GHK-related materials from German since 2017.
- After living in Germany for the last 15 years, Andrew moved back to the Akron-Canton area of Ohio rather than submit to the medical mandates now required to work in German schools.
- Now, he is available for teaching GHK to individuals and groups, online or in person in Northeast Ohio.
- You can find the majority of his non-fiction translations on his Amazon author page:
- [Andrew's Amazon Author Page](#)



ASHLEE NEWBERRY, RN

AUSTIN, TX – USA

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- Ashlee Newberry is a GNM/GHK Practitioner, PSYCH-K Facilitator and mindset coach based in Austin, TX. She currently has online group programs and offers 1:1 sessions and coaching packages.
- Her specialties include supporting clients with chronic acne and self devaluation. She healed herself of chronic acne after 13 years of breakouts and trying everything else before learning GHK. She now has glowing radiant skin and supports her clients to heal their skin and the relationship with themselves. She uses Subconscious Reprogramming along with GHK to support her clients in their healing.
- Her qualifications & trainings include:
 - Bachelor of Science in Nursing from Grand Valley State University in 2014
 - Certified 200hr Yoga Teacher
 - Certified PSYCH-K Facilitator
 - Studying and training in GNM since 2015
 - Created Alchemy with Ashlee in 2020



JULIE TILT

EUGENE, OR – USA

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- Certified Holistic Health Coach, Herbalist, Counselor, GHK Practitioner
- Julie is continually seeking to find the most cutting edge and effective tools for helping clients to transform their lives. She has been successful helping people in healing physical and mental chronic health issues of all kinds, relationship challenges, and psycho spiritual dilemmas. She uses tools such as Applied Psycho Neurobiology, and Family Constellation work.



KATHERINE WILLOW, ND

RURAL OTTAWA, CANADA

WWW.ECOWELLNESS.COM * INFO@ECOWELLNESS.COM

- Naturopathic Doctor since 1983, 4th generation in her family
- Graduated from National College of Naturopathic Medicine in Portland, OR
- Integrating GHK since 2003 after the death of her husband due to brain tumors.
Dr. Hamer analyzed his brain scan and predicted what appeared on his autopsy.
- Studied with IIsedora Laker from 2003 to 2018
- Author of book: [German New Medicine: Experiences in Practice](#) (Amazon)
- Founder and Director of 190-acre healing retreat near Ottawa, Canada:
Carp Ridge EcoWellness Centre
- Healing Stay opportunities at organic bed and breakfast
- Retreats and courses that integrate GHK
- Consultations in person or by zoom; collaborative with other health professionals



LAUREN SONNENBERG, LMHC

HARRISBURG, PA & MIAMI, FL – USA

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- Lauren is a GNM/GHK Practitioner, Psychotherapist & Wellness Consultant with a Miami, Florida-based online private practice, at LifeCoreOnline.com. She currently resides in Pennsylvania.
- Her specialties include chronic pain & cancer coaching. Besides working through the lens of GNM/GHK, she also integrates Cognitive Behavioral Therapy, Emotional Freedom Techniques, & Matrix Reimprinting into her work.
- Her qualifications & trainings include:
 - A Masters degree in Mental Health Counseling from Marywood University from 2004
 - Being a Licensed Mental Health Counselor
 - Being certified as a Masters Level Certified Addictions Professional (MCAP)
 - Being a Licensed Member Provider through the Pastoral Wellness Association
 - Multi-level trainings as a Practitioner of EFT & Matrix Reimprinting
 - Training as a Certified Natural Health Practitioner
 - And, she began attending GNM trainings 15 years ago in 2007



LISHUI SPRINGFORD, BSc.

RURAL SOUTHWESTERN ONTARIO, CANADA

MINDTREEHEALTH.NET * LISHUI@MINDTREEHEALTH.NET

- Lishui Springford is an Earth and ecological scientist who discovered and began studying what was then called, “Hamer’s New Medicine” (the five biological laws) in 2002.
- Through online training programs and 1:1 sessions, Lishui has been helping clients to identify and resolve biological conflicts and manage healing phases since 2008.
- She specializes in helping you to identify what is happening in your own psyche and to then shift that quickly and permanently.



MELISSA SELL, DC

BIG BEAR, CA - USA

WWW.DRMELISSASELL.COM * DRMELISSASELL@GMAIL.COM

- Doctor of Chiropractic
- Holistic Lifestyle Coach
- Transformational Mindset Coach

I teach men and women of all ages how to overcome the fear of symptoms and adopt the Mindset of Healing.



MIKKA BARKMAN

YELM, WA - USA

WWW.MIKKABARKMAN.COM * MIKKABARKMAN@PM.ME

GHK Consultant

Career in the healing arts started in 1989 at O'Hashi Institute (Shiatsu-NYC)

Certified in multiple modalities through Kripalu and Barral Institutes, including Massage Therapy, Thai Bodywork, Visceral Manipulation, and many others

Studied Anatomy, Physiology, & Pathology at Berkshire Community College

Studied with Ilseadora Laker (Canada) from 2012-2015

Helmut Pilhar seminars Feb 2022-Aug 2022

Member of GHK Global since 2019

Surrendered Professional Bodywork License 2016

Member of First Nations Canada (Cree)

Living in the USA since 1987

Creator of the "I AM SAFE Exercise" – A Consciousness Technology

Author of "The Fifth Intelligence"

Studies into quantum physics began 2016

Consultations in person or virtual



NELLIE BARNETT

PERTH/DUNSBOROUGH, WESTERN AUSTRALIA

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- Cert. Neuro Linguistic Programming, Eriksonian Hypnosis & Timeline therapy
- Certified Breathwork Practitioner
- Reiki Level 1 Practitioner
- Cert. Juice Fasting Coach
- Intuitive Healing Therapist • Australian GHK Global representative
- GHK / GNK Teacher & Consultant
- I support people and practitioners to understand and resolve the root cause of mental and physical health symptoms so they can live joyously.



REBECCA de AZEVEDO OVERSON, LMT

UTAH – USA

[HTTPS:// ROCKYOURMASSAGEPRACTICE.COM](https://rockyourmassagepractice.com)

- Entered field of Massage Therapy & Bodywork in 1995
- Prenatal, Fertility & Postpartum Massage Therapist (UT) and Birth Doula and Natural Birth Advocate
- Mom of 3 children born at home (Salt Lake City, UT)
- Founded Salt Lake Prenatal Massage in 2009: sold practice in 2018
- BA in Spiritual Psychology, currently pursuing MS and PhD in Mind-Body Medicine
- Thought Leader, Changemaker, and Business Coach in the Massage & Bodywork Industry =
[RockYourMassagePractice.com](https://rockyourmassagepractice.com)
- Master NLP Trainer and Coach - certify bodyworkers and healers in Transformational Healing Coaching - iHealinstitute.com
- Introduced to GHK in 2018 and was *stunned* by the 5 Biological Laws
- Introduce people to GHK basics - on a mission to unleash an army of healers on the planet and believes GHK is REVOLUTIONARY